



# 2023 Canadian Wrestling Team Trials

Hosted By

## LloydSadd

DECEMBER 15-17, 2023  
Saville Community Sports Centre  
Edmonton, AB

### EVENT INFORMATION (as of December 07, 2023)

<b>ORGANIZING COMMITTEE</b>	Friends of the World Cup of Wrestling Society Russ Pawlyk (Chair) Phone: 780-893-5815 Email: <a href="mailto:FWCWS@shaw.ca">FWCWS@shaw.ca</a>
<b>WRESTLING CANADA LUTTE</b>	Jolene Wong Phone: 613-748-5686 Email: <a href="mailto:jwong@wrestling.ca">jwong@wrestling.ca</a>
<b>COMPETITION VENUE</b>	<b>SAVILLE COMMUNITY SPORTS CENTRE</b> 11610 – 65 Avenue University of Alberta South Campus Edmonton, AB. T6G 2E1 <a href="https://www.ualberta.ca/saville-community-sports-centre/index.html">https://www.ualberta.ca/saville-community-sports-centre/index.html</a>
<b>NUMBER OF MATS</b>	1 competition mat
<b>RULES</b>	Competition rules will be conducted according to the most recent edition of the WCL Rulebook ( <a href="https://wrestling.ca/wp-content/uploads/2023/02/2023_Rulebook.pdf">https://wrestling.ca/wp-content/uploads/2023/02/2023_Rulebook.pdf</a> ) with a modified pool and ladder bracket system (see appendix).



<p><b>UNIFORM POLICY</b></p>	<p>Athletes - please refer to the Uniform Policy for WCL Sanctioned Events:  <a href="https://wrestling.ca/wp-content/uploads/2022/12/Uniform-Policy_v2.pdf">https://wrestling.ca/wp-content/uploads/2022/12/Uniform-Policy_v2.pdf</a>.</p>
<p><b>PRACTICE TIMES</b></p>	<p>Training mats (2) will be available at the competition venue Thursday to Saturday (8:30 to 21:30). Coaches must be in attendance at all times with their athletes. Contact Owen Dawkins (<a href="mailto:odawkins@ualberta.ca">odawkins@ualberta.ca</a>) to confirm practice times.</p>
<p><b>FITNESS &amp; SAUNA FACILITIES</b></p>	<p>Accredited athletes will have access to the following facilities:</p> <p><b>FITNESS</b></p> <ul style="list-style-type: none"> <li>▪ Saville Sports Centre (open 8:30 – 21:30)</li> <li>▪ Delta Hotel (open 24 hours)</li> </ul> <p><b>SAUNA:</b></p> <ul style="list-style-type: none"> <li>▪ Kinsmen Sport Centre, 9100 Walterdale Hill, Edmonton, AB (open 9:30 – 22:00).</li> </ul>
<p><b>MEDICAL &amp; DOPING CONTROL</b></p>	<p>An event physician and athletic therapists will be in attendance on competition days (Friday to Sunday). Athletes requiring preventative therapy will require their own supplies.</p> <p>Doping control will be in effect at the event. Please refer to <a href="http://www.cces.ca">www.cces.ca</a> for information regarding the Canadian Anti-Doping Program. For questions regarding the anti-doping program, please contact Kale Whitton (<a href="mailto:kwhitton@wrestling.ca">kwhitton@wrestling.ca</a>) or 613-748-5686.</p>
<p><b>AGE &amp; WEIGHT CATEGORIES</b></p>	<p><b>SENIOR:</b> 20 + years of age (born in 2002 and older).</p> <p>Athletes from 18 years of age (born 2005 and older) may compete in Senior competition, however parental authorization and a medical certificate are required if the athlete has not reached the age of 18 at the time of competition. Athletes 40 years of age and above (born in 1983 and older) must provide a medical certificate.</p> <p>WOMEN (WW): 50, 53, 57, 62, 68, 76 kg          MEN'S FREESTYLE (FS): 57, 65, 74, 86, 97, 125 kg          MEN'S GRECO-ROMAN (GR): 60, 67, 77, 87, 97, 130 kg</p>



<p><b>ELIGIBILITY REQUIREMENTS</b></p>	<p>All eligibility requirements must be met no later than the first Coaches' Technical Meeting (December 14<sup>th</sup>, 2023).</p> <p><b>ATHLETES:</b> Competition is open to all athletes who are eligible to represent Canada as governed by United World Wrestling (UWW) and IOC eligibility requirements:</p> <ul style="list-style-type: none"> <li>▪ Canadian citizen (no previous international representation with another country) OR</li> <li>▪ Canadian citizen and have started the sport nationality transfer process with WCL &amp; UWW prior to the Trials (please contact WCL if you have any questions) OR</li> <li>▪ Have a confirmed Canadian Citizenship Ceremony taking place no later than December 31, 2023, and have started the sport nationality transfer process with WCL &amp; UWW prior to the Trials (please contact WCL if you have any questions)</li> </ul> <p><b>COACHES:</b> To receive a coach accreditation (eligible to coach during the event), coaches must have Competition Development certified status or higher by the registration deadline.</p> <p>There will be a Coach Exemption Process in place. Please refer to Appendix A.</p> <p>Foreign coaches (not members of a PTSO and living / working outside of Canada) seeking accreditation must contact Anthony Bhagwandin (<a href="mailto:nccp@wrestling.ca">nccp@wrestling.ca</a>) for information on coaching requirements.</p> <p><b>OFFICIALS:</b> Officials will be selected by CAWO, as per the Team Selection Process outlined in CAWO's policies and procedures.</p> <p><b>TEAM LEADERS:</b> Please note that team leaders do not have access to the field of play (in the corner).</p> <p><b>TRAINING PARTNERS:</b> Please note that training partners do not have access to the field of play, athlete / coach spectator area or spectator stands without a spectator ticket.</p>
<p><b>PUBLIC HEALTH REGULATIONS &amp; PROTOCOLS</b></p>	<p>All public health requirements in effect will be based on applicable health and safety measures required or recommended by the provincial and local public health authorities.</p>



<p><b>PUBLIC HEALTH REGULATIONS &amp; PROTOCOLS</b></p>	<p>Please note that the event health regulations &amp; protocols are subject to change in order to respond to any government or public health agency requirements, restrictions or approvals, at any time. All accredited individuals, spectators and other participants will be expected to comply with such requirements at all times.</p>
<p><b>SAFE SPORT REQUIREMENTS</b></p>	<p>As part of WCL’s commitment to Safe Sport, all accredited individuals must complete and submit to WCL informed consent regarding the administration and enforcement of the Universal Code of Conduct to Prevent and Address Maltreatment in Sport (UCCMS).</p> <p>To receive accreditation, individuals must complete Safe Sport Training &amp; Screening Requirements as outlined in the following document: <a href="https://wrestling.ca/wp-content/uploads/2021/09/Safe-Sport-Training-Screening-Requirements-June-2021.pdf">https://wrestling.ca/wp-content/uploads/2021/09/Safe-Sport-Training-Screening-Requirements-June-2021.pdf</a>. All training &amp; screening must be completed with the prescribed time period and no later than the first Coaches’ Technical Meeting (December 14<sup>th</sup>, 2023).</p> <p><b>*NEW: To support WCL’s various safe sport policies, systems and processes, including being a signatory of Abuse-Free Sport, WCL approved a new Safe Sport Participant Fee Policy effective July 1, 2023.</b></p> <p>The safe sport participant fee (\$160 CAD) is applicable to athletes, training partners, coaches, team leaders, and team medical once annually per calendar year. If you’ve already paid your fee for 2023, you will be issued a single-use coupon to apply to your registration. Please direct any questions on coupons to Jolene Wong (<a href="mailto:jwong@wrestling.ca">jwong@wrestling.ca</a>).</p> <p>For more information, please refer to the policy at the following link: <a href="https://wrestling.ca/wp-content/uploads/2018/03/Safe-Sport-Participant-Fee-Policy-June-2023.pdf">https://wrestling.ca/wp-content/uploads/2018/03/Safe-Sport-Participant-Fee-Policy-June-2023.pdf</a>. Please direct any questions to: <a href="mailto:info@wrestling.ca">info@wrestling.ca</a>.</p>
<p><b>REGISTRATION PROCESS</b></p>	<p>All individuals applying for accreditation must be 2023 registered participants with WCL, prior to registering for this event.</p> <p>If you are not already a 2023 registered participant with WCL, please complete your WCL Registration profile by visiting the following LINK: <a href="https://wrestling.ca/wcl-participant-registration/">https://wrestling.ca/wcl-participant-registration/</a>.</p> <p>Event registration can be accessed at the following link for athletes, coaches, officials, team medical, team leaders, training partners and event volunteers: <a href="https://2mev.com/#!/events/2023-canadian-wrestling-team-trials">https://2mev.com/#!/events/2023-canadian-wrestling-team-trials</a>.</p>



<p><b>REGISTRATION PROCESS</b></p>	<p>All individuals (with the exception of event volunteers) must be registered members of their PTSO and be members in good standing with their PTSO and WCL. Please check with your PTSO to determine if they have any additional registration requirements.</p> <p>*Registration does not imply that individuals are approved to participate and receive accreditation.</p>
<p><b>REGISTRATION DEADLINE &amp; ENTRY FEES</b></p>	<p><b>The early bird registration deadline is November 17<sup>th</sup>, 2023 at 16:59 ET:</b></p> <p><b>SENIOR:</b></p> <ul style="list-style-type: none"> <li>▪ \$265.00 (plus GST) + Safe Sport Fee – Women, Men’s Freestyle or Men’s Greco-Roman (one event)</li> <li>▪ \$445.00 (plus GST) + Safe Sport Fee – Men’s Freestyle + Men’s Greco-Roman (two events)</li> </ul> <p><b>TEAM SUPPORT:</b></p> <ul style="list-style-type: none"> <li>▪ \$125.00 (plus GST) + Safe Sport Fee – coaches, team leaders and team medical</li> <li>▪ Safe Sport Fee – training partners</li> </ul> <p><b>Late registrations will be accepted until November 24<sup>th</sup>, 2023 at 16:59 ET, subject to a late fee. After November 17<sup>th</sup>, 2023 (16:59 ET), but prior to November 24<sup>th</sup>, 2023 (16:59 ET):</b></p> <p><b>SENIOR:</b></p> <ul style="list-style-type: none"> <li>▪ \$315.00 (plus GST) + Safe Sport Fee – Women, Men’s Freestyle or Men’s Greco-Roman (one event)</li> <li>▪ \$495.00 (plus GST) + Safe Sport Fee – Men’s Freestyle + Men’s Greco-Roman (two events)</li> </ul> <p><b>TEAM SUPPORT:</b></p> <ul style="list-style-type: none"> <li>▪ \$175.00 (plus GST) + Safe Sport Fee – coaches, team leaders, and team medical</li> <li>▪ \$50.00 (plus GST) + Safe Sport Fee – training partners</li> </ul> <p><b>No registrations will be accepted after November 24<sup>th</sup>, 2023 at 16:59 ET. This applies to all participants, including officials.</b></p>



<p><b>SCRATCHES &amp; INJURY WITHDRAWALS</b></p>	<ul style="list-style-type: none"> <li>All scratches &amp; injury withdrawals before November 24<sup>th</sup>, 2023 (16:59 ET) will be fully refundable by WCL.</li> <li>All injury withdrawals after November 24<sup>th</sup>, 2023 (16:59 ET) may be eligible for refund with the purchase of Interpodia’s Refund Protect coverage through the registration process, provided all Interpodia’s terms and conditions are met. Supporting medical documentation may be requested by Interpodia.</li> <li>All injury withdrawals after November 24<sup>th</sup>, 2023 (16:59 ET) are <b>not refundable</b> if Interpodia’s Refund Protect coverage was not purchased through the registration process.</li> <li>All scratches after November 24<sup>th</sup>, 2023 (16:59 ET) are <b>not refundable</b>.</li> </ul>
<p><b>HOST HOTEL</b></p>	<p><b>Delta Hotels Edmonton South Conference Centre</b>  4404 Gateway Blvd.  Edmonton, AB. T6H 5C2  Phone: 780-434-6415  <a href="https://www.marriott.com/en-us/hotels/yeges-delta-hotels-edmonton-south-conference-centre/overview/">https://www.marriott.com/en-us/hotels/yeges-delta-hotels-edmonton-south-conference-centre/overview/</a></p> <p><b>GROUP RATE DETAILS:</b>  The guaranteed room rates at the host hotel are \$139 (+ tax) per night (double occupancy) until November 13<sup>th</sup>, 2023. This includes full breakfast buffet for 2 guests. Additional guests are \$10 per night. After November 13<sup>th</sup>, 2023, the rate is \$149 (+ tax) (double occupancy) and subject to availability. Rates include breakfast buffet, in-suite high-speed internet, parking, access to pool and fitness centre.</p> <p>Reservation link (block rates): <a href="https://www.marriott.com/event-reservations/reservation-link.mi?id=1683926097730&amp;key=GRP&amp;app=resvlink">https://www.marriott.com/event-reservations/reservation-link.mi?id=1683926097730&amp;key=GRP&amp;app=resvlink</a></p>
<p><b>TRANSPORTATION</b></p>	<p>Airport transfer between Edmonton International Airport (YEG), as well as ground transportation between the host hotel and venue will be provided for Officials, dignitaries and WCL staff ONLY. Arrival and departure information (airport, flight #, arrival and departure times, and delegation names) must be received by WCL by November 24<sup>th</sup>, 2023 to guarantee airport transfer by the HOC.</p> <ul style="list-style-type: none"> <li>YEG Flight Information: <a href="https://flyeia.com/">https://flyeia.com/</a></li> <li>Ground Transportation (taxi/limo/Uber flat rate): Host hotel (zone 116) &amp; U of Alberta (zone 133) - <a href="https://flyeia.com/parking-transportation/taxis-limos-rideshares/">https://flyeia.com/parking-transportation/taxis-limos-rideshares/</a></li> </ul>



<p><b>TRANSPORTATION</b></p>	<p><b>Hotel Parking</b> The host hotel has limited indoor parking for guests and complimentary outdoor parking.</p> <p><b>Venue Parking</b></p> <ul style="list-style-type: none"> <li>▪ \$2.50 (for every 2 hours) on Thursday, December 14<sup>th</sup>, 2023</li> <li>▪ \$10.00 all day from Friday, December 15<sup>th</sup>, 2023 to Sunday, December 17<sup>th</sup>, 2023</li> </ul>
<p><b>SPECTATOR TICKETS</b></p>	<p><b>Event Passes (all sessions)</b></p> <ul style="list-style-type: none"> <li>▪ Available for advance purchase between July 1<sup>st</sup>, 2023 – December 11<sup>th</sup>, 2023: \$100 (plus GST)</li> <li>▪ Online link: <a href="https://docs.google.com/forms/d/e/1FAIpQLScFPIMWjcsjUrvjt-IrhfTGZCGyJkvYoM8p3o93RgUPO2f89w/viewform">https://docs.google.com/forms/d/e/1FAIpQLScFPIMWjcsjUrvjt-IrhfTGZCGyJkvYoM8p3o93RgUPO2f89w/viewform</a></li> <li>▪ NOTE: event passes will not be available at the door</li> </ul> <p><b>Session Tickets (limited availability at the door)</b></p> <ul style="list-style-type: none"> <li>▪ Session 1 - Friday, December 15<sup>th</sup>, 2023 (9:30 – 20:30): \$30 (plus GST)</li> <li>▪ Session 2 - Saturday, December 16<sup>th</sup>, 2023 (9:30 – 14:00): \$40 (plus GST)</li> <li>▪ Session 3 - Saturday, December 16<sup>th</sup>, 2023 (17:30 – 21:30): \$50 (plus GST)</li> <li>▪ Session 4 - Sunday, December 17<sup>th</sup>, 2023 (9:00 – 18:00): \$30 (plus GST)</li> </ul>



## SCHEDULE

<b>WEDNESDAY</b> December 13 <sup>th</sup> , 2023	All Day	Arrival of Teams
	17:00 – 20:00 U of A Wrestling Room	Practice time (certified coaches must be in attendance) Contact: Owen Dawkins ( <a href="mailto:odawkins@ualberta.ca">odawkins@ualberta.ca</a> )
<b>THURSDAY</b> December 14 <sup>th</sup> , 2023	All Day	Arrival of Teams
	10:00 – 20:00 Saville Centre Gym #2	Practice time (certified coaches must be in attendance) Contact: Owen Dawkins ( <a href="mailto:odawkins@ualberta.ca">odawkins@ualberta.ca</a> )
	12:00 – 18:00 Delta Hotel	Accreditation
	18:00 – 20:00 Delta Hotel Medicine Hat Room	Officials' Clinic
	20:00 – 21:00 Delta Hotel	Coaches' Technical Meeting: <ul style="list-style-type: none"> <li>- Tournament information include field of play access and flow</li> <li>- Scratches and final weight class changes (WW + FS)</li> <li>- Draw</li> </ul>
<b>FRIDAY</b> December 15 <sup>th</sup> , 2023	7:00 – 8:00 Delta Hotel Crystal Galaxy Room	MEDICALS & WEIGH-INS WW + FS pool tournament (scratch weight)
	8:30 – 20:00 Saville Centre Gym #2	Practice time (certified coaches must be in attendance) Contact: Owen Dawkins ( <a href="mailto:odawkins@ualberta.ca">odawkins@ualberta.ca</a> )





<b>FRIDAY</b> <b>December 15<sup>th</sup>, 2023</b>	9:30 – 20:30 <b>Saville Centre Main Gym</b>	WW + FS POOL QUALIFICATION SESSIONS LUNCH BREAK (noon to 13:00) DINNER BREAK (17:00 to 18:00)
<b>SATURDAY</b> <b>December 16<sup>th</sup>, 2023</b>	7:00 – 8:00 <b>Delta Hotel</b> <b>Crystal Galaxy Room</b>	MEDICALS & WEIGH-INS WW + FS ladder tournament (scratch weight)
	8:30 – 20:00 <b>Saville Centre Gym #2</b>	Practice time (certified coaches must be in attendance) Contact: Owen Dawkins ( <a href="mailto:odawkins@ualberta.ca">odawkins@ualberta.ca</a> )
	9:30 – 15:00 <b>Saville Centre Main Gym</b>	WW + FS LADDER SESSIONS Pool winner vs. #3 (9:30 – 11:30) LUNCH BREAK (11:30 to 12:30) Winner vs. #2 (13:00 – 15:00)
	16:00 – 17:00 <b>Saville Centre</b>	DINNER BREAK
	17:30 – 18:00 <b>Saville Centre Main Gym</b>	OPENING CEREMONIES March-in for finalists
	18:30 – 21:30 <b>Saville Centre Main Gym</b>	WW + FS FINALS SESSIONS Winner vs. #1 (best 2 of 3)
	Following Finals <b>Saville Centre</b>	Coaches' Technical Meeting: <ul style="list-style-type: none"> <li>- Scratches and final weight class changes (GR)</li> <li>- Draw</li> </ul>



<b>SUNDAY</b> December 17 <sup>th</sup> , 2023	All Day	Team Departures to airport
	7:00 – 8:00 Delta Hotel Crystal Galaxy Room	MEDICALS & WEIGH-INS GR ladder & pool tournament (scratch weight)
	12:00 – 13:00 Saville Centre	LUNCH BREAK
	13:00 – 15:00 Saville Centre Main Gym	GR POOL QUALIFICATION SESSIONS
	15:30 – 18:00 Saville Centre Main Gym	GR FINALS SESSIONS Winner vs. #1 (best 2 of 3)
<b>MONDAY</b> December 18 <sup>th</sup> , 2023	All Day	Team Departures to airport



## APPENDIX A – COACH EXEMPTION PROCESS

Please submit a request for a coach exemption via google form no later than November 24<sup>th</sup>, 2023 (late registration deadline). LINK: <https://8hgngy72pbm.typeform.com/to/Sj26p1tQ>.

**NOTE: If you received a coach exemption in 2023 it will still apply for this event. Please direct any questions to Anthony Bhagwandin ([nccp@wrestling.ca](mailto:nccp@wrestling.ca)).**

All requests will be reviewed and considered on a case-by-case basis by WCL's Coach Education & Development Advisory Committee (CEDAC).

Please note that submitting a request does not imply that it will be approved.

COACH PRE-REQUISITES:

### Competition Development

- MED Evaluation (within 4 years)
- Competition Introduction Certified Status
- Leading Drug-Free Sport (training AND online evaluation)
- Managing Conflict (training AND online evaluation)
- Coaching & Leading Effectively
- Psychology of Performance
- Prevention & Recovery
- Developing Athletic Abilities
- Manage a Sport Program



## APPENDIX B – TOURNAMENT FORMAT

### Pool Qualification Sessions

Single elimination bracket based on a random draw:

- No round-robin brackets
- Athletes from the same club or province will not be separated in first round of wrestling

Winner of pool tournament will proceed to ladder tournament.

### Ladder Sessions

Athletes in each respective style and weight class will be ranked from one to three based on their true ranking from the 2023 Senior Canadian Wrestling Championships (after any applicable wrestle-offs). Any athlete who places lower than 3<sup>rd</sup> will not be ranked higher at the Trials due to the withdrawal of any top 3 ranked athlete at the Trials.

- Winner of pool vs. #3 – single match
- Winner vs. #2 – single match
- Winner vs. #1 – best 2 of 3 matches