



2021 U23 & SENIOR WORLD TEAM TRIALS
COVID INFORMATION PACKAGE

July 16, 2021

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1 – INTRODUCTION

WCL has been following the evolution of the pandemic and its impact on athletes' ability to consistently prepare for, participate in and perform on an international level. Due to the cancellation or postponement of numerous competitions that are relevant to the selection process, WCL has had to make several concessions with respect to team selection.

While various locations across Canada have begun to relax some restrictions, the pandemic is not over and WCL has determined that in order to protect all the Participants, that this Event will operate under a "bubble" format, under a strict set of protocols, as well as with restricted participation (200 individuals).

All Participants are expected to fully adhere with the protocols. There is zero tolerance for not following these protocols. A first offense may result in an immediate removal from the Event and possibly additional disciplinary action by WCL.

WCL has developed the following protocols based on various standards for wrestling internationally and other Canadian sport protocols, and the current environmental conditions that currently exist.

2 – GENERAL RULES

- Participants will follow all Public Health Authority requirements (both in their home province and the Event location) as well as the additional Event Protocols (as outlined here-in).
- Participants will travel to (and from the event) following all required Public Health requirements.
- Participants will remain in isolation in their own hotel rooms, except to leave to participate in the Event or for meal service, as required and only during their permitted time schedule.
- Participants will at all times wear a non-medical mask when outside of their hotel room (exception will be the wrestlers warming up and competing on the mat and the referee while on the mat).
- Participants will be prohibited from leaving the "bubble" without justification (for example required medical reasons) until they exit the bubble at the end of competition.
- WCL will providing each Participant with one non-medical mask each day.
- Hotel will provide each Participant with an individual container of hand disinfectant in their room.
- All Participants will practice physical distancing (six feet / 2 meters) when outside their individual hotel room, at all times, with the exception of during warm-up, competition and while seated in the meal service area.
- All Participants will immediately report any potential COVID symptoms to WCL.
- Coaches, wearing masks, will only have interaction with their athletes in the warm-up area and competition area. All other interactions should occur through telephone or via video conferencing.
- To reduce the risk of transmission, athletes and other staff are prohibited from sharing any personal items, including cups, water bottles, towels, etc.

3 – REGISTRATION

- Participant will be asked to consent to an event liability waiver
- Participants will advise WCL of their travel plans as part of the final registration (based on this information, we will advise each individual of the permitted check-in time)

4 - TRAVEL

Participants will be responsible for ensuring compliance with any and all health and travel requirements. Due to the COVID protocols (and testing), individuals will need to arrive at their designated arrival time, within the following windows:

- September 3 between 1:00 PM to 9:00 PM
- September 4 between 12:00 PM to 9:00 PM

Based on the arrival information provided, WCL will provide Participants with their scheduled check-in time. First preference will be given to those arriving by air.

Pre-Arrival

Participants must have a negative PCR COVID-19 test within 72 hours of arrival and submit their negative results electronically to WCL (info@wrestling.ca), prior to their arrival.

Arrival

- Participants will be arriving by both land and by air.
- Participants that arrive by air, to the Saskatoon John G Diefenbaker International Airport (YXE), will be transported from the airport to the hotel by single person transport operated by Riide.CA (taxi vendor) which has been organized and paid for by WCL. Wearing a face mask is mandatory in all vehicles. Upon arrival, individuals will enter the hotel individually and proceed directly to the Accreditation & Testing Area, following social distancing requirements.
- Participants that arrive by land (car or other such land transport) will enter the hotel individually and proceed directly to the Accreditation & Testing Area, following social distancing requirements.
- Each Participant, carrying their luggage / personal belongings (hotel staff are not permitted to handle any luggage / personal belongings at any time), will go directly to the Accreditation Room, to pick up their accreditation and receive a COVID rapid-test (Antigen test).
- Each participant will sign a declaration proclaiming that they have not been in conscious contact with a COVID-19 positive person or have had any COVID symptoms in the last 14 days and complete a rapid antigen test, with negative results (available within 15 minutes).
 - If the Rapid Test indicates a positive test~, the Participant will need to isolate until a PCR COVID-19 test can be obtained through a Private Clinic, at the Participant's cost.

~NOTE: RECOVERY FROM DOCUMENTED COVID

Individuals that have recovered from a documented case of COVID-19 and are symptom free could test false positive (meaning they test for COVID even when they no longer have it). This could jeopardize their participation in the Event. In order to plan for this scenario and prevent the need to isolate or quarantine should a false positive test result, individual who had a documented case of COVID will be required to disclose it upon registration and to provide WCL with appropriate medical documentation confirming that COVID has been resolved. This will help prevent the need to isolate or quarantine should a false positive test result.

- After testing, all Participants, except for the Volunteers & WCL staff, will go directly to their individual hotel rooms, where they will be required to remain (except for meal service), until the next day's events (during their scheduled time periods).
- Every subsequent day, all Participants must sign a daily self-assessment and be screened for (non-contact) temperature verification.
- Participants that believe they may have any viral infection, including COVID or are exhibiting any potential symptoms (including high fever, dry cough, tiredness, sore throat, runny or blocked nose, breathlessness or loss of sense of taste and/or smell) are expected to honestly declare this WCL staff.
- If a Participant declares symptoms or their temperature is above 38.4 degrees Celsius, the Participant will notify WCL staff (by email or text) and then isolate in their room until 811 is contacted, the online self-assessment is completed and all recommended suggestions are fulfilled, including taking a PCR test, obtained through a third-party clinic, if recommended. Athletes and Coaches will be responsible all costs of the additional testing. For Officials, Volunteers, Medical Staff and WCL Staff, WCL will be responsible for such costs.
- Participants shall remain in isolation in their hotel room until the results of the test are known and they have been fully cleared by Public Health. In extreme cases, Participants requiring hospitalization, will be sent to the Hospital via ambulance (with all personnel wearing protective equipment).
- In the event that the PCR COVID test confirms a positive result, the individual will be required to continue to isolate for an additional 10 days in the Hotel. (Note: If the Participant is local and they can do safely (as prescribed by Public Health), they may go directly to their home). Athletes and Coaches will be responsible for any and all subsequent costs of the additional isolation. For Officials, Volunteers, Medical Staff and WCL Staff, WCL will be responsible for such additional costs.

5 – HOTEL ACCOMMODATION

- All Participants will have individual (single occupancy) accommodation in the hotel. The hotel will be exclusive to the Accredited Participants in the event, isolating them from exposure to any other hotel guests. ALL participants will be required to stay in the hotel.
- Participants must stay at the hotel at all times, with the exception of attending weigh-ins, warming up, competing and meal service at mealtimes at their dedicated time. Public areas such as the lobby, pool, fitness area and lounges are off limits while in the bubble.
- Participants are expected to use digital communication to hold any required meetings.
- Participants shall not invite any other individuals, even if they reside in the bubble, into their room.
- When moving around the hotel, Participants must wear face masks and maintain physical distancing. Participants are encouraged to use the stairs. Sharing of elevators should be avoided.

Maid Service (Linen & Towels)

- Participants are expected to keep their own room clean and make their own bed. Rooms will have fresh linens upon arrival, but will not be changed or maid service available during the event.
- Room cleaning will only be provided on an emergency basis.
- Fresh towels, tissue paper, toilet paper, coffee pods, paper towel, etc. will be provided daily in a separate bag outside of the guestroom door.
- Linens & Towels will be cleaned by the Hotel according to the standards recommended by the Public Health Authority.
- Items, such as glasses or cups can be requested through room service.

- Extra garbage bags and recycling bags will be provided in the room prior to arrival. All garbage will be bagged by each Participant and left outside their guestroom door for a designated Hotel Staff member to pick up on a daily basis, throughout the day. Additional garbage bags are available if more are needed. They will be left outside the guestroom door.

Meals

- Quality fresh prepared meals will be served according to the schedule.
- All Participants will eat their meals in the designated eating area, practicing physical distancing rules.
- Participants will wear their mask at all times, when not seated at a designated table.
- Additional food can be ordered through Room Service (payable by Credit Card at the door). Please note that no outside food service will be permitted.
- Participants are encouraged to bring any expected or required additional food and personal items they may need with them, when they enter the bubble.
- Each Participant will be responsible for their own personal items like water bottle & competition towel (which should not be shared with others).
- Ice will be provided through room service or through the Medical Staff.

6 – HOTEL VENUE

- The Venue will be thoroughly cleaned (fogger with COVID approved disinfectant) daily.
- All entry points into the venue will have accreditation control. Only accredited personal, authorized to be in those areas, at the designated time frame, will be permitted entry.

Competition Area

- Only athletes and one coach (per athlete) will be permitted access, at their designated time.
- Once an activity is over, athletes & coaches are expected to leave and go directly to their room. There is absolutely no hanging around the venue. Participants will return to the hotel to change and shower.

Warm-Up Area

- Only athletes and one coach will be permitted access, at their designated time.

Medical & Weigh-in Room

- Only athletes will be permitted access, at their designated time. No coaches are allowed in the medical & weigh-in room.

Accreditation and Testing Room

- Once individuals exit the room, they should proceed directly to their respective hotel room.

Anti-Doping Testing Room

- Only athletes selected for testing will be permitted access.

7 – MATCH PROTOCOLS

- All participants will be required to be in their respective attire before leaving their rooms, as no additional change areas will be available.
- All Participants will disinfect their hands, using a hand sanitizing dispenser, and their footwear, using a disinfection barrier, before entering the competition venue.
- All Participants in the competition venue, except for competing wrestler and the referee (who will wear a face shield while on the mat in order to utilize their whistle) will wear a non-medical mask, covering their nose and mouth, at all times.
- No handshake between the referee and the wrestlers. Wrestlers are permitted to shake hands with each other.
- The Mat Chairman will ensure that there is physical distancing between the Officials, Scorers and Video Volunteers.
- The winner is announced by a show of hands.
- After the first two matches in each weight classes, the wrestlers can return to their warm-up mats to prepare for the final match or do a cool down.

8 – NON-COMPLIANCE & DISCIPLINARY PROCESS

- All Participants will be required to acknowledge that they have read and understood these protocols, and acknowledge that they will comply with same, as part of the Event Registration process.
- Any additional restrictions required to be added during the Event shall be clearly communicated to all Participants, as quickly as possible.
- WCL will have sole authority with respect to disciplinary protocols for non-compliance with any of the requirements or rules for this Event.
- There is a zero-tolerance policy for non-compliance with these COVID protocols for all Participants.
- The first violation may result in immediate removal of the Participant(s) from the Event & bubble, plus potentially additional disciplinary action from WCL.
- Furthermore, the Participant will be responsible for any costs associated with cleaning of the Hotel or Venue, as a result of their actions or non-actions.