



LAWRENCE HOLMES

Admitted June 27, 2025
ATHLETE'S SECTION

INTERNATIONAL RESULTS

- 2 – Time Olympian 1984 & 1988
- 3 – Time World team member 1982, 1985, 1990
- Commonwealth Games team member 1982
- 1988 Czech Grand Prix champion

NATIONAL RESULTS

- 5 – Time national champion 1982, 1983, 1984, 1988, 1990
- 3 – Time Canadian Interuniversity Athletic Union (CIAU) champion

