



Mitch Ostberg  
Wrestling Head Coach  
Cell: (403) 815 2629  
Email: [ostberg@ucalgary.ca](mailto:ostberg@ucalgary.ca)

September 26, 2022

Dear Coach,

I would like to invite your team to The University of Calgary Dinos Invitational Wrestling Tournament on Sunday, October 23, 2022. Please see the attached tournament document for detailed information.

We will be competing in two 3-hour sessions. All matches and awards for a weight will be completed within the session. I'll distribute the weight class distribution in advance so you can inform your team.

Coaches please supervise weigh-ins personally and have your medical or training staff inspect all athletes for contagious skin infection. Please do not enter any athlete with a contagious skin infection. As Tournament Director, I reserve the right to remove any athlete from this competition that the Tournament Doctor deems to be a risk to others for infectious transfer.

Only wrestlers declared as varsity team are allowed to wear team-coloured singlets. All other athletes must wear red and blue singlets as per WCL rules. When you send your registration, please be very clear which athletes are USport eligible (or are varsity athletes) and which are club athletes. Varsity team members only score team points towards the varsity team title. No club team award will be offered.

All entry fees should be paid using debit, credit, or cash at the drawmasters table on the floor of the tournament. Please pay them in advance of the tournament start. If you must use a cheque then make it out to the Calgary Heat Wrestling Society. Receipts will be available.

Dinos dual meets are on Saturday October 22 in the evening at 6 - 8pm in Jack Simpson Gym. Please contact me a week in advance to arrange access for your team.

Sincerely,  
Mitch Ostberg  
Tournament Director

**Use Dinos Athletics host hotels for university preferred rates. See attachment for details**

Four Points Sheraton, 8220 Bowridge Cres. NW, link: [Dinos host hotel for visiting teams](#)

(Closest) Best Western Village Park Inn, 1804 Crowchild Trail NW, link: [Dinos host hotel alternate](#)

(Newest) Aloft Calgary University, 2359 Banff Trail NW, link: [Aloft Calgary University](#)

Call Sara at (403) 202-4405 or email: [sales@fourpoints-calgary.ca](mailto:sales@fourpoints-calgary.ca) for all reservations.



## DINOS INVITATIONAL WRESTLING TOURNAMENT SUNDAY, OCTOBER 23, 2022

- Location: **Jack Simpson Gym**, Kinesiology “B” Block, [Campus map](#)  
The University of Calgary, 2500 University Dr. NW, Calgary, Alberta
- Divisions: Men’s & Women’s combined then split into two sessions
- Start Time: 9 AM for Session I, 1 PM for Session II
- Entry Fee: \$40.00 per athlete
- Weigh-Ins: At home, coach supervised, anytime on Friday, October 21.
- Weights: Athletes have a 2 kilogram allowance at weigh in.
- Men’s USport weights in kilograms: (no 54kg offered)  
57, 61, 65, 68, 72, 76, 82, 90, 100, and 100 to 125
- Women’s USport weights in kilograms (added 93kg):  
50, 53, 56, 59, 63, 67, 72, 76, 76 to 83, and 83 to **93**  
**Athletes can only wrestle one weight class.**
- Registration: Coaches will be responsible for entering athletes directly into TrackWrestling. A registration link will be sent out to all invited programs from our drawmaster.
- Rules & Draw: Freestyle per WCL rules with double elimination bracket.
- Awards: Top 3 places per weight class and Top Varsity Team Awards.
- Contact: Mitch Ostberg, Tournament Director  
Phone (403) 815-2629 cell  
Email: [ostberg@ucalgary.ca](mailto:ostberg@ucalgary.ca)



## DINOS INVITATIONAL WRESTLING TOURNAMENT

Sunday, October 23, 2022

### Pre-registration form

We plan to attend (yes/no) \_\_\_\_\_

School/Club: \_\_\_\_\_

Coach: \_\_\_\_\_ Phone: \_\_\_\_\_

Please record the numbers of wrestlers you will enter per weight:

Men entered per weight:

57 \_\_\_ 61 \_\_\_ 65 \_\_\_ 68 \_\_\_ 72 \_\_\_ 76 \_\_\_ 82 \_\_\_ 90 \_\_\_ 100 \_\_\_ 100-125 \_\_\_

Women entered per weight:

50 \_\_\_ 53 \_\_\_ 56 \_\_\_ 59 \_\_\_ 63 \_\_\_ 67 \_\_\_ 72 \_\_\_ 76 \_\_\_ 76-83 \_\_\_ 83-93(new) \_\_\_

I would like exhibition matches for my athletes on Saturday night 6-9pm (yes|no) \_\_\_\_\_

Describe which athletes and how many matches. \_\_\_\_\_  
\_\_\_\_\_

I would like exhibition duals for my team on Saturday night 6-9pm (yes|no) \_\_\_\_\_

Describe which team and how many duals. \_\_\_\_\_  
\_\_\_\_\_

Please return to:

Mitch Ostberg, Dinos Wrestling Head Coach

Faculty of Kinesiology, KNA 136

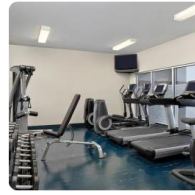
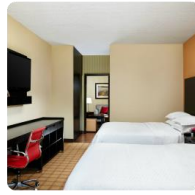
2500 University Dr. NW

Calgary, AB. T2N 1N4

Or

Email: [ostberg@ucalgary.ca](mailto:ostberg@ucalgary.ca)

Please return by: **Friday, October 14**



HONEST. UNCOMPLICATED. COMFORT.

## OFFICIAL HOST HOTEL OF THE UNIVERSITY OF CALGARY DINOS ATHLETICS 2022/2023 PREFERRED RATES

**DATES** 2022 - 2023 University Season for regular games (Sept. 1<sup>st</sup> 2022 – April 30<sup>th</sup> 2023)

**RATES BASED ON SINGLE/  
DOUBLE OCCUPANCY  
INCLUDING BREAKFAST:** \$119+taxes for Traditional King or Queen Room  
\$139+taxes for Queen Suites  
Daily Buffet breakfast at the Restaurant.

**TAXES** 5% GST, 4% Room Tax, 3.27% Destination Marketing Fee

**GUESTROOMS** Traditional King (1 king bed), Traditional Queen Rooms (2 Queen Beds)  
Queen Suite (2 Queen Beds + separate Room with double pull-out sofa)

**GROUP RESERVATIONS:** Please contact our Sales Office:  
Sara Bibi Colbourne: 403-202-4405 or email: [sales@fourpoints-calgary.ca](mailto:sales@fourpoints-calgary.ca)  
Gaurav Thakur: 403-202-4414 or email: [salesasst@fourpoints-calgary.ca](mailto:salesasst@fourpoints-calgary.ca)  
Meagan McFadden: 403-202-4419 or email: [info@fourpoints-calgary.ca](mailto:info@fourpoints-calgary.ca)

Once the rooms are blocked, a contract will be provided to secure the rooms for your teams.

**TEAM MEALS MENU:** Budgeted team meals menus will be sent upon group booking.

**ROOMING LIST:** Rooming List must be provided 10 days prior to arrival

**CHECK-IN** 3:00 pm - early check-in may be requested but cannot be guaranteed.

**CHECK-OUT** 12:00 pm – late check-out until 1 PM based on availability.  
Any rooms checking-out after 1PM will be considered as an extra Night stay.

**PAYMENT** Room & taxes are to be paid by credit card provided prior to arrival.

**CANCELLATION** **GROUP:** 30 days prior to arrival.  
**INDIVIDUAL:** Maximum 10% of the individual under the block can cancel their reservations 7 days prior to arrival to avoid the penalty of 1 night room & taxes.



**GUESTROOM AMENITIES** Sheraton Four Comfort Beds, Complimentary high speed wireless internet, free in-room bottle of water, fridge, microwave, coffee maker with coffee & tea, iron & ironing board, hair dryer and bathroom amenities and in room safes with private personal pin numbers.

**FACILITIES** Indoor heated Pool, Waterslide, Whirlpool, Fitness Centre, Full-Service Peel Spa, Be2Be Hair Salon, 24hr Gift Shop, and Avenue 16-Kitchen and Bar. The hotel provides 24-hour security surveillance, cameras with standby security presence.

**BLACKOUT DATES:** CALGARY STAMPEDE AND GLOBAL PETROLEUM SHOW.