



2024

WRESTLING CHAMPIONSHIP

INFORMATION BULLETIN #2





SECTION 1: GENERAL INFORMATION

1. ORGANIZING COMMITTEE

Address: University of Guelph, Department of Athletics,
50 Stone Rd. East, Guelph ON N1G2W1

Web Site: www.gryphons.ca

POSITION	NAME	PHONE	E-MAIL
Championship	Wally Gabler	519-824-4120 x52091	gablerw@uoguelph.ca
Co-Convenors	Skye Angus	519-824-4120 x56134	anguss@uoguelph.ca
Sponsorship	Mary Casagrande	519-824-4120 x53130	mcasagra@uoguelph.ca
Marketing & Promotion	Michelle Pino	519-824-4120 x53159	mpino@uoguelph.ca
Communications, Media, Social Media & Digital	Andy Baechler	519-824-4120 x54128	baechler@uoguelph.ca
Ticketing	Frank Cain	519-824-4120 x52734	fcain@uoguelph.ca
Accreditation	Genna Villella	289-456-1442 (c)	gvillell@uoguelph.ca
Alumni/Development	Sam Kosakowski	519-824-4120 x58463	skosakow@uoguelph.ca
Awards Ceremony, Hospitality, VIP Services	Jacqueline Andrews	519-824-4120 x56027	jacqandr@uoguelph.ca
Event Operations	Genna Villella	289-456-1442 (c)	gvillell@uoguelph.ca
Volunteers	Cierra Carere		carerec@uoguelph.ca
Athlete Services/Medical	Dave Wright	519-830-8923 (c)	Dwright11@uoguelph.ca
Technical Official	Tamara Medwidsky		
Broadcast/Webcast	Kieran Delpport	519-824-4120 x54462	kdelpport@uoguelph.ca





2. SCHEDULE OF EVENTS

**All times are local EST*

Friday	Friday March 1, 2024	
Time	1:00pm	Event: Seeding Meeting
Location:	3213	

Friday	Friday March 1, 2024	
Time:	3:00pm	Event: U Sports Coaches Meeting
Location:	3213	

Friday	Friday March 1, 2024	
Time:	4:00pm	Event: Athlete Weigh-ins and Medical Checks
Location:	Small Gym	

Friday	Friday March 1, 2024	
Time:	5:00pm	Event: Championship Technical Meeting
Location:	3213	

3. COMPETITION SCHEDULE

*Note: all matches are held in the Guelph Gryphons Events Centre

Saturday March 2, 2024			
Time	9:00am-12:00pm	Event:	Round Robin Matches
Time	12:00-1:00pm	Event:	Lunch Break
Time	1:00-5:00pm	Event:	Medal Matches

Please note, medals will be handed out following the matches at the podium in the event center.

4. PRACTICE SCHEDULE

Friday March 1, 2024
Time: 9:00am-6:00pm
Location: 3206

The Wrestling room will be open for practice between 9:00 am and 6:00 pm.





SECTION 2

PARTICIPATING TEAMS

INFORMATION

1. ANCILLARY EVENTS

A. ALL CANADIAN AWARDS CEREMONY

Date: Saturday March 2, 2024

Site: Summerlee Science Centre, University of Guelph

Map: <https://www.uoguelph.ca/maps/>

Cost: \$50

Schedule: 6:30 PM Doors Open

7:00 PM Dinner

Dress Code: Business Casual

Distance form Hotel: 9KM

R.S.V.P. before: February 16, 2024

Tickets: https://uoquelpu.eu.qualtrics.com/jfe/preview/previewId/f717b6bc-2380-429c-a6b9-ee0134bf90a9/SV_1CiFBzmvMbUmJYG?Q_CHL=preview&Q_SurveyVersionID=current

*Please note this is the same link for team accreditation requests.

2. MEETINGS

A. TECHNICAL MEETING

Date: Friday March 1, 2024

Time: 5:00pm

Location: Guelph Gryphons Athletic Center

Room: 3213

Attendance: Head Coaches, Head Official, Technical Delegates, U Sports Delegate

B. SEEDING MEETING

Date: Friday March 1, 2024





Time: 1:00 PM

Location: Guelph Gryphons Athletic Center

Room: 3213

Attendance: Head Coaches, Head Official, Technical Delegates, U Sports Delegate

C. U SPORTS COACHES MEETING

Date: Friday March 1, 2024

Time: 3:00pm

Location: Guelph Gryphons Athletic Center

Room: 3213

Attendance: Head Coaches, U Sports Delegate

3. MEDIA INFORMATION

A. MEDIA ACCREDITATION

Requests for media accreditation must be made to Andy Baechler (baechler@uoquelfh.ca) by February 16, 2024.

4. CHAMPIONSHIP HOTEL

U SPORTS policy 20.40.3.4.1:

All participating teams and team personnel attending a U SPORTS Championship requiring accommodation must stay at the U SPORTS Championship designated host hotel.

Host Hotel: Hampton Inn and Suites

Address: 725 Imperial Rd. N, Guelph, ON, N1K 1X4

Website: <https://www.hilton.com/en/hotels/queonhx-hampton-suites-guelph/>

Phone: 519-821-2144

Request the University of Guelph Athletic Rate

Contact person: Alec Pettit

Rate: Standard Rooms, Non-Smoking: \$229.00 + taxes

Suite Rooms, Non-Smoking: \$249.00 + taxes

Room Types: 2 Queen, 1 King, 1 King Studio with Sofa bed, 1 bedroom suite with 2 Queen and sofa bed





Amenities: All rooms include a complimentary Hot Buffet Breakfast each morning, as well an Indoor Pool and Jacuzzi Spa, fitness center, business center, guest laundry, complimentary parking and WiFi. All rooms include small fridge, microwave, coffee maker, hair dryer, ironing board and iron, large work desk

Distance from Competition Site: 9KM

Teams are required to book their own accommodations by FRIDAY JANUARY 19, 2024

Host Hotel: Fairfield Inn and Suites by Marriott

Address: 35 Cowan Place, Guelph, ON, N1G 0C1

Website: <https://www.marriott.com/en-us/hotels/ykffi-fairfield-inn-and-suites-guelph/overview/>

Phone: 519-821-2144

Request the University of Guelph Athletic Rate

Contact person: Alec Pettit

Rate: Standard Rooms, Non-Smoking: \$229.00 + taxes

Suite Rooms, Non-Smoking: \$249.00 + taxes

Room Types: 2 Queen, 1 King, Studio Suite with 2 Queens with Sofa bed, 1 bedroom suite with 1 King and sofa bed, 1 bedroom suite with 2 Queens and sofa bed

Amenities: All rooms include a complimentary Hot Buffet Breakfast each morning, as well an Indoor Pool and Jacuzzi Spa, fitness center, business center, guest laundry, complimentary parking and WiFi. All rooms include small fridge, microwave, coffee maker, hair dryer, ironing board and iron, large work desk

Distance from Competition Site: 8.4KM

Teams are required to book their own accommodations by FRIDAY JANUARY 19, 2024

5. TRANSPORTATION

A. TRAVEL TO THE CHAMPIONSHIP

Teams are responsible for their own travel to and from the championship.

Directions from the 401:

- Take Highway 6 North - Exit 295.





- Turn right onto Stone Rd
- Turn left onto South Ring Rd
- Take easement right onto East Ring Rd
- Turn left onto South Ln
- Parking to your immediate right. Lot P12

B. Parking

The visiting teams will be dropped off out front of the Gryphon Centre Arena. The team bus must park in P14. Team vans and cars can park in P12.

Friday, March 1, 2024

Parking permits are required Monday to Friday, 8:00 AM to 5:00 PM. Any vehicle parked without a permit is subject to ticketing or towing. Signed hourly parking spaces require payment through the 'Pay by Phone App' or day passes can be purchased through Parking Services. For more information please visit [Campus Parking Services \(uoquelparkingservices.ca\)](https://www.uoquelparkingservices.ca).

Saturday, March 2, 2024

Parking is free on weekends; parking passes are not required.

Parking Map: <https://www.parking.uoquelparkingservices.ca/find-parking/parking-map-and-directions>

Pay By Phone App

Goggle Play store: <https://paybyphone.onelink.me/ZQkh/72quwtf4>

App store: <https://paybyphone.onelink.me/ZQkh/vi3pgnpz>

6. TEAM REGISTRATION AND ACCREDITATION

A. TEAM ACCREDITATIONS

Accreditation will be provided to all participating athletes, coaches, and team staff. Quantity will be based on the size of a program's travelling party. A maximum of 5 VIP accreditations will be provided to each attending school.

VIP accreditation must be requested through the link below by Friday, February 16, 2024.





https://uoguelph.eu.qualtrics.com/jfe/preview/previewId/f717b6bc-2380-429c-a6b9-ee0134bf90a9/SV_1CiFBznvMbUmJYG?Q_CHL=preview&Q_SurveyVersionID=current

*Please note this is the same link for banquet tickets.

If you have any questions, please reach out to Skye Angus - anguss@uoguelph.ca

B. ACCREDITATION PICK-UP

Team accreditation will be provided to coaches during the seeding meeting to be distributed to their student athletes and team officials.

8. SPONSORSHIP

A. LOCAL SPONSORS

TBD

B. Partners



9. TECHNICAL INFORMATION

A. VENUE

The competition venue is Guelph Gryphon Athletic Centre - Event Centre.
Address: 50 East Ring Road, Guelph ON, N1G 4Z8

Campus Map: <https://www.uoguelph.ca/maps/>

There will be four mats for the round robin competition and two mats in use for the medal rounds.





Broadcasting of all four mats will be conducted. No access to the broadcasting room will be allowed for the duration of the event.

C. EQUIPMENT

Only equipment permitted by the Canadian Amateur Wrestling Association rules will be permitted. There will be a blood spill kit at each mat.

C. UNIFORM LAUNDRY

No laundry services will be available. Towel services will be operating for onsite athlete use. More information on towels will be made available in Bulletin #2.

D. LOCKER ROOMS

Teams will have access to the general change rooms. Men's, Women's, Universal are available.

10. MEDICAL SERVICES

Please see the attached appendix for detailed information on medical services provided at the Championship.

For more information please contact Dave Wright - dwrigh11@uoguelph.ca

11. HOSPITALITY ROOMS

A. OFFICIALS/COACHES/VIPs

Location: University of Guelph Athletic Centre

Room: 3213

Opening times: 8:30 AM – 5:00 PM

Services: Beverages, Snacks and Lunch will be provided

12. Championship Apparel Shop

Apparel can be purchased in advance of the championship and will be ready for pick up on March 1, 2024, or March 2, 2024.

*No Wrestling Championship Apparel will be available for purchase at the event.





**WRESTLING
LUTTE**

2024 U Sports Wrestling Championship

University of Guelph – March 1-2, 2024

Bulletin #2



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Oxford



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Online Championship Apparel Shop: [University of Guelph Wrestling Championships 2024 | ONETeam Sports Group | powered by OrderMyGear \(itemorder.com\)](#)

Available Apparal:

Gildan Gildan® Heavy Cottontm T-Shirt - \$15

Augusta Sportswear Nexgen Wicking Tee - \$18

Gildan Heavy Cotton™ Long Sleeve T-Shirt - \$21

Gildan 8400 Dryblend 50/50 Long Sleeve T-Shirt - \$23.50

Russell Athletic Dri-Power® Fleece Hoodie - \$39

Order by: February 20, 2024

Pick up: March 1, 2024, or March 2, 2024

A second order window will be open from March 1, 2024, to March 8, 2024, with items being shipped directly to a home address (shipping charges will apply).





SECTION 3

THE FANS CORNER

1. CITY GUIDE

A. ABOUT

City Guide: <https://visitguelphwellington.ca/>

B. RESTAURANTS & BARS

On campus:

- Brass Taps Pub (located in the University Centre)
- Craft Kitchen & Ale House (located in the Gryphon Centre Arena)

Off campus:

- Montana's BBQ & Bar - 201 Stone Rd W.
- Firehouse Subs - 202 Clair Rd E., Unit F2
- Domino's Pizza – 4 locations: 304 Stone Rd W., 23 Wellington St E., Unit 23, 585 Eramosa Rd, 206 Silvercreek Pkwy N.
- Frank & Steins Pub & Grub - 12 Wyndham Street South
- McDonald's - 372 Stone Rd W., 65 Gordon St., 243 Woodlawn Rd W.

2. TICKETING INFORMATION

Adult: \$20

Youth: \$10

Student: \$10

Can be purchased online at the link below or in person on the day of the event.

Tickets: <https://gryphonstickets.universitytickets.com/w/event.aspx?id=1796>

*Spectators are not permitted access to the floor or mat areas at any point during the competition.





3. ON-SITE FAN INFORMATION

A. ACCESS & PARKING

Event begins at 9:00 AM, doors will open at 8:30 AM.

***Please note:** Audience must enter through the Garney Henley Entrance on East Ring Road.

Parking is free on weekends; parking passes are not required.

Parking Map: [Parking Map and Directions | Campus Parking Services \(uoguelph.ca\)](#)

B. OTHER

<https://www.home.gryphons.ca/>





Medical Services Information 2024

USPORTS Wrestling Championship
University of Guelph

The following information will assist to clarify the medical and therapy services available during your stay at the University of Guelph for **the 2024 USPORTS Wrestling Championship**.

Contact information is listed below, and we look forward to hosting you and your team at the University of Guelph campus.

Dave Wright, Head Athletic Therapist at the University of Guelph, will act as the main contact for Athlete Services and Medical.

Competition Medical and Therapy Service:

A medical area will be available located in the SE corner of the Guelph Gryphons Athletic Centre (GGAC) adjacent to the mats. During Match Day, this area will be staffed by Athletic Therapists, Physiotherapists and a Sports Physician including such equipment as portable therapy tables, related supplies, portable AED, ice and a stationary bike.

Access to this space is dedicated for medical/therapy staff and competing student- athletes presenting injury only.

This area is NOT to be used as an athlete warm up nor coaching space.

Please do not remove any equipment from this area.

On-Site Services:

Our Therapy/Medical team as host will present and review the appropriate Emergency Action Plan (EAP) and injury protocols with all visiting therapy staff. Host Therapy/Medical Staff will be on-site for all competition matches on Saturday March 2, 2024.

Visiting teams are encouraged to utilize host Therapy/Medical personnel for assistance with return to play decisions who will make professional recommendations within their applicable scope of practice. The Athlete Services/Medical Contact will be on-site and available commencing March 1, 2024 for any questions or needs.

Any teams utilizing our facilities prior to March 1, 2024 may not have Therapy/Medical team assistance provided to them and will be responsible for their own implementation of Emergency Protocols. Please refer to the EAP as circulated for location, directions, and applicable phone numbers. Facility personnel can assist as necessary and as able.

Ice & bags are available at the GGAC equipment service desk located in the lobby just past the GGAC Customer Service desk.

If you do not have a dedicated medical representative or team Therapist travelling with your team to the 2024 USports Wrestling Championships, please notify the Athlete Services/Medical Contact at least 2 weeks prior to your arrival. The host Therapy/Medical Staff may act and provide injury care for your team as deemed necessary. Any associated fees will be forwarded to your Institution





regardless of whether medical services are utilized or not as per USPORTS National Championship Policy.

All tape and related supplies must be provided by the visiting teams, or a charge will apply. For any supply requests needed during your stay here, please contact the host Athlete Services/Medical contact. Emergency supplies will be in the competition venue to be used as the situation dictates.

Should Emergency transport to the Guelph General Hospital be required, please contact Campus Security immediately who will activate 911 and commence our on-campus Emergency protocol. The host committee will not be responsible for any charges associated with emergency transportation of visiting athletes, team staff or spectators.

For non-emergency transportation, the EAP will outline services to assist your athlete – these transportation costs will be the responsibility of the visitor requesting (visiting athlete or team member) and are payable at time of service provided.

University of Guelph staff, students and affiliates will **NOT** transport an injured athlete.

Emergency Equipment:

The Guelph Gryphons Athletic Centre (GGAC) has permanent wall mounted AED's available.

A portable AED will be kept with the host therapy/medical staff during the competition on March 2, 2024 located in the SE corner at our dedicated location. Emergency Medical Equipment will be available at the venue. A hardline phone is available at the GGAC Customer Service desk if there are issues with cell phone service/reception.

Ice & ice bags are available on-site. Water will be available in the GGAC during the competition however, no cups or water bottles will be supplied for use.

Please bring your own personal water bottles.

In case of emergency, the following will be available: crutches; splinting materials, blanket, oxygen, AED, spine board & accessories, wound care supplies. Host Therapy/Medical will outline the location of the equipment in the event of an emergency.

Any costs associated with destruction of any equipment due to vandalism or misuse will be billed to the visiting team Athletics Program.

Clinical Services:

Visiting athletes who require formal injury assessment or treatment from UofG Healthcare providers while attending USports Wrestling 2024, will require prior written notification from their respective Head Therapist issued directly to The Athlete Services/Medical Contact. Treatment times are by appointment only during the tournament and will be billed according to our current fees payable upon service delivery being provided with official receipts. Treatment may be provided by University of Guelph Athletic Therapists or Physiotherapists.

Location of clinic services and treatment will be determined by need and care





professional. University of Guelph student trainers will be assisting our Athletic Therapists and Physiotherapists with athlete care during competition on March 2, 2024.

Physician Services:

A Sports Medicine Physician will be on-site for the event competition of the USports Wrestling Championship on March 2, 2024 for all related student athlete medical care needs. There will NOT be a Physician on-site for any training or practice times.

Visiting athletes MUST provide valid provincial health care information prior to accessing Physician services. This does not include urgent or emergent injury care.

Medicals/Skin Checks:

Medical/Skin Checks will be completed in accordance with U SPORTS Medical Policy 6.1 and U SPORTS Wrestling Playing Regs 6.2. All participants MUST successfully complete a medical/skin check scheduled on March 1, 2024 at 4pm in the competition venue small gym of the GGAC.

The final decision on clearance for participation related to the pre-championship medical/skin checks will lie with the attending Sports Physician and/or trained Therapy/Medical staff.

Concussion Management:

Visiting student-athletes who may have sustained a concussion at the tournament must access the on-site Sports Physician to assess, diagnose and provide medical recommendations. Any student-athlete who has sustained a potential head injury MUST BE REMOVED from competition immediately until assessed by the on-site Sports Physician.

Visiting teams should contact any host Medical/Therapy staff to access a private/quiet area for concussion assessment and management. Visiting teams are strongly recommended to travel with a representative who has completed the Concussion Awareness Training Tool seminar that is recommended by USPORTS.

Injury Reporting:

Injury reports will be completed and stored under the regulations of the Ontario Health Information Act. A copy of the injury report will be made available to the participant should they request.

Hospital:

Guelph General Hospital
115 Delhi Street, Guelph, ON N1E 4J4 (Emergency Department for medical or dental emergencies)

Main Switchboard: (519) 822-5350

Emergency Dept: (519) 837-6420





Walk In Clinics and Pharmacies (local to campus):

Walmart Guelph by Jack Nathan Health
175 Stone Road West, Guelph, ON N1G 5L4
Phone: (519) 780-8585

Edinburgh Medical
492 Edinburgh Road South, Guelph, ON N1G 4Z1
Phone: (519) 265-6004

Arkell Walk-In Clinic and Pharmacy
403 Arkell Road, Unit 4, Guelph, ON N1L 1E5
Phone: (519) 822-5631
Pharmacy: (519) 822-7859

UC Pharmacy (on-campus University Centre)
50 Stone Road East, Guelph, ON N1G 2W1
Phone: (519) 763-7773

Important Phone Numbers:

Campus Safety Office:

EMERGENCY or activate EAP: (519) 840-5000 (ext. 52000)

NON-EMERGENCY needs: (519) 824-4120 (ext. 52245)

Athlete Services/Medical Contact:
Dave Wright, CAT(c) Head Athletic Therapist
Email: dwrigh11@uoguelph.ca
Cell Phone: (519) 830-8923

