



**U SPORTS | WRESTLING
CANADA LUTTE
INVITATIONAL
CHAMPIONSHIP**

February 27-28 | Thunder Bay, ON

Bulletin #2

**20
26**

SECTION 1: GENERAL INFORMATION

ORGANIZING COMMITTEE

Position	Name	Email
Chief Executive Officer, Wrestling Canada Lutte	Tamara Medwidsky	tamara@wrestling.ca
Marketing & Communications, Wrestling Canada Lutte	Darren Matte	dmatte@wrestling.ca
Program Coordinator, Wrestling Canada Lutte	Jolene Wong	jwong@wrestling.ca
Associate Director, Athletics Lakehead University Convenor	Jaimie Mintenko	jmintenk@lakeheadu.ca
Assistant Coach Lakehead University Asst. Convenor	Leah Ferguson	
Coordinator, Varsity Ops Lakehead University Sports Info	Megan Joseph-Seeley	
Head Coach Lakehead University Technical Lead	Jordan Ferguson	Jfergus6@lakeheadu.ca
LWC Board Member Lakehead Wrestling Sponsorship Lead	Rory Thompson	

GENERAL CONDUCT

Please note that the following U SPORTS policies will be in effect during the event:

- 13.1. Maltreatment in Sport (see U SPORTS policy 90.20A)
- 13.2. Harassment and Discrimination (see U SPORTS policy 90.20B)
- 13.3. Complaints, Discipline (see U SPORTS policy 90.30)
- 13.4. Appeal, ADR (see U SPORTS policy 90.40 to 90.50)
- 13.5. Code of ethics, code of conduct (see U SPORTS policy 90.60)

EVENT SCHEDULE

WEDNESDAY, FEBRUARY 25, 2026

10:00 - 16:00	OPEN GYM – Lakehead Athletics, Hangar
20:00 - 22:00	OPEN GYM – Lakehead Athletics, Hangar

THURSDAY, FEBRUARY 26, 2026

7:00 - 14:00	OPEN GYM – Lakehead Athletics, Hangar
14:00	Weigh-ins & Medicals
15:00	Technical Meeting
15:30	Coaches Meeting

FRIDAY, FEBRUARY 27, 2026

9:00 - 12:30	Morning Session
12:30 - 13:00	Lunch
13:00 - 17:30	Afternoon Session

SATURDAY, FEBRUARY 28, 2026

9:00	5 v 6 7 v 8 9 v 10 Matches
12:00	Bronze Medal Matches
15:00	Gold Medal Matches
18:00	Banquet & Awards

* All times are (EST).

SECTION 2:

PARTICIPANT INFORMATION

1. ANCILLARY SERVICES

CHAMPIONSHIP HOST HOTEL

USPORTS policy 20.40.3.4.1:

All participating teams and team personnel attending a U SPORTS Championship requiring accommodation must stay at the U SPORTS Championship designated host hotel(s).

Host Hotel: The Superior Inn Hotel & Conference Center
Address: 555 W. Arthur St. Thunder Bay, ON. P7E 5R5
Room Type: Double Occupancy
Code: "260225"
Distance: 10 minutes
Group Sales: Dhairya Shah (dhairya.shah@superiorinnhotel.com) | 807-577-8481ext. 383

* Participating teams are asked to contact the host hotel as soon as possible.

** Rooms will be released as of January 10, 2026.

Airport Shuttle

The host hotel provides a shuttle from the airport to the hotel. The shuttle runs on demand from 3AM to 12AM on weekdays and 8AM to 12AM on weekends. Once the guest is at the airport, please call the hotel and a shuttle will be sent right away. Phone: (807) 577-8481

OVERFLOW HOTEL: The Comfort Inn

Address: 660 W. Arthur St. Thunder Bay, ON. P7E 5R8
Room Type: Double Occupancy
Link: <http://www.choicehotels.com/CN307?srp=LLWRES>
Distance: 10 minutes
Phone: (807) 475-3155

TRANSPORTATION

Participants are **responsible for their own transportation** to and from the competition venue and host hotel.

Nearby airports include Thunder Bay (YQT) – 7.7 km

2. ANCILLARY EVENTS

WEIGH- INS & SKIN CHECK

Date: February 26, 2026

Time: 2:00pm

Site: The Superior Inn, Thunder Bay

Attendance: Participating Student-Athletes, WCL, Host Lead Therapist

COACHES MEETING

Date: February 26, 2026

Time: 3:30pm

Site: The Superior Inn, Thunder Bay

Attendance: Head Coaches, Head Official, WCL, Host Convenor & Therapist, USPORTS Del.

3. TECHNICAL INFORMATION

CHAMPIONSHIP ROSTER

Weight Classes:

MEN - 57, 61, 65, 68, 72, 76, 82, 90, 100, and 100 to 125 kg

WOMEN - 50, 53, 56, 59, 62, 65, 68, 72, 76 and 76 to 83 kg

Teams: Each championship team can declare up to one **(1) wrestler per weight class** from their most recently submitted U SPORTS Eligibility Form. Wrestlers are not allowed to move up or down from the weight class submitted to U SPORTS from the Conference Championships, notwithstanding the substitution process (*see playing regulations*).

CHAMPIONSHIP MAJOR AWARDS

All-Canadian and Major Awards will be awarded at the Championship Banquet on Saturday, February 28, while medal ceremonies will take place immediately following bronze and gold medal matches.

4. BANQUET

BANQUET INFORMATION

Where: The Superior Inn & Conference Center

Cost: \$90 per person

Link to register: https://docs.google.com/forms/d/e/1FAIpQLSdVk8fwVoqL_tKP-4aUzMv793DWAXaEwt069EwtbxXJxoLIWA/viewform

Dress Code: Semi Formal

RSVP: Friday, February 20, 2026

Schedule:

18:00 Check in & Cocktails

18:30 Dinner Service

19:30 Program

Extra Availability: We do have extra room in the banquet hall to accommodate families, alumni or, etc.

* Please get in touch with ms.leah.ferguson@gmail.com for information on purchase.

5. TEAM REGISTRATION & ACCREDITATION

All Championship participants will be required to wear accreditation passes for access to the competition venue, sauna at the Wolf Den (Lakehead) and the awards ceremony.

A. TEAM ACCREDITATIONS

Accreditation will be provided to all participating athletes, coaches and team staff. Quantity will be based on the size of the program's traveling party. Please complete the [Team Information Form](#) to request your team's accreditation.

All requests must be submitted by February 20th.

Should you have any questions, please contact Leah Ferguson (ms.leah.ferguson@gmail.com).

B. ACCREDITATIONS PICK UP

Accreditation will be available for pick up at the technical meeting on Thursday, February 26.

6. FIELD OF PLAY & ATHLETE ZONE

Due to the size of the gymnasium and bleacher space, an Athlete Zone will be in place for the duration of the tournament. **Athletes' personal bags and team equipment must be stored in the designated Athlete Zone located near the warm-up mats and coaches' room.** Storage of bags in the bleachers will not be permitted in order to maintain safe and accessible spectator seating.

The Field of Play will be monitored by event volunteers to ensure a safe and efficient competition environment. Access to the competition floor is limited to:

- Athletes who are within two matches of competing
- Coaches supporting athletes who are within two matches of competing
- Approved medical personnel and event staff

All other athletes, coaches, and team members are expected to remain in the Athlete Zone or spectator areas until they are called forward. These expectations are in place to support athlete safety, provide adequate space for coaches and medical teams, and ensure the smooth operation of the competition.

We appreciate everyone's cooperation in maintaining a respectful and organized competition environment.

7. INDIGENOUS CULTURAL CELEBRATION NIGHT

We are excited to partner with the Achievement Program to bring the Indigenous Cultural Celebration Night to the opening Ceremonies of the USPORT WCL Final matches.

If you want to be able to celebrate with us, order a shirt [here](#).

Your Indigenous Cultural Celebration Night shirt commemorates Wrestling Nationals 2026, and supports BIPOC (Black, Indigenous, People of Colour) Athletic Scholarship Awards.

This shirt was created by Indigenous artist Kayla Esquega from Gull Bay First Nation.



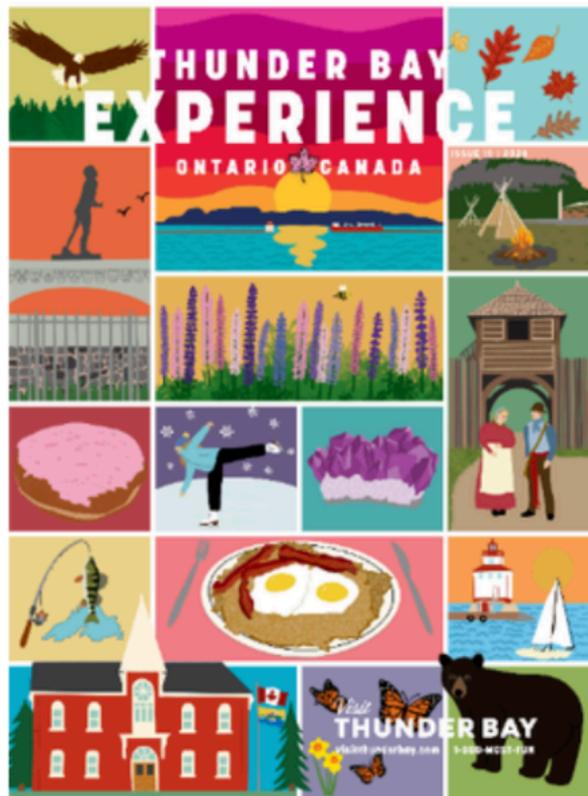
SECTION 3: KNOW BEFORE YOU GO

1. THUNDER BAY GUIDE THUNDER BAY EXPERIENCE GUIDE

For all things Thunder Bay, take the time to view our most requested guide!

This featured-packed annual magazine is complete with engaging and entertaining articles, beautiful photography capturing the allure of Thunder Bay and its surrounding region. Read about fresh travel ideas and take advantage of the useful maps that will help you navigate throughout our beautiful city!

[View our guide online!](#)



2. FITNESS CENTERS

1. [Lakehead University Wolf Den](#) | 955 Sanders Drive

Part of Lakehead University's Athletic Centre, the Wolf Den features a large gymnasium, weight and cardio spaces, and access to broader athletic facilities including track, pool, sport fields and 2 **saunas** in gendered change rooms.

2. [Movati](#) | 1185 West Arthur

A premium gym offering extensive strength and cardio equipment, group fitness classes, personal training, a pool, hot tub, 2 saunas in gendered change rooms, women's-only area and café – great for all fitness levels.

3. [Canada Games Complex](#) | 420 Winnipeg Ave

A city recreation complex with **2 co-ed saunas** on the pool deck **MUST WEAR SWIM ATTIRE** (no bags or regular clothes), cardio machines, track, hot tub and pools.

3. TRANSPORTATION

1. Taxi & Ridesharing

For local ridesharing, download the [URIDE](#) app. Taxi companies like [Roach's Taxi](#) and [Diamond-Lacey's](#) also provide reliable point-to-point service.

2. Thunder Bay Public Transit

Affordable, accessible buses run throughout the city; handy for getting around urban areas and to/from the airport via Line 14 (~25 min, ~\$3 CAD).

4. RESTAURANTS

[5 Forks Restaurant](#) | 1072 Oliver Rd

A local favourite for relaxed yet elevated dining located conveniently by Lakehead University. Enjoy modern twists on classic dishes like burgers, steak, and flatbreads.

[Norteños Taqueria](#) | 698 Arthur St

Popular spot for fresh, authentic homemade tacos, quesadillas, taquitos and more. Known for vibrant flavours and a fun atmosphere, it's located down the street from the host hotel, the Superior Inn.

[Dawson Trail Craft Brewery & Station 22](#) | 1181 Gold Links Rd

Local brewery located just outside Lakehead University. Its partner restaurant Station 22 serves everything from golden crust pizza to gourmet hot dogs.

[Tomlin Subdivision & Lakehead Beer Company](#) | 28 Cumberland St

A laid-back brewery experience featuring Lakehead Beer Company's craft beers paired with Subdivision's elevated pub-style food including its Detroit style pizza. A great spot to unwind and sample local flavour.

5. ATTRACTIONS

Marina Park & Prince Arthur's Landing

Scenic waterfront area with walking paths, public art, playgrounds, and access to shops and eateries – perfect for relaxing by Lake Superior. While you're there, pop into the [Station Market](#) for local crafts and souvenirs. [Bright Restaurant](#) and the [Anchor & Ore](#) (located in the Delta) serve up delicious lunch and dinner options.

The Persian

A visit to Thunder Bay would not be complete without trying a Persian – a donut cinnamon hybrid with delicious pink icing. There are many local bakeries that make their version of the Persian (locals will argue over which is best – we advise trying them all) but the original is found at [The Persian Man Bake Shop](#).

[Goods & Co. Market](#) | 251 Red River Rd

A vibrant marketplace featuring over 25 local food vendors, artisans, cafés, and retail shops – perfect for gifts or casual dining.

[Terry Fox Memorial & Lookout](#)

This iconic lookout honors Canadian hero Terry Fox and offers sweeping views of Lake Superior and Sleeping Giant. It also is the location of Thunder Bay's Visitor Centre.