







2024 Canadian U23 Wrestling Championships & World Team Trials (Senior non-Olympic Weights)

MAY 25-26, 2024 MNP Community & Sport Centre Calgary, AB

EVENT INFORMATION (as of March 25, 2024)		
ORGANIZING COMMITTEE	Canada Cup of Wrestling Society Mitch Ostberg & Jane Burns (Co-Chairs) Phone: 403-815-2629 Email: <u>mitchostberg@gmail.com</u>	
WRESTLING CANADA LUTTE (WCL)	Jolene Wong Phone: 613-748-5686 Email: <u>jwong@wrestling.ca</u>	
COMPETITION VENUE	MNP Community & Sport Centre 2225 Macleod Trail SE Calgary, AB. T2G 5B6 https://mnpcentre.com/	
NUMBER OF MATS	2 competition mats	
RULES	Competition rules will be conducted according to the most recent edition of the WCL Rulebook (<u>https://wrestling.ca/wp-content/uploads/2023/02/2023_Rulebook.pdf</u>) with a modified double elimination bracket system or Round Robin (if less than 6 athletes per weight class).	















UNIFORM POLICY	Athletes - please refer to the Uniform Policy for WCL Sanctioned Events: <u>https://wrestling.ca/wp-content/uploads/2022/12/Uniform-Policy_v2.pdf</u> .	
PRACTICE TIMES	The University of Calgary Wrestling Room (KNA13) will be available on Thursday evening and Friday. Training mats (2) will be available at the venue on Saturday. Contact: <u>canadacupofwrestling@gmail.com</u> to confirm practice times.	
MEDICAL & DOPING CONTROL	An event physician and athletic therapists will be in attendance on competition days (Saturday & Sunday). Athletes requiring preventative therapy will require their own supplies. Doping control will be in effect at the event. Please refer to <u>www.cces.ca</u> for information regarding the Canadian Anti-Doping Program. For questions regarding the anti-doping program, please contact Kale Whitton (<u>kwhitton@wrestling.ca</u>) or 613-748-5686.	
AGE & WEIGHT CATEGORIES	 U23: 19 to 23 years of age (born in 2001 to 2005). Athletes 18 years of age (born 2006) may compete in U23 competition, however parental authorization and a medical certificate are required if the athlete has not reached the age of 18 at the time of competition. WOMEN (WW): 50, 53, 55, 57, 59, 62, 65, 68, 72, 76 kg MEN'S FREESTYLE (FS): 57, 61, 65, 70, 74, 79, 86, 92, 97, 125 kg SENIOR: 20 + years of age (born in 2003 and older). Athletes from 18 years of age (born 2006 and older) may compete in Senior competition, however parental authorization and a medical certificate are required if the athlete has not reached the age of 18 at the time of competition. Athletes 40 years of age and above (born in 1984 and older) must provide a medical certificate. WOMEN (WW): 55, 59, 65, 72 kg MEN'S FREESTYLE (FS): 61, 70, 79, 92 kg 	
ELIGIBILITY REQUIREMENTS	All eligibility requirements must be met by the registration deadline.	















ELIGIBILITY REQUIREMENTS	 All individuals must be registered members in good standing with their Provincial / Territorial Sport Organization (PTSO), CAWO (officials), and WCL. Please check with your PTSO to determine if there are any additional PTSO eligibility or registration requirements. ATHLETES: Competition is open to all athletes who are eligible to represent Canada as governed by United World Wrestling (UWW) eligibility requirements: Canadian citizen (no previous international representation with another country) OR Canadian citizen or Permanent Resident with an approved Sport Nationality Transfer from UWW, effective 2024 COACHES: To receive a coach accreditation (eligible to coach during the event), coaches must have Competition Development certified status or higher by the final registration deadline. There will be a Coach Exemption Process in place. Please refer to Appendix A. Foreign coaches (not members of a PTSO and living / working outside of Canada) seeking accreditation must contact Anthony Bhagwandin (nccp@wrestling.ca) for information on coaching requirements. 	
PUBLIC HEALTH REGULATIONS & PROTOCOLS	All public health requirements in effect will be based on applicable health and safety measur required or recommended by the provincial and local public health authorities. Please note that the event health regulations & protocols are subject to change in order respond to any government or public health agency requirements, restrictions or approvals, any time. All accredited individuals, spectators and other participants will be expected to comp with such requirements at all times.	















As part of WCL's commitment to Safe Sport, all accredited individuals must complet to WCL informed consent regarding Abuse-Free Sport. New process is forthcommodiate to WCL informed consent regarding Abuse-Free Sport. New process is forthcommodiate to WCL informed consent regarding Abuse-Free Sport. New process is forthcommodiate to WCL approved a new Safe Sport Participant Fee Polyuly 1, 2023. SAFE SPORT The safe sport participant fee (\$160 CAD) is applicable to athletes, training partner and team leaders once annually per calendar year. For more information, please policy at the following link: https://wrestling.ca/wp-content/uploads/2018/02 Participant-Fee-Policy-June-2023.pdf. Please direct any questions to: info@wrestling.ca/wp-content/uploads/2018/02 To receive accreditation, individuals must complete Safe Sport Training & content/uploads/2021/09/Safe-Sport-Training-Screening-Requirements-June-2021. *NOTE: All training & screening must be in effect for the duration of the 2024 year.	
EVENT REGISTRATION	 Please note that all individuals seeking accreditation will need to complete or renew a WCL Participant License for 2024 before registering for this event. Event registration can be accessed at the following link for athletes, coaches, officials, team medical, team leaders, and event volunteers: <u>https://2mev.com/#!/events/2024-canadian-u23-wrestling-championships-and-world-team-trials-senior-non-olympic</u> *Registration does not imply that individuals are approved to participate and receive accreditation.
REGISTRATION U23 or SENIOR: DEADLINE & ENTRY \$150 (+ tax) - Women or Men's Freestyle (one event) U23 and SENIOR: \$230 (+ tax) - Women or Men's Freestyle (two events) SUPPORT STAFF: \$60 (+ tax) - coach, team medical, team leader	















	Late registrations will be accepted until May 10 th , 2024 at 16:59 EDT, subject to a late fee. After May 3 rd , 2024 (16:59 EDT), but prior to May 10 th , 2023 (16:59 EDT):	
	U23 or SENIOR: \$200 (+ tax) – Women or Men's Freestyle (one event)	
REGISTRATION DEADLINE & ENTRY	U23 and SENIOR: \$280 (+ tax) – Women or Men's Freestyle (two events)	
FEES	SUPPORT STAFF: \$110 (+ tax) – coach, team medical, team leader	
	No registrations will be accepted after May 10 th , 2024 at 16:59 EDT. This applies to all athletes and support staff and officials.	
SCRATCHES & INJURY WITHDRAWALS	 All scratches & injury withdrawals before May 10th, 2024 (16:59 EDT) will be fully refundable by WCL. All injury withdrawals after May 10th, 2024 (16:59 EDT) may be eligible for refund with the purchase of Interpodia's Refund Protect coverage through the registration process, provided all Interpodia's terms and conditions are met. Supporting medical documentation may be requested by Interpodia. All injury withdrawals after May 10th, 2024 (16:59 EDT) are not refundable if Interpodia's Refund Protect coverage through the registration process. All scratches after May 10th, 2024 (16:59 ET) are not refundable. 	
HOST HOTEL	HOST HOTEL Delta Hotels Calgary South 135 Southland Drive SE Calgary, AB. T2J 5X5 Phone: 403-278-5050 https://www.marriott.com/en-us/hotels/yycdc-delta-hotels-calgary-south/overview/ EL GROUP RATE DETAILS (Delta Standard Two Queens Room): Room rates of \$179 + tax per night (single / double / triple / quad occupancy) available until May 1, 2024. After May 1, 2024, room occupancy and rates are subject to availability. Rates include complimentary breakfast. Reservation link: https://www.marriott.com/events/start.mi?id=1711469109141&key=GRP	















HOST HOTEL	Individual Cancellation: Reservations may be cancelled for no charge before 11:59 PM local hotel time on May 21, 2024 (2 day[s] before arrival). Please note that Delta Hotels will assess a fee of \$179.00 CAD if you must cancel after this deadline.	
TRANSPORTATION	 Airport transfer between Calgary International Airport (YYC), as well as ground transportation between the host hotels and venue will be provided for Officials, dignitaries and WCL staff ONLY Arrival and departure information (airport, flight #, arrival and departure times, and delegation names) must be received by WCL by May 10th, 2024 to guarantee airport transfer by the HOC Transportation is NOT provided for team participants (athletes, coaches, team managers, team medical). YYC Flight Information: https://www.yyc.com/en-us/travellerinfo/flightinformation/flightschedule.aspx Ground Transportation: https://www.yyc.com/en-us/calgaryinternationalairport(yyc).aspx. The HOC has no responsibility or liability for these rentals. 	















SCHEDULE (subject to change)		
THURSDAY May 23 rd , 2024	All Day	Arrival of Teams
	17:00 – 20:00 University of Calgary Wrestling Room (KNA13)	Practice time (certified coaches must be in attendance) Contact: <u>canadacupofwrestling@gmail.com</u>
FRIDAY May 24 th , 2024	All Day	Arrival of Teams
	9:00 – 20:00 University of Calgary Wrestling Room (KNA13)	Practice time (certified coaches must be in attendance) Contact: <u>canadacupofwrestling@gmail.com</u>
	14:00 – 18:00 Delta Hotels Calgary South	Accreditation
	18:00 – 19:00 Delta Hotels Calgary South	Coaches' Technical Meeting: - Tournament information include field of play access and flow - Scratches and final weight class changes (U23s) - Draw
SATURDAY May 25 th , 2024	7:30 – 8:30 Delta Hotels Calgary South	MEDICALS & WEIGH-INS U23s (scratch weight)
	TBD	Practice time (certified coaches must be in attendance) Contact: <u>canadacupofwrestling@gmail.com</u>















SATURDAY May 25 th , 2024	10:00 – 16:00 MNP Centre	U23 QUALIFICATION SESSIONS LUNCH BREAK (noon to 13:00) 5-6 place matches 3-4 place matches
	16:00 – 16:45 MNP Centre	DINNER BREAK
	16:45 – 17:00 MNP Centre	U23 CEREMONIES March-in for finalists
	17:00 – 19:00 MNP Centre	U23 FINALS Gold medal matches (2 mats) Awards Ceremonies
	Following award ceremonies MNP Centre	U23 TRUE SECOND RANKING MATCHES
	Following U23 True Second Ranking Matches MNP Centre	Coaches' Technical Meeting: - Scratches and final weight class changes (Seniors) - Draw
SUNDAY May 26 th , 2024	7:30 – 8:30 Delta Hotels Calgary South	MEDICALS & WEIGH-INS Seniors (scratch weight)
	10:00 – 17:00 MNP Centre	SENIOR QUALIFICATION SESSIONS LUNCH BREAK (noon to 13:00) Wrestle to completion True Second Ranking Matches following completion of finals















SUNDAY May 26 th , 2024	All Day	Team Departures to airport
MONDAY May 27 th , 2024	All Day	Team Departures to airport















APPENDIX A – COACH EXEMPTION PROCESS

Please submit a request for a coach exemption via google form no later than May 10th, 2024 (late registration deadline). LINK: <u>https://8hgngy72pbm.typeform.com/to/Sj26p1tQ.</u>

All requests will be reviewed and considered on a case-by-case basis by WCL's Coach Education & Development Advisory Committee (CEDAC).

Please note that submitting a request does not imply that it will be approved.

COACH PRE-REQUISITES:

Competition Development

- MED Evaluation (within 4 years)
- Competition Introduction Certified Status
- Leading Drug-Free Sport (training AND online evaluation)
- Managing Conflict (training AND online evaluation)
- Coaching & Leading Effectively
- Psychology of Performance
- Prevention & Recovery
- Developing Athletic Abilities
- Manage a Sport Program















APPENDIX B - TRUE SECOND RANKING MATCHES (U23 & SENIOR)

- Round robin results stand (no true second ranking matches).
- The second ranked athlete in each weight class at the 2024 Canadian U23 Wrestling Championships and 2024 World Team Trials (Senior Non-Olympic Weights) will have a final ranking of 2nd place, unless s/he has not wrestled against the third ranked athlete during the Championships or Trials. In that case, a one match true second wrestle-off will be held between the second and third ranked athletes. The winner of the match will be ranked 2nd for team selection purposes.
- True second ranking matches will take place following the finals.
- True second ranking matches are a continuation of the Championships and Trials; if an athlete is injured, they forfeit.





