



2023 Canadian U23 Wrestling Championships & World Team Trials (Senior non-Olympic Weights)

MAY 27-28, 2023

Place Bell Cité de la culture et du sport
Laval, QC

EVENT INFORMATION

(as of April 20, 2023)

HOST ORGANIZING COMMITTEE	Fédération de lutte Olympique du Québec (FLOQ) Martine Dugrenier (Chair) Phone: 514-213-0532 Email: dir@floq.ca
WRESTLING CANADA LUTTE	Jolene Wong Phone: 613-748-5686 Email: jwong@wrestling.ca
COMPETITION VENUE	PLACE BELL CITÉ DE LA CULTURE ET DU SPORT 1950 rue Claude-Gagné Laval, QC H7N 0E4 http://cite.placebell.ca/
NUMBER OF MATS	2 competition mats
RULES	Competition rules will be conducted according to the most recent edition of the WCL Rulebook (https://wrestling.ca/wp-content/uploads/2023/02/2023_Rulebook.pdf). <ul style="list-style-type: none">U23 Championships: modified double elimination bracket or round robin (if less than 6 athletes per weight class).Senior non-Olympic World Team Trials: single elimination bracket.



UNIFORM POLICY	<p>Athletes - please refer to the Uniform Policy for WCL Sanctioned Events: https://wrestling.ca/wp-content/uploads/2022/12/Uniform-Policy_v2.pdf.</p>
PRACTICE TIMES	<p>Training mats will be available at the venue on Friday and Saturday. Contact TBD to confirm practice times.</p>
MEDICAL & DOPING CONTROL	<p>An event physician and athletic therapists will be in attendance on competition days (Saturday & Sunday). Athletes requiring preventative therapy will require their own supplies.</p> <p>Doping control will be in effect at the event. Please refer to www.cces.ca for information regarding the Canadian Anti-Doping Program. For questions regarding the anti-doping program, please contact Kale Whitton (kwhitton@wrestling.ca) or 613-748-5686.</p>
AGE & WEIGHT CATEGORIES	<p>U23: 19 to 23 years of age (born in 2000 to 2004).</p> <p>Athletes 18 years of age (born 2005) may compete in U23 competition, however parental authorization and a medical certificate are required if the athlete has not reached the age of 18 at the time of competition.</p> <p>WOMEN (WW): 50, 53, 55, 57, 59, 62, 65, 68, 72, 76 kg MEN'S FREESTYLE (FS): 57, 61, 65, 70, 74, 79, 86, 92, 97, 125 kg</p> <p>SENIOR: 20 + years of age (born in 2002 and older).</p> <p>Athletes from 18 years of age (born 2005 and older) may compete in Senior competition, however parental authorization and a medical certificate are required if the athlete has not reached the age of 18 at the time of competition. Athletes 40 years of age and above (born in 1983 and older) must provide a medical certificate.</p> <p>WOMEN (WW): 55, 59, 65, 72 kg MEN'S FREESTYLE (FS): 61, 70, 79, 92 kg</p>
ELIGIBILITY REQUIREMENTS	<p>Competition is open to all athletes who are eligible to represent Canada as governed by United World Wrestling (UWW) eligibility requirements (i.e. Canadian citizen and / or have completed a CAN sport nationality transfer with UWW prior to the event).</p>



<p>ELIGIBILITY REQUIREMENTS</p>	<p>All athletes and support staff must be registered members of their PTSO and be members in good standing with their PTSO and WCL. Please check with your PTSO to determine if they have any additional registration requirements.</p> <p>Officials must be registered members in good standing with CAWO, their Provincial Wrestling Officials Association (if applicable) and WCL.</p> <p>All eligibility requirements must be met by the final registration deadline.</p>
<p>COACHING REQUIREMENTS</p>	<p>To receive a coach accreditation (eligible to coach during the event), coaches must have Competition Development certified status or higher by the final registration deadline.</p> <p>There will be a Coach Exemption Process in place. Please refer to Appendix A.</p> <p>Foreign coaches (not members of a PTSO and living / working outside of Canada) seeking accreditation must contact Anthony Bhagwandin (nccp@wrestling.ca) for information on coaching requirements.</p>
<p>COVID PROTOCOLS</p>	<p>All COVID-19 requirements in effect will be based on applicable health and safety measures required or recommended by the provincial and local public health authorities.</p> <p>It is strongly recommended that all individuals be fully vaccinated and maintain the recommended number and type of vaccine doses as updated by Health Canada.</p>
<p>SAFE SPORT REQUIREMENTS</p>	<p>As part of WCL’s commitment to Safe Sport, all accredited individuals must complete and submit to WCL informed consent regarding the administration and enforcement of the Universal Code of Conduct to Prevent and Address Maltreatment in Sport (UCCMS).</p> <p>To receive accreditation, individuals must complete Safe Sport Training & Screening Requirements as outlined in the following document: https://wrestling.ca/wp-content/uploads/2021/09/Safe-Sport-Training-Screening-Requirements-June-2021.pdf. All training & screening must be completed with the prescribed time period and no later than the final registration deadline.</p>



<p>REGISTRATION PROCESS</p>	<p>Event registration can be accessed at the following link for athletes, coaches, officials, team medical, team leaders, event volunteers:</p> <p>https://2mev.com/#!/events/5382-2023-canadian-u23-wrestling-championships-and-world-team-trials-senior-non-olympic</p> <p>*Please note that team leaders do not have access to the field of play (in the corner). **Registration does not imply that individuals are approved to participate and receive accreditation.</p>
<p>REGISTRATION DEADLINE & ENTRY FEES</p>	<p>The early bird registration deadline is May 5th, 2023 at 16:59 ET:</p> <p>U23 / SENIOR: \$150 (plus PST & GST) – Women or Men’s Freestyle (one event)</p> <p>U23 & SENIOR: \$230 (plus PST & GST) – Women or Men’s Freestyle (two events)</p> <p>SUPPORT STAFF: \$60 (plus PST & GST) – coach, team medical, team leader</p> <p>Late registrations will be accepted until May 12th, 2023 at 16:59 ET, subject to a late fee. After May 5th, 2023 (16:59 ET), but prior to May 12th, 2023 (16:59 ET):</p> <p>U23 / SENIOR: \$200 (plus PST & GST) – Women or Men’s Freestyle (one event)</p> <p>U23 & SENIOR: \$280 (plus PST & GST) – Women or Men’s Freestyle (two events)</p> <p>SUPPORT STAFF: \$110 (plus PST & GST) – coach, team medical, team leader</p> <p>No registrations will be accepted after May 12th, 2023 at 16:59 ET. This applies to all athletes and support staff and officials.</p>



<p>SCRATCHES & INJURY WITHDRAWALS</p>	<ul style="list-style-type: none"> ▪ All scratches & injury withdrawals before May 5th, 2023 (16:59 ET) will be fully refundable. ▪ All scratches & injury withdrawals after May 5th, 2023 (11:59 pm ET) & prior to May 12th, 2023 (11:59 pm ET) will be 50% refundable. ▪ All scratches & injury withdrawals after May 12th, 2023 (11:59 pm ET) are NON-REFUNDABLE.
<p>HOST HOTEL</p>	<p>HOST HOTEL Grand Hôtel Times Laval 1700 rue Jeanne-Mance Laval, QC. H7T 0R2 Phone: 450-639-5000 https://www.grandtimeshotel.com/grand-times-laval/</p> <p>GROUP RATE DETAILS: Room rates of \$230 (2 Queen Beds & 1 King) are available until May 6th, 2023 and subject to additional taxes. After May 6th, rooms and rates will be subject to availability. Rates include complimentary continental breakfast, internet access, outside parking, access to pool and fitness room.</p> <p>CODE: Please mention FLOQ during booking.</p>
<p>TRANSPORTATION</p>	<p>Airport transfer between Montréal-Trudeau International Airport (YUL), as well as ground transportation between the host hotel and venue will be provided for Officials, dignitaries and WCL staff ONLY. Arrival and departure information (airport, flight #, arrival and departure times, and delegation names) must be received by WCL by May 12th, 2023 to guarantee airport transfer by the HOC.</p> <p>Parking Outdoor parking at the host hotel is free. Please contact Martine Dugrenier (dir@flog.ca) for parking passes at the competition venue (first come, first serve). Otherwise parking at the venue is \$9 / day.</p>



SCHEDULE
(subject to change)

THURSDAY May 25 th , 2023	All Day	Arrival of Teams
	TBD	Practice time (certified coaches must be in attendance) Contact: TBD
FRIDAY May 26 th , 2023	All Day	Arrival of Teams
	TBD	Practice time (certified coaches must be in attendance) Contact: TBD
	14:00 – 18:00 Host Hotel	Accreditation
	19:00 – 20:00 Host Hotel	Coaches' Technical Meeting: <ul style="list-style-type: none"> - Tournament information include field of play access and flow - Scratches and final weight class changes (U23s) - Draw
SATURDAY May 27 th , 2023	7:30 – 8:30 Host Hotel	MEDICALS & WEIGH-INS U23s (scratch weight)
	TBD	Practice time (certified coaches must be in attendance) Contact: TBD
	10:00 – 17:00 Place Bell	U23 QUALIFICATION SESSIONS LUNCH BREAK (noon to 13:00) 5-6 place matches 3-4 place matches



SATURDAY May 27th, 2023	17:00 – 17:45 Place Bell	DINNER BREAK
	17:45 – 18:00 Place Bell	U23 CEREMONIES March-in for finalists
	18:00 – 20:00 Place Bell	U23 FINALS Gold medal matches (2 mats) Awards Ceremonies
	Following award ceremonies Place Bell	U23 TRUE SECOND RANKING MATCHES
	Following U23 True Second Ranking Matches Place Bell	Coaches' Technical Meeting: - Scratches and final weight class changes (Seniors) - Draw
SUNDAY May 28th, 2023	7:30 – 8:30 Host Hotel	MEDICALS & WEIGH-INS Seniors (scratch weight)
	10:00 – 17:00 Place Bell	SENIOR QUALIFICATION SESSIONS LUNCH BREAK (noon to 13:00) Wrestle to completion
	All Day	Team Departures to airport
MONDAY May 29th, 2023	All Day	Team Departures to airport



APPENDIX A – COACH EXEMPTION PROCESS

*If you received a Competition Development coach exemption for the 2023 Junior, Senior Canadian Wrestling Championships (in Waterloo), the exemption will also apply for this event.

All other coaches, please submit a request for a coach exemption via google form (<https://docs.google.com/forms/d/e/1FAIpQLSc0ixZt9Xt3icXDjib0FDbJ-Gai9lhxLWpM5iUu1Smow2G1lw/viewform>) no later than May 12th, 2023 (late registration deadline).

All requests will be reviewed and considered on a case-by-case basis by WCL's Coach Education & Development Advisory Committee (CEDAC).

Please note that submitting a request does not imply that it will be approved.

COACH PRE-REQUISITES:

Competition Development

- MED Evaluation (within 4 years)
- Competition Introduction Certified Status
- Leading Drug-Free Sport (training AND online evaluation)
- Managing Conflict (training AND online evaluation)
- Coaching & Leading Effectively
- Psychology of Performance
- Prevention & Recovery
- Developing Athletic Abilities
- Manage a Sport Program



APPENDIX B – TRUE SECOND RANKING MATCHES (U23)

- Round robin results stand (no true second ranking matches).
- The second ranked athlete in each weight class at the 2023 Canadian U23 Wrestling Championships will have a final ranking of 2nd place, unless s/he has not wrestled against the third ranked athlete during the Championships. In that case, a one match true second wrestle-off will be held between the second and third ranked athletes. The winner of the match will be ranked 2nd for team selection purposes.
- True second ranking matches will take place following the finals.
- True second ranking matches are a continuation of the Championships; if an athlete is injured, they forfeit.