

WCL Comp-Dev Technical Analysis Tool - Gap Analysis

Athlete:

Performance Date:

1. Context

Match Context:

Video:	Style:	Tournament Level:
Wrestler we are coaching:	Round:	Timeframe:
Scoring context:	Score before the sequence:	Red Blue
Other relevant information (individual constraints, relevance of this match, known injuries, etc):		

2. Standing Technique Review

Move's Name:

Role:

Points Scored:

Set up Phase

Element (Scoring Wrestler)	Comments	Do we need to attend to this?
Level in stance		No Yes
Foot alignment (relative to the opponent)		No Yes
Contact		No Yes
Tactical Interaction		No Yes
Affordance Analysis (Green or Red cues during the Set up Phase that conditioned the success of the skill)		No Yes

Control Link Phase

Element (Scoring Wrestler)	Comments	Do we need to attend to this?
Control Link Move		No Yes
Execution Hold		No Yes

Scoring Phase

Element (Scoring Wrestler)	Comments	Do we need to attend to this?
Scoring Move (Transition)		No Yes
Ground Control		No Yes

3. Standing Technique Review

Based on the above notes, what are the identified issues? (number, improvement area, issue description)

How could we solve these issues? (Action Plan proposal)

Goal

Task (DM tool)

Assessment