U SPORTS | WRESTLING CANADA LUTTE INVITATIONAL CHAMPIONSHIP

February 28 to March 1 | St. Catharines, ON

Bulletin #3

2025

SECTION 1:

GENERAL INFORMATION

1. ORGANIZING COMMITTEE

Address: Canada Games Park
2021 Canada Games Way
Thorold, ON
L2V 4Y6

Facility Website: canadagamespark.ca
Brock Website: gobadgers.ca

Position	Name	Email
Chief Executive Officer, Wrestling Canada Lutte	Tamara Medwidsky	tamara@wrestling.ca
Marketing & Communications, Wrestling Canada Lutte	Darren Matte	dmatte@wrestling.ca
Program Coordinator, Wrestling Canada Lutte	Jolene Wong	jwong@wrestling.ca
Associate Director, Performance Brock University | **Medical Services**	Steve Lidstone	slidstone@brocku.ca
Associate Director, Sports Brock University | **Assistant Convenor**	Courtney Smith	courtney.smith@brocku.ca
Manager, Events & Partnerships Brock University | **Host Convenor**	David Velasco	dvelasco@brocku.ca
Sports Information Coordinator Brock University | **Sports Info**	Theo Wan	twan@brocku.ca

GENERAL CONDUCT

Please note that the following U SPORTS policies will be in effect during the event:
13.1. Maltreatment in Sport (see U SPORTS policy 90.20A)
13.2. Harassment and Discrimination (see U SPORTS policy 90.20B)
13.3. Complaints, Discipline (see U SPORTS policy 90.30)
13.4. Appeal, ADR (see U SPORTS policy 90.40 to 90.50)
13.5. Code of ethics, code of conduct (see U SPORTS policy 90.60)

2. SCHEDULE OF EVENTS

WEDNESDAY, FEBRUARY 26, 2025		
10:00 - 16:00	Open Gym for Practice	Canada Games Park
20:00 - 22:00	Open Gym for Practice	Canada Games Park

THURSDAY, FEBRUARY 27, 2025		
7:00 - 14:00	Open Gym for Practice	Canada Games Park
14:00	Weigh-ins & Medicals	Holiday Inn & Suites St Catharines
15:00	Technical Meeting	Holiday Inn & Suites St Catharines
15:30	Coaches Meeting	Holiday Inn & Suites St Catharines

FRIDAY, FEBRUARY 28, 2025		
9:00 - 12:30	Morning Session	Canada Games Park
12:30 - 13:00	Lunch	Canada Games Park
13:00 - 17:30	Afternoon Session	Canada Games Park

SATURDAY, MARCH 1, 2025		
9:00	5 v 6 | 7 v 8 Matches	Canada Games Park
12:00	Bronze Medal Matches	Canada Games Park
15:00	Gold Medal Matches	Canada Games Park
18:00	Banquet & Awards	Holiday Inn & Suites St Catharines

** All times are (EST).*
*** Please contact David Velasco to book practice space (dvelasco@brocku.ca)*

SECTION 2:
PARTICIPANT INFORMATION

1. ANCILLARY SERVICES

CHAMPIONSHIP HOST HOTELS

USPORTS policy 20.40.3.4.1:
All participating teams and team personnel attending a U SPORTS Championship requiring accommodation must stay at the U SPORTS Championship designated host hotel(s).

Host Hotel: Holiday Inn & Suites St Catharines
Address: 327 Ontario St, St. Catharines, ON L2R 5L3
Room Type: Double Occupancy
Distance: 10 minutes
Group Sales: Kim Huot (kim.huot@honhotels.com | 905-704-5656 ext. 5614

Host Hotel: Best Western St Catharines Hotel
Address: 2 N Service Rd, St. Catharines, ON L2N 4G9
Room Type: Double Occupancy
Distance: 10 minutes
Group Sales: Kim Huot (kim.huot@honhotels.com | 905-704-5656 ext. 5614

** Participating teams are asked to contact the host hotel as soon as possible.*
*** Rooms will be released as of Sunday, February 16, 2025.*

CHAMPIONSHIP APPAREL SHOP

Apparel can be purchased in advance of the championship through the Wrestling Canada online store (link below):
Online Championship Apparel Shop:
https://wrestlingcanada.secure-decoration.com/page/u-sports-collection

TRANSPORTATION

Participants are **responsible for their own transportation** to and from the competition venue and host hotel. Parking is available at both Canada Games Park and the Holiday Inn & Suites, St. Catharines. Brock Sports recommends Attridge Coach Lines (Rosalie Shepherd | rshepherd@attridge.com | 905-333-4047) or Enterprise Car Rental.

Nearby airports include Buffalo (BUF) - 49.2 km; Billy Bishop; Toronto City (YTZ) - 52.8 km; Toronto (YYZ) - 64.1 km; and Hamilton Airport (YHM) - 68 km.

TEAM REGISTRATION AND ACCREDITATION

All Championship participants will be required to wear accreditation passes for access to the competition venue, sauna at the Walker Complex (Brock) and the awards ceremony.

A. TEAM ACCREDITATIONS

Accreditation will be provided to all participating athletes, coaches and team staff. Quantity will be based on the size of the program's traveling party. Please complete the **Team Information Form** to request your team's accreditation. All requests must be submitted by Feb 17.

Should you have any questions, please contact Courtney Smith (courtney.smith@brocku.ca) .

B. VIP ACCREDITATIONS

Each team will receive up to five VIP passes upon request. Please use the **Team Information Form** to request your program's VIP accreditation. All requests must be submitted by Feb 17. Should you have any questions or require more than 5 VIP passes, please contact Courtney Smith (courtney.smith@brocku.ca).

C. MEDIA ACCREDITATION

Requests for media accreditation must be submitted by Feb 17. Please request your media accreditations to Theo Wan at (twan@brocku.ca).

D. ACCREDITATION PICK UP

Accreditation will be available for pick at the technical meeting on Thursday, February 27 or at the accreditation table at Canada Games Park on Friday, February 28 and Saturday, March 1.

There is an athlete-only U SPORTS Championship souvenir/gift item available that will be provided to all participants.

MEDICAL INFORMATION

A **qualified physician** will be on-site with additional therapists on-call. An **Emergency Action Protocol** will be provided to each team upon arrival. For those traveling with athletic therapists, there will be a designated area at Canada Games Park to setup treatment tables and equipment. Further information regarding medical services will be provided at the technical meeting.

Note that up to and including the final gold medal matches, student-athletes must adhere to U SPORTS doping policy 90.10.

HOSPITALITY ROOMS

Location: Canada Games Park, 2nd floor
Rooms: TBD
Opening times: 8:30am to 5:00pm
Services: Refreshments, snacks and Lunch will be provided
Officials / Coaches / VIP

2. ANCILLARY EVENTS

WEIGH- INS & SKIN CHECK

Date: **February 27, 2025**
Time: **2:00pm**
Site: Holiday Inn & Suites St Catharines
Room: Concord Room
Attendance: Participating Student-Athletes, WCL, Host Lead Therapist

COACHES MEETING

Date: **February 27, 2025**
Time: **3:30pm**
Site: Holiday Inn & Suites St Catharines
Room: Montebello Room
Attendance: Head Coaches, Head Official, WCL, Host Convenor & Therapist, USPORTS Del.

CHAMPIONSHIP BANQUET & AWARDS CEREMONY

Date:	Saturday, March 1, 2025
Site:	Holiday Inn & Suites St Catharines
Cost:	$80.00 / person
Schedule:	18:00 Registration and cocktails
	18:30 Dinner Service
	19:30 Program
Dress Code:	Semi-Formal
R.S.V.P.	Monday, February 17, 2025
Banquet Tickets:	Submit **Team Information Form** to request your Banquet tickets

Please note that the All-Canadian Awards Ceremony will be a buffet-style meal. Attendees must reserve their ticket(s) through the ***Team Information Form*** by Monday, February 17 at 12:00pm (ET). This form will be the official and only way to confirm tickets and attendance to the banquet. Registration is REQUIRED to attend the banquet. Tickets are only available to athletes, staff and school delegations. Unfortunately, no public tickets are available.

3. TECHNICAL INFORMATION

CHAMPIONSHIP ROSTER

Weight Classes:
MEN - 57, 61, 65, 68, 72, 76, 82, 90, 100, and 100 to 125 kg
WOMEN - 50, 53, 56, 59, 62, 65, 68, 72, 76 and 76 to 83 kg

Teams: Each championship team can declare up to one (**1) wrestler per weight class** from their most recently submitted U SPORTS Eligibility Form. Wrestlers are not allowed to move up or down from the weight class submitted to U SPORTS from the Conference Championships, notwithstanding the substitution process (*see playing regulations*).

VENUE

Facility Website: canadagamespark.ca

In all preliminary rounds, four (4) official size mats will be used (12 x 12 m) with the appropriate markings clearly visible and offering sufficient "protection area" to guard against possible injury, as per WCL's Mat Regulation Policy. The Bronze and Gold medal matches will be conducted on two (2) official size mats with the order of weight classes left to the discretion of the Convener.
At Canada Games Park, competitors will have access to warm-up mats, spin bikes, locker rooms and a nutrition table. It is recommended to bring locks to safeguard your belongings in the locker rooms at the venue.

Teams are also invited to use Brock's fitness centre, locker rooms and saunas located in the Walker Sports Complex on campus (approx. 10-minute walk from CGP).

PARKING

Parking will be available at Canada Games Park at no cost during the competition. Overnight parking is not permitted.

Parking at Brock University is available at a cost to the vehicle's owner. Please use the Honk App for pay parking at any Brock's parking lots.

Canada Games Park	**Walker Sports Complex**
2021 Canada Games Wy	1812 Sir Isaac Brock Way
Thorold, ON L2V 4Y6	St. Catharines, ON L2S 3A1

CHAMPIONSHIP MAJOR AWARDS

All-Canadian and Major Awards will be awarded at the Championship Banquet on Saturday, March 1, while medal ceremonies will take place immediately following bronze and gold medal matches at Canada Games Park.

SECTION 3:
SPECTATOR INFORMATION

1. TICKETING INFORMATION

GENERAL ADMISSION

Adults	$15
Senior	$10
Students/Youth	$7

* Tickets are available via ***https://brocku.universitytickets.com/*** or can be purchased on-site at the entrance of Canada Games Park at the accreditation/tickets table.

2. ACCESS & PARKING

Event begins at 9:00am, doors will open at 8:30am

***Please note:** Fans, family and friends must enter the Canada Games building from the south parking lot and through the gymnasium southeast entrance.

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Parking at Brock University is available at a cost to the vehicle's owner. Please use the Honk App for pay parking at any Brock's parking lots. Brock Parking Services

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3. HOST REGION

NIAGARA

Niagara is a one-of-a-kind natural, recreational, historical, and cultural wonderland. It is situated between two of Canada's Great Lakes and is spanned by the Niagara Escarpment, an ideal landscape for a variety of beautiful waterfalls and unique ecosystems that are protected as a world biosphere reserve. Those beautiful waterfalls include the spectacular Niagara Falls, one of the world's natural wonders. More than 14 million people come to Niagara each year to explore, enjoy and experience its spectacular landscape, rich history, and many cultural and culinary experiences. Read more >

ST. CATHARINES

St. Catharines is the largest community in the Niagara region, home to 137,000 of the region's 450,000 residents. Known as "The Garden City" St. Catharines is surrounded by orchards and vineyards, the Niagara Escarpment and Lake Ontario. St. Catharines offers excellent dining, retail and entertainment options. The culinary scene is the best in Niagara with some of the area's top destination restaurants located right in the heart of the city's historic downtown. Read more >

Restaurant & Bars near Canada Games Park

NAME	LOCATION	DISTANCE FROM CGP	TYPE	COMMENT
Cat's Caboose	224 Glenridge Ave	3.5 kms	Restaurant/Bar	
Kelseys Roadhouse	221 Glendale Ave	4.4 kms	Restaurant	
Boston Pizza	221 Glendale Ave	4.4 kms	Restaurant/Bar	
OddBird	52 St. Paul St	5.4 kms	Restaurant	Downtown St. Catharines
Kully's Original	223 St. Paul St.	5.5 kms	Restaurant Sports Bar	Downtown St. Catharines