

WCL Comp-Dev Technical Analysis Tool - Action Model in Standing

1. Context

Match Context:

Video:	Style:	Tournament Level:
Scoring Wrestler:	Round:	Timeframe:
Scoring context:	Score before the sequence:	Red Blue
Other relevant information:		

2. Standing Technique Breakdown

Move's Name:

Role:

Points Scored:

2.1 Set-up Phase	Opportunity emerged as:	Set up interaction	Spontaneous Opponent's Mistake
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2.1.1 Opportunity Components (describe accordingly)

BODY upset:

HANDS upset:

2.1.2 Keys for Set up

Element (Scoring Wrestler)	Comments - Rationale	
Level in Stance		
Foot alignment (relative to the opponent)		
Contact		
Tactical Interaction		
SUMMARY OF KEY POINTS		

3. Standing Technique Review

2.2 Control Link Phase

What are the identified issues (see above)?

Element (Scoring Wrestler)	Comments	
Control Link Move		
Execution Hold		
SUMMARY OF KEY POINTS		

2.3 Scoring Phase

Element (Scoring Wrestler)	Comments	
Scoring Move (Transition)		
Ground Control		
SUMMARY OF KEY POINTS		