



## 2024 Canadian Wrestling Championships (U19, U17, U15)

APRIL 4-7, 2024

Paramount Fine Foods Centre Sportsplex  
Mississauga, ON

### EVENT INFORMATION

(as of January 26, 2024)

<b>ORGANIZING COMMITTEE</b>	Greg Cappuccitti (Chair) Phone: 647-393-6904 Email: <a href="mailto:peelmatmen@hotmail.com">peelmatmen@hotmail.com</a>
<b>WRESTLING CANADA LUTTE</b>	Jolene Wong Phone: 613-748-5686 Email: <a href="mailto:jwong@wrestling.ca">jwong@wrestling.ca</a>
<b>COMPETITION VENUE</b>	<b>PARAMOUNT FINE FOODS CENTRE SPORTSPLEX</b> 5600 Rose Cherry Place Mississauga, ON L4Z 4B6
<b>NUMBER OF MATS</b>	Up to 10 competition mats
<b>RULES</b>	Competition rules will be conducted according to the most recent edition of the WCL Rulebook ( <a href="https://wrestling.ca/wp-content/uploads/2023/02/2023_Rulebook.pdf">https://wrestling.ca/wp-content/uploads/2023/02/2023_Rulebook.pdf</a> ), with a modified double elimination bracket system or Round Robin (if less than 6 athletes per weight class).
<b>UNIFORM POLICY</b>	Athletes - please refer to the Uniform Policy for WCL Sanctioned Events: <a href="https://wrestling.ca/wp-content/uploads/2022/12/Uniform-Policy_v2.pdf">https://wrestling.ca/wp-content/uploads/2022/12/Uniform-Policy_v2.pdf</a> .



<p><b>PRACTICE TIMES</b></p>	<p>Practice mats are available at the Host Hotel on April 4-6 from 8 AM to 8 PM. Practice times are booked on a first come, first serve basis. Time bookings can be completed online only at: <a href="http://forms.gle/Qc7Q2UiPgvCidmnh9">http://forms.gle/Qc7Q2UiPgvCidmnh9</a>.</p> <p>To change or cancel a booking, please email: <a href="mailto:mississaugawrestling@gmail.com">mississaugawrestling@gmail.com</a>.</p>
<p><b>MEDICAL SERVICES</b></p>	<p>An event physician and athletic therapists will be in attendance on competition days (Thursday to Sunday). Athletes requiring preventative therapy (i.e. taping) will require their own supplies. Athletic therapists will provide medical tape for \$5 / roll or Kine-Tape for \$15 / roll.</p>
<p><b>AGE &amp; WEIGHT CATEGORIES</b></p>	<p><b>U19:</b> 17-18 years of age (born in 2006, 2007)</p> <p>WOMEN (WW): 36-40, 43, 46, 49, 53, 57, 61, 65, 69, 73, 80, 90 kg          WOMEN'S GRECO-ROMAN (WW-GR): 36-40, 43, 46, 49, 53, 57, 61, 65, 69, 73, 80, 90 kg          MEN'S FREESTYLE (FS): 39-42, 45, 48, 51, 55, 60, 65, 71, 80, 92, 110, 125 kg          MEN'S GRECO-ROMAN (GR): 39-42, 45, 48, 51, 55, 60, 65, 71, 80, 92, 110, 125 kg</p> <p><b>U17:</b> 15-16 years of age (born in 2008, 2009)</p> <p>WOMEN (WW): 36-40, 43, 46, 49, 53, 57, 61, 65, 69, 73, 80, 90 kg          WOMEN'S GRECO-ROMAN (WW-GR): 36-40, 43, 46, 49, 53, 57, 61, 65, 69, 73, 80, 90 kg          MEN'S FREESTYLE (FS): 39-42, 45, 48, 51, 55, 60, 65, 71, 80, 92, 110, 125 kg          MEN'S GRECO-ROMAN (GR): 39-42, 45, 48, 51, 55, 60, 65, 71, 80, 92, 110, 125 kg</p> <p><b>U15:</b> 13-14 years of age (born in 2010, 2011)</p> <p>WOMEN (WW): 33, 36, 39, 42, 46, 50, 54, 58, 62, 66, 70, 80 kg          WOMEN'S GRECO-ROMAN (WW-GR): 33, 36, 39, 42, 46, 50, 54, 58, 62, 66, 70, 80 kg          MEN'S FREESTYLE (FS): 34, 38, 41, 44, 48, 52, 57, 62, 68, 75, 85, 100 kg          MEN'S GRECO-ROMAN (GR): 34, 38, 41, 44, 48, 52, 57, 62, 68, 75, 85, 100 kg</p> <p>Please note that there are no open (unlimited) weight categories.</p> <p>*NOTE: Athletes must compete in the age group they were born in. Athletes born 2012 and younger are not allowed to compete in the event.</p>

<p><b>ELIGIBILITY REQUIREMENTS</b></p>	<p>All eligibility requirements must be met by the final registration deadline.</p> <p><b>ATHLETES:</b> Competition is only open to Canadian citizens, individuals with Permanent Resident status, individuals with Refugee status, and those individuals with an approved international student permit.</p> <p><b>OFFICIALS:</b> Officials must be registered members in good standing with CAWO and their Provincial Wrestling Officials Association (if applicable) and WCL.</p> <p><b>TEAM LEADERS:</b> Please note that team leaders do not have access to the field of play (in the corner).</p>
<p><b>COACHING REQUIREMENTS</b></p>	<p>To receive a coach accreditation (eligible to coach during the event), coaches must have Competition Introduction certified status or higher by the registration deadline. There will be a Coach Exemption Process in place. Please refer to Appendix A.</p>
<p><b>PUBLIC HEALTH REGULATIONS &amp; PROTOCOLS</b></p>	<p>All public health requirements in effect will be based on applicable health and safety measures required or recommended by the provincial and local public health authorities.</p> <p>Please note that the event health regulations &amp; protocols are subject to change in order to respond to any government or public health agency requirements, restrictions or approvals, at any time. All accredited individuals, spectators and other participants will be expected to comply with such requirements at all times.</p>
<p><b>SAFE SPORT REQUIREMENTS</b></p>	<p>As part of WCL’s commitment to Safe Sport, all accredited individuals must complete and submit to WCL informed consent regarding Abuse-Free Sport.</p> <p>To support WCL’s various safe sport policies, systems and processes, including being a signatory of Abuse-Free Sport, WCL approved a new Safe Sport Participant Fee Policy effective July 1, 2023.</p> <p>The safe sport participant fee (\$160 CAD) is applicable to athletes, training partners, coaches, and team leaders once annually per calendar year. For more information, please refer to the policy at the following link: <a href="https://wrestling.ca/wp-content/uploads/2018/03/Safe-Sport-Participant-Fee-Policy-June-2023.pdf">https://wrestling.ca/wp-content/uploads/2018/03/Safe-Sport-Participant-Fee-Policy-June-2023.pdf</a>. Please direct any questions to: <a href="mailto:info@wrestling.ca">info@wrestling.ca</a>.</p>



<b>SAFE SPORT REQUIREMENTS</b>	<p>To receive accreditation, individuals must complete Safe Sport Training &amp; Screening Requirements as outlined in the following document: <a href="https://wrestling.ca/wp-content/uploads/2021/09/Safe-Sport-Training-Screening-Requirements-June-2021.pdf">https://wrestling.ca/wp-content/uploads/2021/09/Safe-Sport-Training-Screening-Requirements-June-2021.pdf</a>.</p> <p><b>*NOTE: All training &amp; screening must be in effect for the duration of the 2024 calendar year.</b></p> <p>NOTE: Athletes in U15 age category are exempt from Safe Sport training due to restrictions on access to training.</p>
<b>REGISTRATION PROCESS</b>	<p><b>Please note that all individuals seeking accreditation will need to complete or renew a WCL Registration Profile for 2024 before registering for this event.</b></p> <p>If you are not already a 2024 registered participant with WCL, please complete your WCL Registration profile by visiting the following LINK: <a href="https://wrestling.ca/wcl-participant-registration/">https://wrestling.ca/wcl-participant-registration/</a>.</p> <p>All individuals must be registered members of their PTSO and be members in good standing with their PTSO and WCL. Please check with your PTSO to determine if they have any additional registration requirements.</p> <p>Event registration can be accessed at the following link for athletes, coaches, officials, team medical, team leaders, and event volunteers: LINK FORTHCOMING.</p> <p>*Registration does not imply that individuals are approved to participate and receive accreditation.</p>
<b>REGISTRATION DEADLINE &amp; ENTRY FEES</b>	<p><b>The standard registration deadline is March 8<sup>th</sup>, 2024 at 16:59 ET.</b></p> <p><b>U19 / U17 / U15:</b> \$150.00 (+ tax) – Women, Women’s Greco-Roman, Men’s Freestyle or Men’s Greco-Roman (one event) \$230.00 (+ tax) – Women + Women’s Greco-Roman OR Men’s Freestyle + Men’s Greco-Roman (two events)</p> <p><b>SUPPORT STAFF:</b> \$60.00 (+ tax) – coaches, team leaders, team medical</p>



<p><b>REGISTRATION DEADLINE &amp; ENTRY FEES</b></p>	<p><b>Late registrations will be accepted until March 15<sup>th</sup>, 2024 at 16:59 ET, subject to a late fee. After March 8<sup>th</sup>, 2024 (16:59 ET), but prior to March 15<sup>th</sup>, 2024 (16:59 ET):</b></p> <p><b>U19 / U17 / U15:</b>          \$200.00 (+ tax) – Women, Women’s Greco-Roman, Men’s Freestyle or Men’s Greco-Roman (one event)          \$280.00 (+ tax) – Women + Women’s Greco-Roman OR Men’s Freestyle + Men’s Greco-Roman (two events)</p> <p><b>SUPPORT STAFF:</b>          \$110.00 (+ tax) – coaches, team leaders, team medical</p> <p><b>No registrations will be accepted after March 15<sup>th</sup>, 2024 at 16:59 ET.</b> This applies to all athletes, support staff and officials.</p>
<p><b>SCRATCHES &amp; INJURY WITHDRAWALS</b></p>	<ul style="list-style-type: none"> <li>▪ All scratches &amp; injury withdrawals before March 15<sup>th</sup>, 2024 (16:59 ET) will be fully refundable by WCL.</li> <li>▪ All injury withdrawals after March 15<sup>th</sup>, 2024 (16:59 ET) may be eligible for refund with the purchase of Interpodia’s Refund Protect coverage through the registration process, provided all Interpodia’s terms and conditions are met. Supporting medical documentation may be requested by Interpodia.</li> <li>▪ All injury withdrawals after March 15<sup>th</sup>, 2024 (16:59 ET) are <b>not refundable</b> if Interpodia’s Refund Protect coverage was not purchased through the registration process.</li> <li>▪ All scratches after March 15<sup>th</sup>, 2024 (16:59 ET) are <b>not refundable</b>.</li> </ul>
<p><b>HOST HOTEL</b></p>	<p><b>DoubleTree by Hilton Hotel Toronto Airport West (3.3 km from venue ~ 6 min)</b>          5444 Dixie Rd.          Mississauga, ON. L4W 2L2          Phone: 905-624-1144</p> <p><b>GROUP RATE DETAILS: 2 Queen Deluxe Rooms</b>          \$137 + tax per night (single / double occupancy)          \$147 + tax per night (triple)          \$157 + tax per night (quad)</p> <p><b>Group Rate Deadline: March 12<sup>th</sup>, 2024.</b> After March 12<sup>th</sup>, 2024, room occupancy and rates are subject to availability.</p>



<p><b>HOST HOTEL</b></p>	<p><b>Reservations</b> can be made by calling 1-844-485-6263 or directly at 1-905-624-1144 and refer to the <b>2024 Canadian Wrestling Championships U19, U17, U15 (Group Code: WRE)</b> by <b>March 12<sup>th</sup>, 2024</b>. A valid credit card is required to make and guarantee individual reservations online. Call the hotel directly should your dates of arrival or departure fall outside of the group dates.</p> <p><b>Booking Link:</b>  <a href="https://www.hilton.com/en/book/reservation/rooms/?ctyhocn=YTOAWDT&amp;arrivalDate=2024-04-04&amp;departureDate=2024-04-07&amp;groupCode=CDTWRE&amp;room1NumAdults=1&amp;cid=OM%2CWW%2CHILTONLINK%2CEN%2CDirectLink">https://www.hilton.com/en/book/reservation/rooms/?ctyhocn=YTOAWDT&amp;arrivalDate=2024-04-04&amp;departureDate=2024-04-07&amp;groupCode=CDTWRE&amp;room1NumAdults=1&amp;cid=OM%2CWW%2CHILTONLINK%2CEN%2CDirectLink</a></p> <p><b>Individual Cancellation:</b> Reservations can be cancelled up to 72 hours prior to the day of arrival without penalty.</p>
<p><b>SUPPORTING HOTEL DESIGNATED FOR OFFICIALS</b></p>	<p><b>Sandman Signature Mississauga Hotel (2.9 km from venue ~ 5 min)</b>            5400 Dixie Rd.            Mississauga, ON. L4W 4T4            Phone: 905-238-0159</p> <p><b>GROUP RATE DETAILS: 2 Queen Beds</b></p> <p>\$132 + tax per night (single / double occupancy)            \$142 + tax per night (triple)            \$152 + tax per night (quad)  <b>Two \$10 Denny’s meal vouchers included in rates for s/d occupancy. Additional \$10 per meal voucher per person over two.</b></p> <p><b>Group Rate Deadline: March 12<sup>th</sup>, 2024.</b> After March 12<sup>th</sup>, 2024, room occupancy and rates are subject to availability.</p> <p><b>Reservations</b> can be made by calling 1-800-SANDMAN and referring to <b>Group Code: 327562</b> or <b>2024 Canadian Wrestling Championships</b> by <b>March 12<sup>th</sup>, 2024</b>. A valid credit card is required to make and guarantee individual reservations online. Call the hotel directly should your dates of arrival or departure fall outside of the group dates.</p> <p><b>Booking Link:</b> <a href="https://reservations.sandmanhotels.com/113181?groupID=3454857">https://reservations.sandmanhotels.com/113181?groupID=3454857</a></p> <p><b>Individual Cancellation:</b> Reservations can be cancelled up to 48 hours prior to the day of arrival without penalty.</p>



**SUPPORTING HOTELS**

**Hyatt Place Toronto / Mississauga Centre (3.3 km from venue ~6 min)**  
5787 Hurontario Street  
Mississauga, ON L4Z 2H7  
Phone: 289-815-1234

**GROUP RATE DETAILS: Standard 2 Queen Room or Standard King with Pull Out**  
\$135 + tax per night (single / double occupancy)  
\$145 + tax per night (triple)  
\$155 + tax per night (quad)  
**Rate includes Continental Breakfast.**

**Group Rate Deadline: March 12<sup>th</sup>, 2024.** After March 13<sup>th</sup>, 2024, room occupancy and rates are subject to availability.

**Reservations** can be made by calling 1-289-815-1234 and refer to **2024 Wrestling Canada U17 & U19 Canadian Wrestling Championships or G-WCC4 by March 12, 2024** or by using the link below. A valid credit card is required to make and guarantee individual reservations online. Call the hotel directly should your dates of arrival or departure fall outside of the group dates.

**Booking Link:**

[https://www.hyatt.com/shop/rooms/yyzzm?location=Hyatt%20Place%20Toronto%2FMississauga%20Centre&checkinDate=2024-04-04&checkoutDate=2024-04-07&rooms=1&adults=1&kids=0&corp\\_id=g-wcc4#room-page-anchor](https://www.hyatt.com/shop/rooms/yyzzm?location=Hyatt%20Place%20Toronto%2FMississauga%20Centre&checkinDate=2024-04-04&checkoutDate=2024-04-07&rooms=1&adults=1&kids=0&corp_id=g-wcc4#room-page-anchor)

**Individual Cancellation:** Reservations can be cancelled up to 24 hours prior to the day of arrival without penalty.

**Hilton Garden Inn Toronto Airport Mississauga West (4.4km from venue ~6 min)**  
1870 Matheson Blvd.  
Mississauga, ON. L4W 0B3  
Phone: 905-857-9990

**GROUP RATE DETAILS: 2 Queen Beds**  
\$132 + tax per night (single / double occupancy)  
\$147 + tax per night (triple)  
\$164+ tax per night (quad)





<b>SUPPORTING HOTELS</b>	<p><b>Full Buffet Breakfast for two included in rates. Additional breakfasts above 2 are \$15.99 plus tax each.</b></p> <p><b>Group Rate Deadline: March 12<sup>th</sup>, 2024.</b> After March 13<sup>th</sup>, 2024, room occupancy and rates are subject to availability.</p> <p><b>Reservations</b> can be made by calling 905-361-6300 and referring to the <b>Wrestling Canada (Group Code: BY50) by March 12<sup>th</sup>, 2024</b>, or by using the link below. A valid credit card is required to make and guarantee individual reservations online. Call hotel directly should your dates of arrival or departure fall outside of the group dates.</p> <p><b>Booking Link:</b> <a href="https://www.hilton.com/en/attend-my-event/yyzmtgi-by50-fc37f854-a821-4ea4-aa6e-98f8623ac75b/">https://www.hilton.com/en/attend-my-event/yyzmtgi-by50-fc37f854-a821-4ea4-aa6e-98f8623ac75b/</a></p> <p><b>Individual Cancellation:</b> Reservations can be cancelled up to 24 hours prior to the day of arrival without penalty.</p>
<b>ASSISTANCE WITH HOTEL BOOKINGS</b>	Shelley Crawford – Fuel Sports: <a href="mailto:shelley@fuelsports.ca">shelley@fuelsports.ca</a>
<b>TRANSPORTATION</b>	<p>Airport transfer between Toronto Pearson Airport (YYZ), as well as ground transportation between the host hotels and venue will be provided for Officials, dignitaries and WCL staff ONLY. Arrival and departure transportation between Toronto Pearson Airport (YYZ) will be done through a local ride sharing service (i.e. Uber). A code will be provided to all Officials, dignitaries and WCL staff through the Hosting Committee. Requests for this code and instructions should be done prior to <b>April 1<sup>st</sup> by emailing WCL (<a href="mailto:jwong@wrestling.ca">jwong@wrestling.ca</a>)</b>. Transportation from the Sandman Signature Mississauga Hotel (designated hotel for Officials) to the venue will be a free shuttle provided by HOC.</p> <p>Transportation is NOT provided for team participants (athletes, coaches, team managers, team medical).</p>





**SCHEDULE**

<b>WEDNESDAY</b> <b>April 3<sup>rd</sup>, 2024</b>	All Day	Arrival of Teams
<b>THURSDAY</b> <b>April 4<sup>th</sup>, 2024</b>	All Day	Arrival of Teams
	8:00 – 20:00 Host Hotel (DoubleTree by Hilton Toronto Airport West)	Practice time (certified coaches must be in attendance) Book team times online at: <a href="https://forms.gle/Qc7Q2UiPgvCidmnh9">https://forms.gle/Qc7Q2UiPgvCidmnh9</a> Contact: <a href="mailto:mississaugawrestling@gmail.com">mississaugawrestling@gmail.com</a> (Jonathan)
	9:30 – 16:00 Host Hotel (DoubleTree by Hilton Toronto Airport West)	Accreditation
	13:00 – 14:00 Host Hotel (DoubleTree by Hilton Toronto Airport West)	MEDICALS & WEIGH-INS U15 – all styles WW, WW-GR, FS, GR (scratch weight)
	14:00 – 15:00 Host Hotel (DoubleTree by Hilton Toronto Airport West)	MEDICALS & WEIGH-INS U17 – all styles WW, WW-GR, FS, GR (scratch weight)
	15:00 – 16:00 Host Hotel (DoubleTree by Hilton Toronto Airport West)	MEDICALS & WEIGH-INS U19 – all styles WW, WW-GR, FS, GR (scratch weight)



<b>THURSDAY</b> <b>April 4<sup>th</sup>, 2024</b>	14:00 – 20:00 Host Hotel (DoubleTree by Hilton Toronto Airport West)	Pairing Masters Clinic
	18:00 – 20:00 Host Hotel (DoubleTree by Hilton Toronto Airport West)	Officials' Clinic
	20:00 – 21:00 Host Hotel (DoubleTree by Hilton Toronto Airport West)	Coaches' Technical Meeting: <ul style="list-style-type: none"> <li>▪ Tournament information include field of play access and flow</li> <li>▪ Scratches &amp; Draw (U17 WW, U17 FS, U19 WW)</li> </ul>
<b>FRIDAY</b> <b>April 5<sup>th</sup>, 2024</b>	8:00 – 20:00 Host Hotel (DoubleTree by Hilton Toronto Airport West)	Practice time (certified coaches must be in attendance) Book team times online at: <a href="https://forms.gle/Qc7Q2UiPgvCidmnh9">https://forms.gle/Qc7Q2UiPgvCidmnh9</a> Contact: <a href="mailto:mississaugawrestling@gmail.com">mississaugawrestling@gmail.com</a> (Jonathan)
	9:00 – 17:00 Competition Venue	QUALIFICATION SESSIONS – U17 WW, U17 FS, U19 WW LUNCH BREAK (noon to 13:00) 5-6 place matches 3-4 place matches
	17:00 – 18:00 Competition Venue	DINNER BREAK
	18:00 – 21:00 Competition Venue	March-in for finalists FINALS – U17 WW, U17 FS, U19 WW Gold medal matches (3 mats) Awards Ceremonies
	15 minutes after Finals Competition Venue	Coaches' Technical Meeting: <ul style="list-style-type: none"> <li>▪ Scratches and Draw (U15 WW, U15 FS, U19 FS)</li> </ul>



SATURDAY April 6 <sup>th</sup> , 2024	8:00 – 20:00 Host Hotel (DoubleTree by Hilton Toronto Airport West)	Practice time (certified coaches must be in attendance) Book team times online at: <a href="https://forms.gle/Qc7Q2UiPgvCidmnh9">https://forms.gle/Qc7Q2UiPgvCidmnh9</a> Contact: <a href="mailto:mississaugawrestling@gmail.com">mississaugawrestling@gmail.com</a> (Jonathan)
	9:00 – 17:00 Competition Venue	QUALIFICATION SESSIONS – U15 WW, U15 FS, U19 FS LUNCH BREAK (noon to 13:00) 5-6 place matches 3-4 place matches
	17:00 – 18:00 Competition Venue	DINNER BREAK
	18:00 – 18:15 Competition Venue	OPENING CEREMONIES March-in for finalists Hall of Fame Ceremony (TBD)
	18:15 – 21:30 Competition Venue	FINALS – U15 WW, U15 FS, U19 FS Gold medal matches (3 mats) Awards Ceremonies
	15 minutes after Finals Competition Venue	Coaches' Technical Meeting: <ul style="list-style-type: none"> <li>Scratches and Draw - U15, U17, U19 Men's &amp; Women's Greco-Roman</li> </ul>
	All Day	Team Departures to airport
	SUNDAY April 7 <sup>th</sup> , 2024	9:00 – to completion Competition Venue
All Day		Team Departures to airport



<b>MONDAY</b> April 8 <sup>th</sup> , 2024	All Day	Team Departures to airport
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## APPENDIX A – COACH EXEMPTION PROCESS

Please submit a request for a coach exemption via google form no later than March 15<sup>th</sup>, 2024 (late registration deadline): <https://8hgngy72pbm.typeform.com/to/Sj26p1tQ>.

All requests will be reviewed and considered on a case-by-case basis by WCL's Coach Education & Development Advisory Committee (CEDAC).

Please note that submitting a request does not imply that it will be approved.

COACH PRE-REQUISITES:

### Competition Introduction

- MED Evaluation (within 4 years)
- Sport Nutrition
- Planning a Practice
- Teaching and Learning
- Basic Mental Skills
- Design a Sport Program