



NATIONAL TEAM ATHLETE AGREEMENT (JUNIORS & CADETS)

You have been selected to participate in a Wrestling Canada National Team program. This is a privilege that only a few wrestlers earn and one that we ask you to value. Your involvement will provide you with opportunities and experiences that are important to your development as a high performance athlete.

It is very important that athletes and their coaches understand that Wrestling Canada Lutte (WCL) is under no obligation to send complete teams to the Pan Am Championships, World Championships or other international events. Winning the Canadian Championships does **not** give an athlete the automatic right to represent Canada.

The athlete must earn their nomination through a commitment to their yearly training and competition plan as well as demonstrate the ability to be competitive at the International level, as determined by the National Coaching staff and the High Performance Committee (HPC). National Team training camps and scheduled competitions are a necessary part of an athlete's preparation program and are, therefore, mandatory.

If any athlete decides not to comply with the National Team program, or fulfill the requirements outlined in the signed National Team Athlete Agreement, they will be dismissed from any Pan Am, World Championship, or other international team that they have since been named.

The following "Athlete Agreement" has been put in place to protect you and allow you to gain the most out of your development experience.





Administrative Obligations

The Athlete shall:

- Notify the Wrestling Canada Office within seven (7) days of a change in address or telephone number;
- Maintain a valid Canadian passport & send a scanned or faxed copy to the Wrestling Canada Office. Notify the Wrestling Canada Office within seven (7) days of receiving a new passport & send a new copy as soon as possible;
- Obtain and read all selection criteria and policies that relate to National Team Programs. Seek assistance, clarification, and advice from his/her personal coach or Wrestling Canada until such selection criteria is clearly understood;
- Ensure all correspondence and documentation required by Wrestling Canada is completed as required. Failure to provide the required information could result in the removal from a given event;
- Pay to Wrestling Canada within the prescribed time, all monies due and owing as indicated by Wrestling Canada.

Training & Competition Program

*Athletes will be **required** to demonstrate a commitment to an approved training and competition program, leading into and during the 2014 - 2015 competitive season. Both athletes and personal coaches must be in constant communication with the National coaching staff, High Performance Manager, and National IST leads in order to collaborate on best practices and ensure the optimal preparation and execution of the athletes training and competition program.*



The Athlete shall:

- Maintain an up to date accurate record of all international matches, including the name of the opponent, the nationality of the opponent, the score of the match, the eventual placement of the opponent in the competition and provide Wrestling Canada with written documentation of such record when requested to do so;
- Provide his / her own health and disability insurance for non-wrestling activities (provincial medical insurance);
- Notify Wrestling Canada, in writing, of any injury or other legitimate reason that will prevent the Athlete from training or participating in National Team programs and to ensure that in the case of an injury that a medical certificate setting out the specific nature of the injury and the estimated rehabilitation time is forwarded to Wrestling Canada within seven days after the occurrence of the injury;
- Undergo medical and physiological assessments when requested to do so by Wrestling Canada.
- Agree to be at specific training, competition, medical or media sites as directed by the person(s) of authority at a specified National Team competition, training camp or preparatory event and where applicable, complete the “weigh-in” process (i.e. “make weight”) for the event(s) as required.

Code of Conduct

The Athlete shall:

- Agree to abide by the rules, regulations, and bylaws of Wrestling Canada, COC, IOC and FILA. In particular, attention is drawn to the Canadian Anti-Doping Program (Wrestling Canada Policy Manual, Section 15);
- Answer to the person(s) of authority as indicated (includes Wrestling Canada staff, team



managers, team leaders, coaches, camp directors or medical personnel), at any National Team competitions, training camps or other preparatory events;

- Avoid the use of banned substances in contravention to the rules of the IOC, the FILA and the Canadian Policy on Doping in sport;
- Submit, without prior warning, to unannounced doping-control tests in addition to other prior-notice tests and at other times to doping-control testing when requested by Wrestling Canada, Sport Canada, the Canadian Centre for Ethics in Sport (CCES) or any other authority designated to do so. Failure to submit to such testing shall be grounds for immediate dismissal from participation in the National Team program;
- Advise the person(s) in authority at a specified National Team competition, training camp or preparatory event of any infectious or contagious diseases or illnesses and refrain from any activity that will infect other persons;
- Avoid the use of alcohol or drugs and possession of illegal drugs (ZERO TOLERANCE), as defined according to the laws of Canada and the laws of the jurisdictions of the training camps or competitions;
- Avoid any behaviour which would cause unreasonable disruption, or interference in competitions, training camps or the preparation of any athlete for a competition; (i.e. fist fighting, abusive or foul language, etc.) or would otherwise bring Wrestling Canada or the sport of wrestling into disrepute;
- Avoid vandalism to any property, hotel rooms, dormitories, training facilities and equipment. The athlete shall be held accountable for such vandalism and agrees to reimburse Wrestling Canada directly for any such damage;
- Abide by curfew (ZERO TOLERANCE) as indicated by the person(s) of authority at a specified National Team competition, training camp or preparatory event;
- Avoid having members of the opposite gender in his/her personal room (ZERO TOLERANCE) at a specified National Team competition, training camp or preparatory event.



Disciplinary and Grievance Procedures

- If the Athlete is in violation of the terms of this Agreement or National Team rules the Athlete is subject to disciplinary action which may include: a reprimand; fines; suspension from the National Team; dismissal from the National Team; recovery of program costs; or a combination of such actions;
- An Athlete who has been given disciplinary sanction or who has a grievance or dispute regarding the Agreement or any part hereof has the right, through a request made in writing, to a review of his/her sanction, grievance or dispute as provided by the Wrestling Canada Policy Manual.

ATHLETE: _____ DATE: _____

PARENT / GUARDIAN: _____ DATE: _____

PLEASE MAIL THIS SIGNED ATHLETE AGREEMENT TO THE NATIONAL OFFICE NO LATER THAN APRIL 30, 2014. PLEASE ALSO RETAIN A COPY FOR YOUR OWN RECORDS.

*Attention: Alex Davidson
7-5370 Canotek Rd.
Ottawa, ON K1J9E6*

