



# 2026 Canadian U23 Wrestling Championships & Senior Non-Olympic Weight Class Trials

June 26-27, 2026  
Canada Games Park  
Thorold, ON

## EVENT INFORMATION (as of May 22, 2026)

<b>ORGANIZING COMMITTEE</b>	Brock Wrestling Club Dave Collie Phone: 905-931-9075 Email: <a href="mailto:dcollie@brocku.ca">dcollie@brocku.ca</a>
<b>WRESTLING CANADA LUTTE (WCL)</b>	Jolene Wong Phone: 613-748-5686 Email: <a href="mailto:jwong@wrestling.ca">jwong@wrestling.ca</a>
<b>EVENT OBJECTIVE</b>	<p>The Championships are held annually to determine the Canadian Champion and ranking of the top 3 wrestlers in each weight category for the UWW U23 age group for Women’s Wrestling (WW) and Men’s Freestyle (FS). Ranking will be used to determine Canada’s representatives for the U23 World Championships.</p> <p>The Trials are held annually to determine the ranking of the top 3 wrestlers in each non-Olympic weight category for the Senior age group for Women’s Freestyle (WW) and Men’s Freestyle (FS). Ranking will be used to determine Canada’s representative for the Senior World Championships.</p> <p>This level of competition aligns with the “Train to Compete” and “Train to Win” stages of WCL’s Long-Term Development framework.</p>
<b>COMPETITION VENUE</b>	<b>CANADA GAMES PARK</b> 2021 Canada Games Way Thorold, ON. L2V 4Y6 <a href="https://www.canadagamespark.ca/">https://www.canadagamespark.ca/</a>



<b>NUMBER OF MATS</b>	2 competition mats
<b>RULES</b>	<p>Competition rules will be conducted according to the most recent edition of the <a href="#">WCL Rulebook</a> with a modified double elimination bracket system or Round Robin (if less than 6 athletes per weight class).</p> <p>*Only clear water bottles will be permitted by athletes in the corner during competition.</p>
<b>UNIFORM POLICY</b>	Athletes - please refer to the <a href="#">Uniform Policy for WCL Sanctioned Events</a> .
<b>PRACTICE TIMES</b>	<p>Training mats will be available at Canada Games Park on June 24<sup>th</sup> and 25<sup>th</sup> from 7:00 AM to 10:00 PM. Training mats (2) will be available at the venue on Saturday.</p> <p>Contact: <a href="mailto:dcolle@brocku.ca">dcolle@brocku.ca</a> to confirm and book practice times.</p>
<b>MEDICAL &amp; DOPING CONTROL</b>	<p>An event physician and athletic therapists will be in attendance on competition days (Friday &amp; Saturday). Athletes requiring preventative therapy will require their own supplies.</p> <p>Doping control will be in effect at the event. Please refer to <a href="https://sportintegrity.ca/">https://sportintegrity.ca/</a> for information regarding the Canadian Anti-Doping Program. For questions regarding the anti-doping program, please contact Kale Whitton (<a href="mailto:kwhitton@wrestling.ca">kwhitton@wrestling.ca</a>) or 613-748-5686.</p>
<b>AGE &amp; WEIGHT CATEGORIES</b>	<p><b>U23:</b> 19 to 23 years of age (born in 2003 to 2007).</p> <p>Athletes 18 years of age (born 2008) may compete in U23 competition, however parental authorization and a medical certificate are required if the athlete has not reached the age of 18 at the time of competition.</p> <p>WOMEN (WW): 50, 53, 55, 57, 59, 62, 65, 68, 72, 76 kg          MEN'S FREESTYLE (FS): 57, 61, 65, 70, 74, 79, 86, 92, 97, 125 kg</p> <p><b>SENIOR:</b> 20 + years of age (born in 2005 and older).</p> <p>Athletes from 18 years of age (born 2008 and older) may compete in Senior competition, however parental authorization and a medical certificate are required if the athlete has not reached the age of 18 at the time of competition. Athletes 40 years of age and above (born in 1986 and older) must provide a medical certificate.</p>



	<p>WOMEN (WW): 55, 59, 65, 72 kg          MEN'S FREESTYLE (FS): 61, 70, 79, 92 kg</p>
<p><b>ELIGIBILITY REQUIREMENTS</b></p>	<p>All eligibility requirements must be met by the registration deadline.</p> <p>All participants must be in good standing with and hold a valid (current) WCL licence. 2026 WCL Licence purchase or renewal: <a href="https://2mev.com/#!/memberships/wrestling-canada-lutte-2026">https://2mev.com/#!/memberships/wrestling-canada-lutte-2026</a>.</p> <p>All participants must be registered members of and in good standing with their PTSO. Please check with your PTSO to determine if there are any additional registration requirements (i.e. PTSO fees).</p> <p><b>ATHLETES (Women &amp; Men's Freestyle):</b>          Competition is open to all athletes who are eligible to represent Canada as governed by United World Wrestling (UWW) eligibility requirements:</p> <ul style="list-style-type: none"> <li>▪ Canadian citizen (no previous international representation with another country) OR</li> <li>▪ Permanent Resident with an approved Sport Nationality Transfer from UWW, effective 2024 OR</li> <li>▪ Canadian citizen with an approved Sport Nationality Transfer from UWW, effective 2026 (previous national or international representation with another country)</li> </ul> <p><b>COACHES:</b>          To receive a coach accreditation (eligible to coach during the event), coaches must have Competition Development certified status or higher by the final registration deadline.</p> <p>There will be a Coach Exemption Process in place. Please refer to Appendix A.</p> <p>Foreign coaches (not members of a PTSO and living / working outside of Canada) seeking accreditation must contact Anthony Bhagwandin (<a href="mailto:nccp@wrestling.ca">nccp@wrestling.ca</a>) for information on coaching requirements.</p> <p><b>OFFICIALS:</b>          Officials must also be registered members in good standing with CAWO.</p> <p><b>TEAM LEADERS:</b>          Please note that team leaders do not have access to the field of play (in the corner).</p>
<p><b>PUBLIC HEALTH REGULATIONS &amp; PROTOCOLS</b></p>	<p>All public health requirements in effect will be based on applicable health and safety measures required or recommended by the provincial and local public health authorities.</p>



<p><b>PUBLIC HEALTH REGULATIONS &amp; PROTOCOLS</b></p>	<p>Please note that the event health regulations &amp; protocols are subject to change in order to respond to any government or public health agency requirements, restrictions or approvals, at any time. All accredited individuals, spectators and other participants will be expected to comply with such requirements at all times.</p>
<p><b>SAFE SPORT REQUIREMENTS</b></p>	<p>All participants must complete <a href="#">Safety in Sport Training, Screening &amp; Consent Requirements</a> as required. Please note that this may include completing informed consent regarding the Canadian Safe Sport Program (CSSP) for CSSP designated participants. <b>NOTE: All training, screening &amp; consent must be valid for the duration of the 2026 calendar year.</b></p> <p>WCL’s Safe Sport Participant fee (\$50 CAD) which supports WCL’s various safety in sport policies, systems and processes, is applicable to athletes, training partners, coaches, and team leaders once annually per calendar year, and is included in the WCL Licence purchase. For more information, please refer to the <a href="#">Safe Sport Participant Fee Policy</a>. Please direct any questions to: <a href="mailto:info@wrestling.ca">info@wrestling.ca</a>.</p>
<p><b>EVENT REGISTRATION</b></p>	<p><b>ALL PARTICIPANTS MUST COMPLETE AN EVENT REGISTRATION FOR THIS EVENT.</b></p> <p>Event registration, which requires a valid WCL Licence, can be accessed at the following link for athletes, coaches, officials, team medical, team leaders, and event volunteers: <a href="https://2mev.com/#!/events/2026-canadian-u23-wrestling-championships-senior-non-olympic-weight-class-trials">https://2mev.com/#!/events/2026-canadian-u23-wrestling-championships-senior-non-olympic-weight-class-trials</a>. If you have completed an event registration correctly, you will receive a confirmation email – please check your spam folders.</p> <p>*NOTE: Registration does not imply that individuals are approved to participate and receive accreditation.</p> <p>**Event registrations are NOT transferable to other participants or other events.</p>
<p><b>REGISTRATION DEADLINE &amp; ENTRY FEES</b></p>	<p>The <b>EARLYBIRD</b> registration deadline is May 29<sup>th</sup>, 2026 at 16:59 ET. <b>SAVE \$50</b> by registering prior to May 29<sup>th</sup>, 2026 at 16:59 ET!</p> <p><b>U23 / SENIOR:</b> \$150 (+ tax) – Women or Men’s Freestyle (one event)</p> <p><b>SUPPORT STAFF:</b> \$0.00 (+ tax) – coach, team medical, team leader (no meals will be provided for support staff)</p> <p><b>OFFICIALS:</b> \$0.00</p>



<p><b>REGISTRATION DEADLINE &amp; ENTRY FEES</b></p>	<p><b>STANDARD registrations will be accepted until June 5<sup>th</sup>, 2026 at 16:59 ET. After May 29<sup>th</sup>, 2026 (16:59 ET), but prior to June 5<sup>th</sup>, 2026 (16:59 ET), standard registration prices will be in affect:</b></p> <p><b>U23 / SENIOR:</b> \$200 (+ tax) – Women or Men’s Freestyle (one event)</p> <p><b>SUPPORT STAFF:</b> \$0.00 (+ tax) – coach, team medical, team leader (no meals will be provided for support staff)</p> <p><b>OFFICIALS:</b> \$0.00</p> <p><b>LAST CHANCE registrations will be accepted until June 12<sup>th</sup>, 2026 at 16:59 ET. After June 5<sup>th</sup>, 2026 (16:59 ET), but prior to June 12<sup>th</sup>, 2026 (16:59 ET):</b></p> <p><b>U23 / SENIOR:</b> \$350 (+ tax) – Women or Men’s Freestyle (one event)</p> <p><b>SUPPORT STAFF:</b> \$150 (+ tax) – coach, team medical, team leader (no meals will be provided)</p> <p><b>OFFICIALS:</b> \$0.00</p> <p><b>No registrations will be accepted after June 12<sup>th</sup>, 2026 at 16:59 ET. This applies to all athletes and support staff and officials.</b></p> <p>*NOTE: Provisional entry lists indicating completed registrations will be posted online. It is the responsibility of each participant to review the provisional entry lists to ensure an event registration has been completed.</p>
<p><b>SCRATCHES &amp; INJURY WITHDRAWALS</b></p>	<ul style="list-style-type: none"> <li>▪ All scratches &amp; injury withdrawals before June 12<sup>th</sup>, 2026 (16:59 ET) will be fully refundable by WCL.</li> <li>▪ All injury withdrawals after June 12<sup>th</sup>, 2026 (16:59 ET) may be eligible for refund with the purchase of Uplifter’s Refund Protect coverage through the registration process, provided all Uplifter’s terms and conditions are met. Supporting medical documentation may be requested by Uplifter.</li> <li>▪ All injury withdrawals after June 12<sup>th</sup>, 2026 (16:59 ET) are <b>not refundable</b> if Uplifter’s Refund Protect coverage was not purchased through the registration process.</li> <li>▪ All scratches after June 12<sup>th</sup>, 2026 (16:59 ET) are <b>not refundable</b>.</li> </ul>



<p><b>HOST HOTEL</b></p>	<p><b>Four Points by Sheraton St Catharine's Niagara Suites</b>          3530 Schmon Pkwy          Thorold, ON. L2V 4Y6          Phone: 905-984-8484  <a href="https://www.marriott.com/en-us/hotels/iagfp-four-points-st-catharines-niagara-suites/overview/">https://www.marriott.com/en-us/hotels/iagfp-four-points-st-catharines-niagara-suites/overview/</a></p> <p><b>GROUP RATE DETAILS (Standard Room):</b>          Standard room rates of \$249 + tax per night, available until May 26, 2026.</p> <p>After the deadlines above, room occupancy and rates are subject to availability. Rates do not include complimentary breakfast.</p> <p><b>RESERVATION LINK:</b>  <a href="https://www.marriott.com/event-reservations/reservation-link.mi?id=1764347382515&amp;key=GRP&amp;app=resvlink&amp;branch_match_id=1151200995567634278&amp;branch_referrer=H4sIAAAAAAAAAA8soKSkottLXTywo0MtNLCrKzC8p0UvOz9UvSi3OyczLtgdk2ALZZSCOWmaKraG5mYmxibmxhZGpoaladmqlrXtQgFpdUWpaKIB3Xnp8UIF%2BeXFgka1zRIF%2BbioAtRzwkGAAAAA%3D&amp;inventoryMissing=true">https://www.marriott.com/event-reservations/reservation-link.mi?id=1764347382515&amp;key=GRP&amp;app=resvlink&amp;branch_match_id=1151200995567634278&amp;branch_referrer=H4sIAAAAAAAAAA8soKSkottLXTywo0MtNLCrKzC8p0UvOz9UvSi3OyczLtgdk2ALZZSCOWmaKraG5mYmxibmxhZGpoaladmqlrXtQgFpdUWpaKIB3Xnp8UIF%2BeXFgka1zRIF%2BbioAtRzwkGAAAAA%3D&amp;inventoryMissing=true</a></p> <p><b>CANCELLATION POLICY</b>          Cancellations can be made with no charge up to 14 days prior to arrival, 50% charge if cancellation occurs 7-13 days prior to arrival and 100% charge for anything cancelled within one week of arrival.</p>
<p><b>TRANSPORTATION</b></p>	<p>Airport transfer between Toronto Pearson International Airport (YYZ), as well as ground transportation between the host hotels and venue will be provided for Officials, dignitaries and WCL staff ONLY. Arrival and departure information must be received by WCL by June 12<sup>th</sup>, 2026 to guarantee airport transfer by the HOC. Transportation is NOT provided for team participants (athletes, coaches, team managers, team medical).</p> <ul style="list-style-type: none"> <li>▪ <a href="#">YYZ Flight Information</a></li> <li>▪ <a href="#">Getting to and from YYZ</a></li> </ul>



**SCHEDULE**  
(subject to change)

<b>THURSDAY</b> June 25 <sup>th</sup> , 2026	All Day	Arrival of Teams
	7:00 – 22:00 Canada Games Park	Practice time (certified coaches must be in attendance) Contact: <a href="mailto:dcollie@brocku.ca">dcollie@brocku.ca</a>
	16:00 – 18:00 Canada Games Park	Accreditation
	18:00 – 19:00 Canada Games Park	Coaches' Technical Meeting: <ul style="list-style-type: none"> <li>- Tournament information include field of play access and flow</li> <li>- Scratches and final weight class changes (U23s)</li> <li>- Draw</li> </ul>
<b>FRIDAY</b> June 26 <sup>th</sup> , 2026	7:30 – 8:00 Host Hotel	<b>MEDICALS &amp; WEIGH-INS</b> <b>U23s (no weight tolerance)</b> - Athletes that fail to make weight at weigh-ins will be withdrawn from the event.
	7:00 – 22:00 Canada Games Park	Practice time (certified coaches must be in attendance) Contact: <a href="mailto:dcollie@brocku.ca">dcollie@brocku.ca</a>
	10:00 – 16:00 Canada Games Park	<b>U23 QUALIFICATION SESSIONS</b> LUNCH BREAK (noon to 13:00) 5-6 place matches 3-4 place matches
	16:00 – 16:45 Canada Games Park	DINNER BREAK



<b>FRIDAY</b> June 26 <sup>th</sup> , 2026	16:45 – 17:00 Canada Games Park	U23 CEREMONIES March-in for finalists Hall of Fame Ceremony
	17:00 – 19:00 Canada Games Park	U23 FINALS Gold medal matches (2 mats) Awards Ceremonies
	Following award ceremonies Canada Games Park	U23 TRUE SECOND RANKING MATCHES
	Following U23 True Second Ranking Matches Canada Games Park	Coaches' Technical Meeting: <ul style="list-style-type: none"> <li>- Scratches and final weight class changes (Senior WW + FS)</li> <li>- Draw</li> </ul>
<b>SATURDAY</b> June 27 <sup>th</sup> , 2026	7:30 – 8:00 Host Hotel	MEDICALS & WEIGH-INS <b>Seniors (no weight tolerance)</b> - Athletes that fail to make weight at weigh-ins will be withdrawn from the event.
	10:00 – 13:00 Canada Games Park	SENIOR SESSION LUNCH BREAK (noon to 13:00) Wrestle to completion True Second Ranking Matches following completion of finals
	All Day	Team Departures to airport
<b>SUNDAY</b> June 28 <sup>th</sup> , 2026	All Day	Team Departures to airport



## APPENDIX A – COACH EXEMPTION PROCESS

Please submit a request for a coach exemption via Google form no later than June 12<sup>th</sup>, 2026 (last chance registration deadline): <https://8hgngy72pbm.typeform.com/to/Sj26p1tQ>

All requests will be reviewed and considered on a case-by-case basis by WCL's Coach Education & Development Advisory Committee (CEDAC).

Please note that submitting a request does not imply that it will be approved.

### COACH PRE-REQUISITES:

All coach pre-requisites and requirements for Competition Development can be found here: [https://docs.google.com/spreadsheets/d/1mEabs5jtw0b0r\\_8Pn3veuy7VL1k98C-LglboAcuZ\\_Y/edit?usp=sharing](https://docs.google.com/spreadsheets/d/1mEabs5jtw0b0r_8Pn3veuy7VL1k98C-LglboAcuZ_Y/edit?usp=sharing)



## APPENDIX B – SEEDING CRITERIA

### U23 SEEDING CRITERIA

The High Performance Director (HPD) will perform the seeding for the U23 Canadian Wrestling Championships and present the seeding nominations to the coaches on a weight class by weight class basis according to the seeding criteria outlined below. Coaches will have an opportunity to identify any athletes(s) who meet the seeding criteria that may have been omitted.

Seeds are assigned 1 through 4 on a position-by-position basis.

- Minimum of two (2), a maximum of four (4) seeds per weight class
- Coaches cannot withdraw their athletes from seeding
- Criteria are weight class specific (unless otherwise noted)
- Criteria rankings include placement following the completion of any wrestle-offs and true second matches

Ranking criteria:

1. Current (2026) Senior Canadian Champion
2. Returning U23 Canadian Champion
3. Returning U23 Canadian Champion (different weight class)
  - a) If there are two (2) such winners, the highest seed shall be awarded to the winner of the most recent bout between the two (2) athletes at point in the last rolling 12 months. If the athletes have not met, performance criteria will be used to determine which of the two athletes will be given the higher seed.
4. Returning second (2<sup>nd</sup>) place U23 Canadian Championships ranked athlete
5. Returning second (2<sup>nd</sup>) place U23 Canadian Championships ranked athlete (different weight class)

If athletes are still tied after the above criteria, the following will be used to break the tie:

- Head-to-head matches from the 2025 U23 Canadian Championships and/or most recent Domestic Carding Tournament(s)
- Higher International Performance Index (from the past rolling 12 months)
- A random draw will occur



## SENIOR NON-OLYMPIC SEEDING CRITERIA

The High Performance Director (HPD) will perform the seeding for the Senior Non-Olympic Weight Class Team Trials and present the seeding nominations to the coaches on a weight class by weight class basis according to the seeding criteria outlined below. Coaches will have an opportunity to identify any athletes(s) who meet the seeding criteria that may have been omitted.

Seeds are assigned 1 through 4 on a position-by-position basis.

- Minimum of two (2), a maximum of four (4) seeds per weight class
- Coaches cannot withdraw their athletes from seeding
- Criteria are weight class specific (unless otherwise noted)
- Criteria rankings include placement following the completion of any wrestle-offs and true second matches

Ranking criteria:

1. Returning Senior Canadian Trials winner
2. 2026 Senior Canadian Champion in an Olympic weight class (within one weight class)
3. 2026 second (2<sup>nd</sup>) place Senior Canadian Championships ranked athlete in an Olympic weight class (within one weight class)
4. 2026 Senior Canadian Champion (non-Olympic weight class specific)

If athletes are still tied after the above criteria, the following will be used to break the tie:

- Most recent head-to-head matches (no earlier than the 2025 SFU tournament)
- Higher International Performance Index (from 2026)
- A random draw will occur



## APPENDIX C – TRUE SECOND RANKING MATCHES (WOMEN & MEN'S FREESTYLE ONLY)

- Round robin results stand (no true second ranking matches).
- The second ranked athlete in each weight class, style and age category will have a final ranking of 2<sup>nd</sup> place, unless they have not wrestled against the third ranked athlete during the respective Championships or Trials. In that case, a one match true second wrestle-off will be held between the second and third ranked athletes. The winner of the match will be ranked 2<sup>nd</sup> for carding and team selection purposes.
- True second ranking matches will take place at the end of the competition (same day).
- True second ranking matches are a continuation of the Championships and Trials; if an athlete is injured, they forfeit.