

Join us for our

WRESTLING CAMP

SESSION 7: August 13-19, 2023

Boys & Girls Ages: 9 - 17

Features:

- For all levels of wrestlers, from novices to national medalists.
- Wrestlers will be introduced to basic concepts and the advanced techniques and tactics used by world champions.
- Sessions include warm-up games, scrimmaging, situation drills
- The Benefits of Wrestling:
 - Strength
 - Self-confidence
 - Discipline
 - Mental Toughness
 - Fitness

Wrestling Development in a Traditional Camp Setting

On top of 5-6 hours of great wrestling development a day, campers will enjoy all the beauty of a traditional camp and its programs, for a truly unique experience.

- | | |
|-------------------------|------------------------|
| ◦ Climbing Tower | ◦ Paddle Boarding |
| ◦ High Ropes | ◦ Sailing, Windsurfing |
| ◦ Giant Swing | ◦ Kayaking, Canoeing |
| ◦ Zip Line | ◦ Arts & Crafts |
| ◦ Swimming | ◦ Evening Programs |
| ◦ Inflatable Water Park | ◦ & More! |

OLYMPIA



REGISTER TODAY!



50th ANNIVERSARYOLYMPIA
SPORTS CAMP

2023 CAMP SCHEDULE

Session 1 - July 2-8		Session 4 - July 23-29		Session 7 - August 13-19	
<input type="checkbox"/> All Sports/Adventure	Girls (7-14)	<input type="checkbox"/> Creative Arts	Co-Ed (7-17)	<input type="checkbox"/> All-Sports/Adventure	Co-Ed (7-17)
<input type="checkbox"/> Aqua Sports	Co-Ed (7-16)	<input type="checkbox"/> Ball Hockey	Co-Ed (10-17)	<input type="checkbox"/> Basketball	Boys & Girls (7-17)
<input type="checkbox"/> Basketball	Boys & Girls (7-17)	<input type="checkbox"/> Basketball	Boys & Girls (7-17)	<input type="checkbox"/> Canoe/Kayak	Co-Ed (8-16)
<input type="checkbox"/> Leadership & Peer Support*		<input type="checkbox"/> Competitive Swim	Boys & Girls (11-15)	<input type="checkbox"/> Hero's Journey	Co-Ed (12-17)
* (July 2-July 22)		<input type="checkbox"/> Rugby	Boys & Girls (11-16)	<input type="checkbox"/> Survival Camp	Co-Ed (12-17)
<input type="checkbox"/> Paintball	Co-Ed (15-17)	<input type="checkbox"/> Self Defense	Girls (11-17)	<input type="checkbox"/> Volleyball	Boys & Girls (12-17)
<input type="checkbox"/> Robotics	Co-Ed (11-16)	<input type="checkbox"/> Tri-Sports	Girls (7-13)	<input type="checkbox"/> Wrestling	Boys & Girls (9-17)
<input type="checkbox"/> Tri-Sports	Boys (7-13)	<input type="checkbox"/> Volleyball	Girls (11-16)		
Session 2 - July 9-15		Session 5 - July 30 - August 5		Session 8 - August 20-26	
<input type="checkbox"/> All Sports/Adventure	Boys (7-14)	<input type="checkbox"/> Basketball	Boys & Girls (7-17)	<input type="checkbox"/> Adventure Climbing	Co-Ed (13-17)
<input type="checkbox"/> Aqua Sports	Co-Ed (7-16)	<input type="checkbox"/> Gymnastics	Girls (7-16)	<input type="checkbox"/> Archery	Co-Ed (11-16)
<input type="checkbox"/> Basketball	Boys (7-17)	<input type="checkbox"/> Quarterback and Receiver Camp	Co-Ed (12-17)	<input type="checkbox"/> Basketball	Co-Ed (7-17)
<input type="checkbox"/> Boxing	Boys & Girls (10-16)	<input type="checkbox"/> Sailing	Co-Ed (12-17)	<input type="checkbox"/> Cheer Camp	Co-Ed (11-16)
<input type="checkbox"/> Dodgeball	Co-Ed (7-15)	<input type="checkbox"/> Stand-Up Paddle Board	Co-Ed (12-17)	<input type="checkbox"/> Cross Country Running	Boys & Girls (11-17)
<input type="checkbox"/> Leadership & Peer Support*		<input type="checkbox"/> Ultimate Frisbee™	Co-Ed (11-17)	<input type="checkbox"/> Fishing	Co-Ed (9-17)
* (July 2-July 22)		<input type="checkbox"/> Windsurfing	Co-Ed (12-17)	<input type="checkbox"/> Hockey	Boys & Girls (11-16)
<input type="checkbox"/> Outdoor Skills & Adventure	Co-Ed (12-16)			<input type="checkbox"/> Seven Habits	Co-Ed (12-17)
<input type="checkbox"/> Soccer	Boys (7-16)			<input type="checkbox"/> The SportsLab	
Session 3 - July 16-22		Session 6 - August 6-12		Session 9 - August 27-Sept 2	
<input type="checkbox"/> Athletic Conditioning	Co-Ed (14-17)	<input type="checkbox"/> Aqua Sports	Co-Ed (7-17)	<input type="checkbox"/> Training Program	Co-Ed (12-17)
<input type="checkbox"/> Aqua Sports	Co-Ed (7-16)	<input type="checkbox"/> Badminton	Co-Ed (13-16)	<input type="checkbox"/> Volleyball	Boys & Girls (11-17)
<input type="checkbox"/> Football	Boys (11-16)	<input type="checkbox"/> Baseball	Co-Ed (11-14)		
<input type="checkbox"/> Judo	Boys & Girls (7-17)	<input type="checkbox"/> Basketball - Big Man	Boys (14-17)	<input type="checkbox"/> Catholic Leadership	Co-Ed (15-19)
<input type="checkbox"/> Karate	Boys & Girls (7-15)	<input type="checkbox"/> Basketball - Tall Lady	Girls (14-17)	Additional camps to be announced	
<input type="checkbox"/> Leadership & Peer Support*		<input type="checkbox"/> Basketball	Boys & Girls (12-17)		
* (July 2-July 22)		<input type="checkbox"/> Canoe Tripping	Co-Ed (11-15)		
<input type="checkbox"/> Soccer	Girls (7-15)	<input type="checkbox"/> Dance	Co-Ed (11-15)		
<input type="checkbox"/> Tennis	Co-Ed (7-16)	<input type="checkbox"/> Flag Football	Co-Ed (11-14)		
<input type="checkbox"/> Track & Field	Co-Ed (11-16)	<input type="checkbox"/> Glee/Theatre Camp	Co-Ed (12-16)		
<input type="checkbox"/> Triathlon	Co-Ed (11-15)	<input type="checkbox"/> Power Up for school and life success	Co-Ed (12-17)		

REGISTER ONLINE
olympiasportscamp.com

PLEASE NOTE: SCHEDULE AND PROGRAMS ARE SUBJECT TO CHANGE

* Denotes camps with special dates & pricing

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