

QUEBEC OPEN

Saturday, November 24, 2018

At: Riverdale H.S., 5060 Des Sources Nord, Pierrefonds, Qc.

AGE GROUPS

BOYS + GIRLS

BANTAM (born 2005-2006)

CADET(born 2003-2004)

JUVENILE+1st year Junior(born 2000-2002)

TYKES(born 2011-2012)

NOVICE(born 2009-2010)

KIDS (born 2007-2008)

BOYS' WEIGHT CLASSES (kilos)

Cadet + Juvenile **42, 45, 48, 51, 55, 60, 65, 71, 80, 92, 110, 125** (kilos)

GIRLS' WEIGHT CLASSES(kilos)

Cadet+ Juvenile **40, 43, 46, 49, 53, 57, 61, 65,69,73, 80, 90** (kilos)

BANTAM, KIDS, NOVICE, TYKES

Grouped by body weight (kilos) with boys and girls separated.

Scales will be onsite Saturday for weight verification.

RULES - WCL Freestyle Rules

Singlets required,with appropriate colours for red and blue.

WEIGH INS: All age groups will be weighed at their club.

REGISTRATION:

Please use the attached excel spreadsheet to provide:

Name, weight, category/age group, club, birth date and a coach's contact phone #.

SEND ENTRIES BY EMAIL TO: riverdalewrestling@hotmail.com

by Wednesday evening - November 21st, 2018.

ENTRY FEE: 20\$ per wrestler. Payable Saturday morning from 8:30AM to 9:30AM.
Cheques payable to **Riverdale Wrestling Club.**

**PLEASE NOTE: CLUBS WILL HAVE TO PAY FOR ANY WRESTLER NOT WITHDRAWN
BY FRIDAY- 5PM LATEST. NO NEW ENTRIES WILL BE ACCEPTED SATURDAY MORNING.**

PROOF OF AGE: Must be presented at Registration

**Affiliation: All participants must be affiliated with their provincial or state association.
(Quebec memberships can be bought at the event. Payment must be made at that time-no credit).**

SCHEDULE OF ACTIVITIES

REGISTRATION: 8:30AM to 9:30AM

Entry fees must be paid and proof of age presented before 9:30AM.

***** Please advise of any NO SHOWS as soon as possible*****

COACHES MEETING: 9:30AM

SKIN CHECKS: Will be performed in the Gym at 9:30AM

TOURNAMENT WRESTLING STARTS AT 10AM

Awards: Gold / Silver / Bronze medals for all weight classes.

Hotels: We have no specials arranged at this time.

If you need suggestions, contact us. We will attempt to have rates available.

For Info: Jay Bradbury (RWC) – (C): 514-241-5207 // (B): 514-683-2438 // 1-877-277-2438

Chad Sadler (RWC) – (C): 514-773-5828

riverdalewrestling@hotmail.com

Food and drink + Sport Olympia wrestling gear - available on site.

Special Thanks to:

Borough de Pierrefonds / Roxboro, the RWC, FLOQ, SPORT OLYMPIA