



# 2022 Canadian Wrestling Trials (Senior, Junior & Cadet)

MARCH 10-13, 2022

University of Alberta Universiade Pavilion (Butterdome)  
Edmonton, AB

## EVENT INFORMATION

(as of December 3, 2021)

<b>ORGANIZING COMMITTEE</b>	Friends of the World Cup of Wrestling Society JJ Kennedy (Chair) Phone: 780-995-4084 Email: <a href="mailto:FWCWS@shaw.ca">FWCWS@shaw.ca</a>
<b>WRESTLING CANADA LUTTE</b>	TBD Phone: 613-748-5686 Email: <a href="mailto:info@wrestling.ca">info@wrestling.ca</a>
<b>COMPETITION VENUE</b>	<b>UNIVERSITY OF ALBERTA UNIVERSIADE PAVILION (BUTTERDOME)</b> 3-100 University Hall, Van Vliet Complex University of Alberta Edmonton, AB T6G 2H9
<b>NUMBER OF MATS</b>	5 competition mats
<b>RULES</b>	Competition rules will be conducted according to the most recent edition of the <a href="#">Wrestling Canada Lutte Rulebook</a> , with a modified double elimination bracket system.
<b>UNIFORM POLICY</b>	Athletes - please refer to the <a href="#">Uniform Policy for WCL Sanctioned Events</a> .



<p><b>PRACTICE TIMES</b></p>	<p>The wrestling room (4 mats) at the University of Alberta is open on Wednesday. Training mats (3) will be available at the Butterdome on Thursday, Friday and Saturday. Contact Owen Dawkins (<a href="mailto:odawkins@ualberta.ca">odawkins@ualberta.ca</a>) to confirm practice times.</p>
<p><b>MEDICAL &amp; DOPING CONTROL</b></p>	<p>An event physician and athletic therapists will be in attendance on competition days (Thursday to Sunday). Athletes requiring preventative therapy will require their own supplies.</p> <p>Doping control will be in effect at the event. Please refer to <a href="http://www.cces.ca">www.cces.ca</a> for information regarding the Canadian Anti-Doping Program. For questions regarding the anti-doping program, please contact Jennifer Stairs (<a href="mailto:jstairs@wrestling.ca">jstairs@wrestling.ca</a>) or 613-748-5686.</p>
<p><b>AGE &amp; WEIGHT CATEGORIES</b></p>	<p><b>SENIOR:</b> 20 + years of age (born in 2001 and older).</p> <p>Athletes from 18 years of age (born 2004 and older) may compete in Senior competition, however parental authorization and a medical certificate are required if the athlete has not reached the age of 18 at the time of competition. Athletes 40 years of age and above (born in 1982 and older) must provide a medical certificate.</p> <p>WOMEN (WW): 50, 53, 55, 57, 59, 62, 65, 68, 72, 76 kg          MEN'S FREESTYLE (FS): 57, 61, 65, 70, 74, 79, 86, 92, 97, 125 kg          MEN'S GRECO-ROMAN (GR): 55, 60, 63, 67, 72, 77, 82, 87, 97, 130 kg</p> <p><b>JUNIOR:</b> 18 to 20 years of age (born in 2002, 2003, 2004)</p> <p>Athletes from 17 years of age (born 2005 and older) may compete in Junior competition, however parental authorization and a medical certificate are required.</p> <p>WOMEN (WW): 50, 53, 55, 57, 59, 62, 65, 68, 72, 76          MEN'S FREESTYLE (FS): 57, 61, 65, 70, 74, 79, 86, 92, 97, 125 kg          MEN'S GRECO-ROMAN (GR): 55, 60, 63, 67, 72, 77, 82, 87, 97, 130 kg</p> <p><b>CADET:</b> 16 to 17 years of age (born in 2005, 2006)</p> <p>Athletes from 15 years of age (born 2007 and older) may compete in Cadet competition, however parental authorization and a medical certificate are required.</p> <p>WOMEN (WW): 36-40, 43, 46, 49, 53, 57, 61, 65, 69, 73 kg          MEN'S FREESTYLE (FS): 41-45, 48, 51, 55, 60, 65, 71, 80, 92, 110 kg</p>



<p><b>ELIGIBILITY REQUIREMENTS</b></p>	<p>Competition is closed to Canadian citizens and those individuals with Permanent Resident status. Legal proof of age and citizenship status will be required during the registration process. Photo identification must be provided at the time of on-site weigh-ins (any Canadian government issued photo identification will be accepted).</p> <p>All athletes and support staff must be registered members of their PTSO and be members in good standing with their PTSO and WCL as of the time of weigh-in for the event. Please check with your PTSO to determine if they have any additional registration requirements.</p> <p>Officials must be registered members in good standing with CAWO and their Provincial Wrestling Officials Association (if applicable) and WCL.</p>
<p><b>SAFE SPORT REQUIREMENTS</b></p>	<p>As part of WCL's commitment to Safe Sport, all accredited individuals must complete the following Safe Sport Training (<a href="https://wrestling.ca/wp-content/uploads/2020/11/Safe-Sport-Training-Requirements.pdf">https://wrestling.ca/wp-content/uploads/2020/11/Safe-Sport-Training-Requirements.pdf</a>) to receive accreditation. All training must be completed between March 07, 2018 and March 07, 2022.</p> <p>Athletes:</p> <ul style="list-style-type: none"> <li>▪ Safe Sport Training OR Respect in Sport</li> </ul> <p>Coaches &amp; Team Medical:</p> <ul style="list-style-type: none"> <li>▪ Make Ethical Decisions Evaluation</li> <li>▪ Safe Sport Training OR Respect in Sport</li> <li>▪ Making Head Way</li> </ul> <p>Officials, Team Leaders:</p> <ul style="list-style-type: none"> <li>▪ Safe Sport Training OR Respect in Sport</li> </ul> <p>Safe Sport Training: <a href="https://safesport.coach.ca/participants-training">https://safesport.coach.ca/participants-training</a>          Make Ethical Decisions Evaluation: <a href="https://coach.ca/nccp-make-ethical-decisions">https://coach.ca/nccp-make-ethical-decisions</a>          Making Head Way: <a href="https://coach.ca/making-head-way-concussion-elearning-series">https://coach.ca/making-head-way-concussion-elearning-series</a></p>
<p><b>COACHING REQUIREMENTS</b></p>	<p>To receive a coach accreditation (eligible to coach during the event), coaches must have Competition Development certified status or higher by the registration deadline. Recognizing delays in the certification process there will be a Coach Exemption Process in place. Please refer to Appendix A.</p>



**COVID PROTOCOLS**

WCL continues to monitor the situation regularly and will communicate any changes accordingly.

**VACCINATION:**

The event requires that all Participants seeking accreditation for participation to be Fully Vaccinated. Participants will be asked to provide Proof of Vaccination on-site at the host hotel AND could be asked to provide proof of vaccination at any time prior to entering the facility.

Vaccination status information will not be collected or stored after Proof of Vaccination has been verified.

Participants who are not Vaccinated or do not provide adequate Proof of Vaccination may be barred from entry or participation in the event.

- **Proof of Vaccination** - refers to government issued electronic documentation demonstrating that an individual has been vaccinated, along with government issued photo identification that matches the individual.
- **Fully Vaccinated** - means a status that an individual achieves 14 days after they have received all the recommended number of doses of a COVID-19 vaccine approved by Health Canada and requires the individual to maintain the recommended number and type of vaccine doses as updated and required by Heath Canada thereafter.

**TESTING:**

Testing requirements will be communicated at a later date.

**EXEMPTIONS / ACCOMMODATIONS:**

Requests for exemptions / accommodations will be communicated at a later date.

\*Requesting an exemption / accommodation does not imply that the exemption / accommodation will be granted.

**OTHER MITIGATION MEASURES:**

Personal protective equipment (face mask) is required at all times with the following exceptions:

- Athletes in the warm-up area
- Athletes, coaches and officials in the field of play (competition mats)

Physical distancing and hand sanitization are also strongly recommended.



<p><b>REGISTRATION PROCESS</b></p>	<p>Registration and payment for all athletes and support staff (coaches, team leaders, medical, &amp; officials) must be made through the online registration system. Please note that additional registration requirements will be available in the online registration system:</p> <ul style="list-style-type: none"> <li>▪ Athletes: LINK forthcoming</li> <li>▪ Staff (coaches, team leaders, team medical): LINK forthcoming</li> <li>▪ Officials: LINK forthcoming</li> </ul> <p>*Registration does not imply that individuals are approved to participate and receive accreditation.</p>
<p><b>REGISTRATION DEADLINE &amp; ENTRY FEES</b></p>	<p><b>The standard registration deadline is February 14<sup>th</sup>, 2022 at 11:59 pm ET:</b></p> <p><b>SENIOR:</b>          \$157.50 (includes GST) – Women, Men’s Freestyle or Men’s Greco-Roman (one event)          \$241.50 (includes GST) – Men’s Freestyle + Men’s Greco-Roman (two events)</p> <p><b>JUNIOR:</b>          \$157.50 (includes GST) – Women, Men’s Freestyle or Men’s Greco-Roman (one event)          \$241.50 (includes GST) – Men’s Freestyle + Men’s Greco-Roman (two events)</p> <p><b>CADET:</b>          \$157.50 (includes GST) – Women or Men’s Freestyle (one event)</p> <p><b>SUPPORT STAFF:</b>          \$63.00 (includes GST) – coaches, team leaders, team medical</p> <p><b>Late registrations will be accepted until February 21<sup>st</sup>, 2022 at 11:59 pm ET, subject to a late fee. After February 14<sup>th</sup>, 2022 (11:59 pm ET), but prior to February 21<sup>st</sup>, 2022 (11:59 pm ET):</b></p> <p><b>SENIOR:</b>          \$210.00 (includes GST) – Women, Men’s Freestyle or Men’s Greco-Roman (one event)          \$294.00 (includes GST) – Men’s Freestyle + Men’s Greco-Roman (two events)</p> <p><b>JUNIOR:</b>          \$210.00 (includes GST) – Women, Men’s Freestyle or Men’s Greco-Roman (one event)          \$294.00 (includes GST) – Men’s Freestyle + Men’s Greco-Roman (two events)</p>



<p><b>REGISTRATION DEADLINE &amp; ENTRY FEES</b></p>	<p><b>CADET:</b> \$210.00 (includes GST) – Women or Men’s Freestyle (one event)</p> <p><b>SUPPORT STAFF:</b> \$115.50 (includes GST) – coaches, team leaders, team medical \$52.50 (includes GST) – officials</p> <p><b>No registrations will be accepted after February 21<sup>st</sup>, 2022 at 11:59 pm ET.</b> This applies to all athletes and support staff and officials.</p>	
<p><b>SCRATCHES &amp; INJURY WITHDRAWALS</b></p>	<ul style="list-style-type: none"> <li>▪ All scratches &amp; injury withdrawals before February 14<sup>th</sup>, 2022 (11:59 pm ET) will be fully refundable.</li> <li>▪ All scratches &amp; injury withdrawals after February 14<sup>th</sup>, 2022 (11:59 pm ET) &amp; prior to February 21<sup>st</sup>, 2022 (11:59 pm ET) will be 50% refundable.</li> <li>▪ All scratches &amp; injury withdrawals after February 21<sup>st</sup>, 2022 (11:59 pm ET) are <b>NON-REFUNDABLE</b>.</li> </ul>	
<p><b>HOST HOTELS (adjacent to each other)</b></p>	<p><a href="#">Delta Edmonton South</a> 4404 Gateway Boulevard Edmonton, AB. T6H 5C2 Phone: 780-434-6415</p>	<p><a href="#">Radisson Hotel Edmonton South</a> 4440 Gateway Boulevard Edmonton, AB. T6H 5C2 Phone: 866-434-2824</p> <p><b>GROUP RATE DETAILS:</b> The guaranteed room rates at both of the host hotels are \$129 (+ tax) per night (double occupancy) until January 31<sup>st</sup>, 2022. This includes full breakfast buffet for 2 guests. Additional guests are \$10 per night. After January 31<sup>st</sup>, the rate is \$139 (+ tax) (double occupancy) and subject to availability.</p> <p>Guests at either Host Hotel will have convenient and easy access to the following amenities:</p> <ul style="list-style-type: none"> <li>▪ Convenient Access to Weigh-ins (Delta).</li> <li>▪ Accreditation, Coaches/Technical Meetings, Officials’ Clinic and Pairing Clinic (Delta)</li> <li>▪ Buffet Breakfast (after weigh-ins Delta or Radisson) for guests of the Delta or Radisson.</li> <li>▪ Access to Hotel’s fitness and swimming pool facilities (Delta &amp; Radisson).</li> </ul>



**TRANSPORTATION**

Airport transfer between Edmonton International Airport (YEG), as well as ground transportation between the host hotels and venue will be provided for Officials, dignitaries and WCL staff ONLY. Arrival and departure information (airport, flight #, arrival and departure times, and delegation names) must be received by WCL by February 14<sup>th</sup>, 2022 to guarantee airport transfer by the HOC.

Transportation is NOT provided for team participants (athletes, coaches, team managers, team medical).

YEG Flight Information: [FLYEIA](#)

Taxi / Limo / Uber: Hotels (zone 116) and U of A (zone 133) for flat rate. [YEG Flat Rate](#)

U of A Parking at the Butterdome: 11440 87 Ave. [U of A Park](#)





## SCHEDULE

<b>TUESDAY</b> March 8 <sup>th</sup> , 2022	All Day	Arrival of Teams
	8:00 – 20:00 U of A Wrestling Room	Practice time (certified coaches must be in attendance) Contact: <a href="mailto:odawkins@ualberta.ca">odawkins@ualberta.ca</a>
<b>WEDNESDAY</b> March 9 <sup>th</sup> , 2022	All Day	Arrival of Teams
	8:00 – 20:00 U of A Wrestling Room	Practice time (certified coaches must be in attendance) Contact: <a href="mailto:odawkins@ualberta.ca">odawkins@ualberta.ca</a>
	8:00 – 18:00 Delta Hotel Lobby	Accreditation COVID checks
	14:00 – 21:00 Delta Hotel	Pairing Masters Clinic
	18:00 – 21:00 Delta Hotel	Officials' Clinic
	20:00 – 21:00 Delta Hotel	Coaches' Technical Meeting: <ul style="list-style-type: none"> <li>- Tournament information include field of play access and flow</li> <li>- Scratches and final weight class changes (Cadet WW + FS)</li> <li>- Draw</li> </ul>
	21:00 – 23:00 Delta Hotel	Social





<b>THURSDAY</b> <b>March 10<sup>th</sup>, 2022</b>	7:30 – 8:30 <b>Delta Hotel Ballroom</b>	MEDICALS & WEIGH-INS Cadets (scratch weight)
	8:00 – 20:00 <b>U of A Training Area</b>	Practice time (certified coaches must be in attendance) Contact: <a href="mailto:odawkins@ualberta.ca">odawkins@ualberta.ca</a>
	9:30 – 17:00 <b>U of A Pavilion</b>	CADET QUALIFICATION SESSIONS LUNCH BREAK (noon to 13:00) 5-6 place matches 3-4 place matches
	14:00 – 18:00 <b>Delta Hotel Lobby</b>	Accreditation COVID checks
	17:00 – 18:15 <b>U of A Pavilion</b>	DINNER BREAK
	18:15 – 18:30 <b>U of A Pavilion</b>	CADET CEREMONIES March-in for finalists
	18:30 – 21:00 <b>U of A Pavilion</b>	CADET FINALS Gold medal matches (2 mats) Awards Ceremonies
	15 minutes after Finals <b>U of A Pavilion</b>	Coaches' Technical Meeting: <ul style="list-style-type: none"> <li>- Scratches and final weight class changes (Junior WW + FS)</li> <li>- Seeding</li> <li>- Draw</li> </ul>



<b>FRIDAY</b> <b>March 11<sup>th</sup>, 2022</b>	<b>7:30 – 8:30</b> <b>Delta Hotel Ballroom</b>	<b>MEDICALS &amp; WEIGH-INS</b> Juniors WW + FS (scratch weight)
	<b>8:00 – 20:00</b> <b>U of A Training Area</b>	Practice time (certified coaches must be in attendance) Contact: <a href="mailto:odawkins@ualberta.ca">odawkins@ualberta.ca</a>
	<b>9:30 – 17:00</b> <b>U of A Pavilion</b>	<b>JUNIOR WW + FS QUALIFICATION SESSIONS</b> <b>LUNCH BREAK</b> (noon to 13:00) 5-6 place matches 3-4 place matches
	<b>9:30 – 10:30</b> <b>U of A Pavilion</b>	<b>CADET TRUE SECOND RANKING MATCHES</b>
	<b>14:00 – 18:00</b> <b>Delta Hotel Lobby</b>	Accreditation COVID checks
	<b>17:00 – 18:15</b> <b>U of A Pavilion</b>	<b>DINNER BREAK</b>
	<b>18:15 – 18:30</b> <b>U of A Pavilion</b>	<b>JUNIOR WW + FS CEREMONIES</b> March-in for finalists 2021 Junior Athlete of the Year Awards
	<b>18:30 – 21:00</b> <b>U of A Pavilion</b>	<b>JUNIOR WW + FS FINALS</b> Gold medal matches (2 mats) Awards Ceremonies
	<b>15 minutes after Finals</b> <b>U of A Pavilion</b>	<b>Coaches' Technical Meeting:</b> <ul style="list-style-type: none"> <li>- Scratches and final weight class changes (Senior WW + FS)</li> <li>- Seeding</li> <li>- Draw</li> </ul>



<b>SATURDAY</b> <b>March 12<sup>th</sup>, 2022</b>	<b>7:30 – 8:30</b> <b>Delta Hotel Ballroom</b>	<b>MEDICALS &amp; WEIGH-INS</b> Seniors WW + FS (scratch weight)
	<b>8:00 – 20:00</b> <b>U of A Training Area</b>	Practice time (certified coaches must be in attendance) Contact: <a href="mailto:odawkins@ualberta.ca">odawkins@ualberta.ca</a>
	<b>9:30 – 17:00</b> <b>U of A Pavilion</b>	<b>SENIOR WW + FS QUALIFICATION SESSIONS</b> <b>LUNCH BREAK</b> (noon to 13:00) 5-6 place matches 3-4 place matches
	<b>9:30 – 10:30</b> <b>U of A Pavilion</b>	<b>JUNIOR TRUE SECOND RANKING MATCHES</b>
	<b>14:00 – 18:00</b> <b>Delta Hotel Lobby</b>	Accreditation COVID checks
	<b>17:00 – 18:00</b> <b>U of A Pavilion</b>	<b>DINNER BREAK</b>
	<b>18:00 – 18:45</b> <b>U of A Pavilion</b>	<b>SENIOR WW + FS CEREMONIES</b> March-in for finalists 2021 Senior & U23 Athlete of the Year Awards WCL Hall of Fame Inductions
	<b>18:45 – 21:00</b> <b>U of A Pavilion</b>	<b>SENIOR WW + FS FINALS</b> Gold medal matches (2 mats) Awards Ceremonies
	<b>15 minutes after Finals</b> <b>U of A Pavilion</b>	<b>Coaches' Technical Meeting:</b> <ul style="list-style-type: none"> <li>- Scratches and final weight class changes (Junior + Senior GR)</li> <li>- Draw</li> </ul>



<b>SUNDAY</b> <b>March 13<sup>th</sup>, 2022</b>	All Day	Team Departures to airport
	7:30 – 8:30 Delta Hotel Ballroom	MEDICALS & WEIGH-INS Senior GR (scratch weight) Junior GR (scratch weight)  *NOTE: Athletes that competed on Friday and Saturday must weigh-in at scratch weight
	9:30 – 12:30 U of A Pavilion	JUNIOR + SENIOR GR QUALIFICATION SESSIONS LUNCH BREAK (noon to 13:00) 5-6 place matches 3-4 place matches
	9:30 – 10:30 U of A Pavilion	SENIOR TRUE SECOND RANKING MATCHES
	10:30 – 12:00 U of A Pavilion	Club Coaches Meeting (TBD)
	12:30 – 13:30 U of A Pavilion	LUNCH BREAK
	13:30 – 15:00 U of A Pavilion	JUNIOR + SENIOR GR FINALS March-in for finalists Gold medal matches (4 mats) Awards Ceremonies
<b>MONDAY</b> <b>March 14<sup>th</sup>, 2022</b>	All Day	Team Departures to airport



## APPENDIX A – COACH EXEMPTION PROCESS

WCL's Coach Education & Development Advisory Committee (CEDAC) has been hard at work reviewing and revising Competition Development course material for the NCCP program to ensure a robust training curriculum and evaluation process.

We recognize that this has come with delays which has prevented coaches from progressing through the certification process and the opportunity to be accredited at this Event. To alleviate some of this strain, WCL is supporting the following Coach Certification Exemption Process

### REQUEST FOR EXEMPTION:

Please submit a request for a coach exemption (enclosed) to: [nccp@wrestling.ca](mailto:nccp@wrestling.ca) no later than February 21<sup>st</sup>, 2022 (late registration deadline).

Requests meeting the pre-requisites (below) will be reviewed by WCL. Any other requests will be reviewed and considered on a case-by-case basis by the Committee.

Please note that submitting a request does not imply that it will be approved.

### COACH PRE-REQUISITES:

- Safe Sport:
  - Making Headway (within 4 years)
  - Safe Sport OR Respect in Sport (within 4 years)
- MED Evaluation (within 4 years)
- Competition Introduction Certified Status
- Leading Drug-Free Sport (training AND online evaluation)
- Managing Conflict (training AND online evaluation)
- Coaching & Leading Effectively
- Psychology of Performance
- Prevention & Recovery
- Developing Athletic Abilities
- Manage a Sport Program



APPENDIX B – SENIOR SEEDING (forthcoming)

APPENDIX C – JUNIOR SEEDING (forthcoming)