



ANNUAL REPORT

2025 - 2026

VISION

Achieve sustainable international excellence through the growth of wrestling in Canada.

MISSION

Provide leadership, support and safety nationally for our athletes & other participants in pursuit of international podium success.



COLLABORATION

Uniting and cooperating in synergy with others towards a commonly shared purpose or outcome.

EXCELLENCE

Drive and determination to success by striving to do better in every aspect, both on and off the mat.

TRUST

Belief and confidence in the honesty and reliability of WCL and its Participants.

INCLUSIVITY

Embodiment and acceptance of diverse people and ideas that builds a culture of respect, dignity and equity for all.

INTEGRITY

Being honest, transparent and confident that all participants will act in the best interests of WCL, its Athletes and other Participants.



AREA OF FOCUS

ADF 2

GOVERNANCE & MANAGEMENT

Use of contemporary business governance principles including effective strategic oversight & fiscally-responsible standards.

ADF 3

PODIUM PERFORMANCE

Place competitors in the top four positions (1st, 2nd, 3rd, 4th) in major events.

ADF 4

RETURN TO SPORT THROUGH DEVELOPMENT

Renewing and supporting the reconstruction of wrestling's grassroots systems and clubs, as we return to sport in Canada.

ADF 5

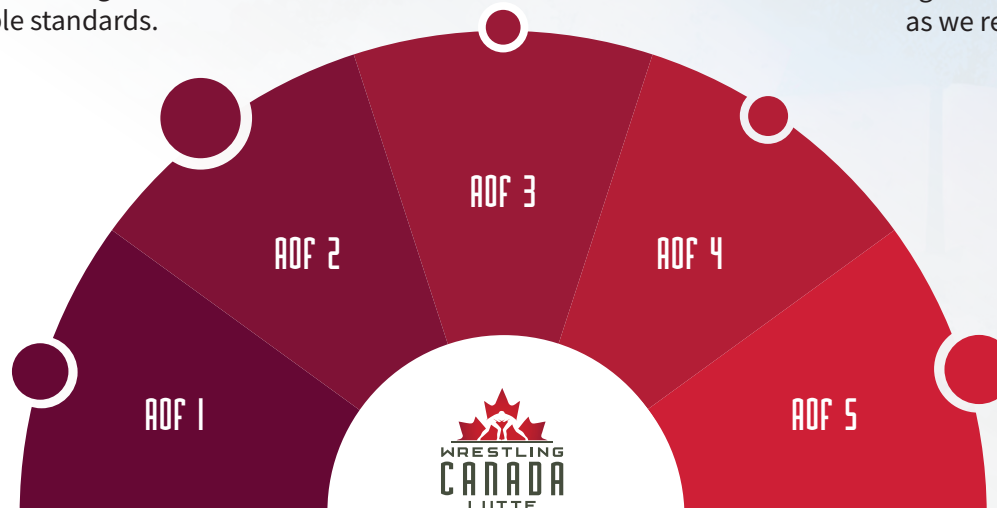
SPORT PROMOTION

Fostering sport promotion through excellence in event hosting, strategic communication and marketing efforts, as well as alumni engagement and support.

ADF 1

CULTURE

Creating a safe and value-based culture that is supported by and for our Athletes and other Participants.



MESSAGE FROM CEO

The past year has been one of both challenge and achievement for WCL. We have navigated significant uncertainty, particularly around federal funding, while continuing to focus on our athletes, coaches, volunteers, and the long-term health of our sport.

Like many national sport organizations, we faced significant funding reductions and had to make difficult decisions about how best to allocate our resources. These circumstances have reinforced the importance of working together. As we look ahead, we must continue to collaborate more effectively, strengthen our relationships across the sport system, and align our efforts wherever we can. By reducing duplication, sharing resources and expertise, and working toward common priorities, we can have a greater impact for athletes and the broader sport community.

Despite the challenges, this year also gave us many reasons to be proud. Our athletes delivered numerous outstanding performances on the national and international stage, demonstrating the talent, dedication, and resilience that continue to define WCL. These results are a reflection not only of the athletes themselves, but also of the coaches, clubs, officials, support teams, families, volunteers, and partners who contribute to their success.

At the same time, we remain committed to strengthening the pathway that supports athletes from development through to high performance. We have continued to invest in development resources because building a strong future requires sustained attention to the next generation of athletes and the environments in which they train and compete. Creating safe, welcoming, and supportive sport environments remains equally important. We have maintained our investment in Safe Sport resources and support, recognizing that athlete well-being and the quality of the sport experience must remain at the centre of everything we do. There is more work ahead, and we are committed to continuing that work in partnership with our community.

Looking forward there is renewed optimism as new federal funding for Canadian sport is expected in the coming year. While this provides an important opportunity, it also brings a responsibility to ensure that we use these resources thoughtfully and strategically. Alignment across the sport system will be critical. We need to be clear about our shared priorities, make the best use of available resources, and continue finding ways to work together to strengthen the sport. The challenges of the past year have reminded us that we are stronger when we collaborate and focus on what we can accomplish together.

I would like to sincerely thank our provincial and territorial partners, volunteers, Board of Directors, staff, coaches, officials, clubs, athletes, families, and funding and community partners for their continued commitment and support. Your contributions make our work possible, and your dedication to wrestling is deeply appreciated.

As we enter the year ahead, we do so with a clear focus: to build on our successes, invest in both high performance and development, support safe sport, strengthen collaboration and alignment, and create the conditions for our athletes and wrestling in Canada to thrive.

Yours in Sport,
Tamara Medwidsky, CEO



IN MEMORIAM

Matt McGrath

Oleg Ladik

Bill Haliburton





SAFETY IN SPORT:

Wrestling Canada Lutte (WCL) believes that everyone involved in sport has the right to participate in a safe and inclusive environment that is free of all forms of maltreatment, and has adopted the Universal Code of Conduct to Prevent and Address Maltreatment in Sport (UCCMS).

Key Activities:

- Effective April 1, 2025, WCL is a signatory of the new Canadian Safe Sport Program (CSSP).
- WCL maintains the services of an independent third party (ITP Sport), including reporting & triage.
- The ITP is accessible for PTSOs on a fee-for-service basis.
- Complaint process includes independent investigations & independent discipline / appeal panels, as necessary.
- WCL maintains a screening process including an independent screening panel, as required.

SUMMARY OF DISPUTES / DISCIPLINARY MATTERS:

Canadian Safe Sport Program (CSSP):

- 1 Coach misconduct (admissible) & concluded
- 1 Coach misconduct (ongoing)

ITP Sport (WCL's independent third party):

- 1 Participant misconduct (concluded)
- 1 Participant misconduct appeal (dismissed)
- 1 Athlete misconduct (unable to proceed)
- 2 Coach misconduct (directed to PTSOs)
- 1 Coach misconduct (concluded)
- 1 Coach misconduct (ongoing)
- 1 Participant misconduct (PTSO fee for service)

Matters Before SDRCC:

- 1 coach conduct (dismissed)
- 1 anti-doping (ongoing)
- 1 team selection (resolved)

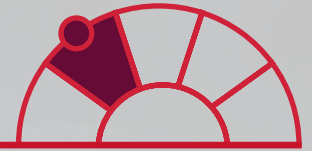
Claims:

- 2 files with WCL (defendant) discontinued
- 1 file with WCL (defendant) concluded
- 2 files with WCL (defendant) ongoing
- 1 appeal with WCL (defendant) dismissed
- 1 appeal with WCL (plaintiff) concluded



GOVERNANCE AND MANAGEMENT

Use of contemporary business governance principles including effective strategic oversight & fiscally-responsible standards.



HIGHLIGHTS & KEY ACTIVITIES:

Governance aligns with foundational principles of the Canadian Sport Governance Code, including:



A strategic plan that provides mission, vision, values.



Clear roles & responsibilities of the Board and staff.



Board of Directors that includes diversity, athletes' voice, board orientation and training & oversight committees.



Internal financial controls & ongoing risk management.



Transparency measures for sharing governance-related information on the WCL website.

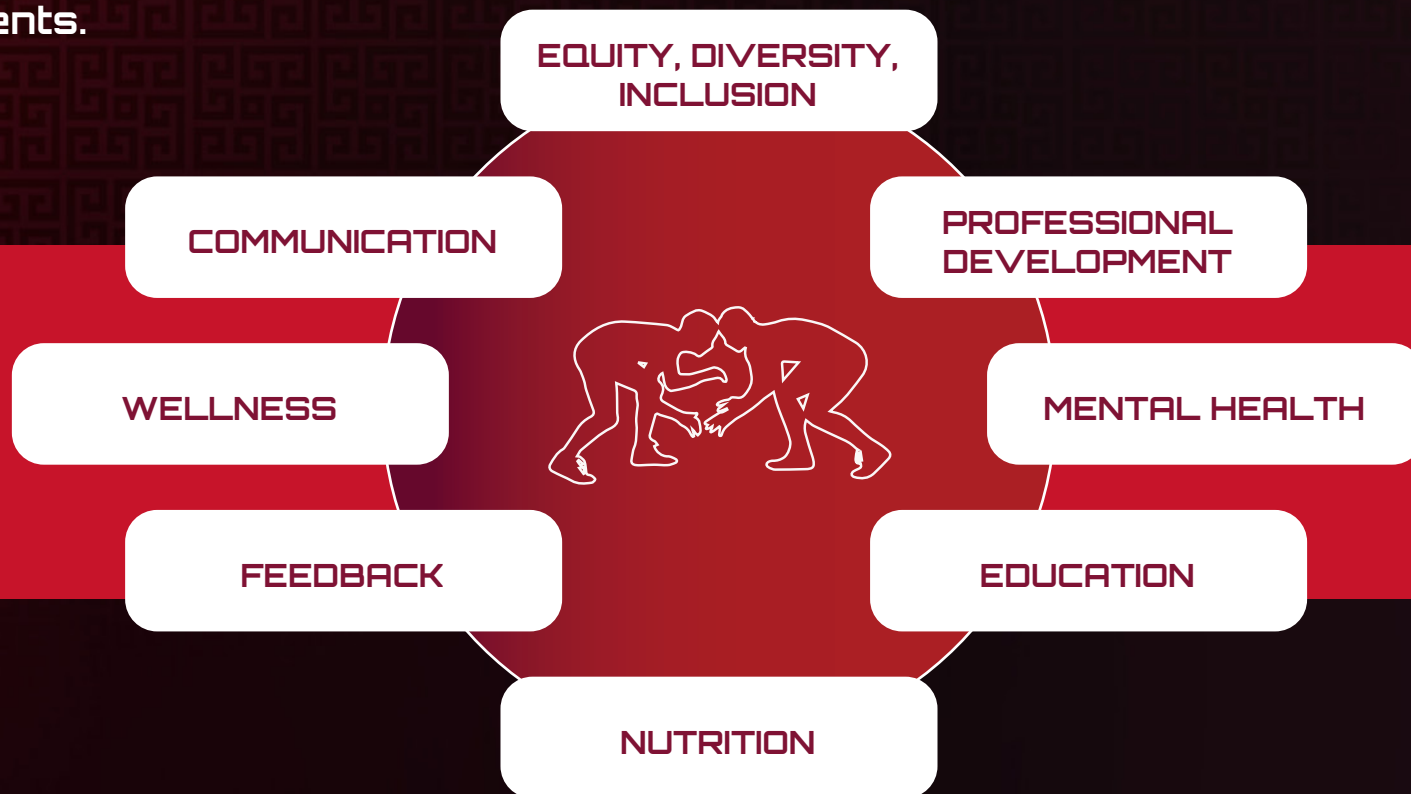


PODIUM PERFORMANCE



Podium Performance Under a Culture of High Performance

Place competitors in the top
four positions (1st, 2nd, 3rd, 4th)
in major events.



The High Performance Program is built on an athlete centric model with strong communication, keeping the athlete's overall wellbeing at the forefront of all our decisions. Our World Class Sport Science Team continuously strives to educate our athletes and coaches with the most effective and up-to-date training modalities, plans and ensuring we are tactically and technically sound.

PODIUM PERFORMANCE



Performance Milestones
& Highlights:



Laurence Beauregard

**2025 Senior World Championships
Bronze Medal**



PODIUM PERFORMANCE



Performance Milestones & Highlights:



Senior World Championships

Women's Wrestling:

- Bronze: Laurence Beauregard
- 8th: Madison Parks (50 kg), Karla Godinez Gonzalez (55 kg), Ana Godinez Gonzalez (62 kg)

Men's Freestyle:

- 5th: Peiman Biabani (65 kg) (pictured)

PODIUM PERFORMANCE



Performance Milestones
& Highlights:



Mia Friesen

**2025 Junior Pan-Am Games
Bronze Medal**

M. Friesen (2nd from right)



PODIUM PERFORMANCE



Performance Milestones & Highlights:

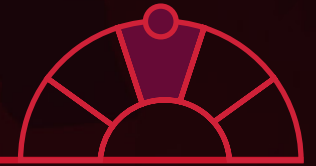


2025 U17 Pan Am Championships

Men's Freestyle Team Bronze

- 4 silver: Jonrex Casa (51 kg), Beau Chartrand (80 kg), Harjot Shergill (92 kg) & Uday Billen (110 kg).
- 3 bronze: Aaharen Piranavan (55 kg), Nathan Nash (60 kg), Liam Gorton (65 kg).

PODIUM PERFORMANCE



Performance Milestones
& Highlights:

WRESTLING U17 PAN-AMERICAN CHAMPIONSHIPS



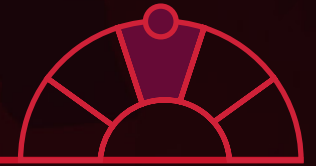
2025 U17 Pan Am Championships

Women's Wrestling

- 2 bronze: Kamryn Mason (49 kg) and Clara Perry (53 kg)

From L to R: C.Perry, K.Mason

PODIUM PERFORMANCE



Performance Milestones & Highlights:



2025 U20 Pan Am Championships

Men's Freestyle Team Silver

- 1 gold: Kade Brown (70 kg)
- 3 silver: Michealjeet Grewal (92 kg), Tejvir Dhinsa (97 kg), Chanjot Kang (125 kg).
- 4 bronze: Karson Brown (61 kg), Khalin Radev (65 kg), Nick Hooper (74 kg), Rohit Bal (86 kg).

PODIUM PERFORMANCE



Performance Milestones & Highlights:



2025 U20 Pan Am Championships

Women's Wrestling Team Silver

- 2 gold: Agnia Krakovska (57 kg), Annika Fines (62 kg)
- 4 silver: Abby Wolff (55 kg), Mackenzie Cayer (65 kg), Kiki Idowu (72 kg), Rupinder Johal (76 kg)
- 4 bronze: Elizabeth Chapman (50 kg), Brooklyn Glasgow (53 kg), Ella Finding (59 kg), Lene-Marie McCrackin (68 kg)

PODIUM PERFORMANCE



Performance Milestones & Highlights:



2025 U23 Pan Am Championships

Men's Freestyle Team Silver

- 5 silver: Treye Trotman (57 kg), Cole Coghill (70 kg), Jackson Glasgow (79 kg), Joseph De Maio (92 kg), Roger Li (125 kg).
- 2 bronze: Blayne Helou (61 kg), Omogbai Asekomhe (97 kg).

PODIUM PERFORMANCE



Performance Milestones & Highlights:

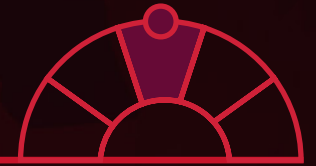


2025 U23 Pan Am Championships

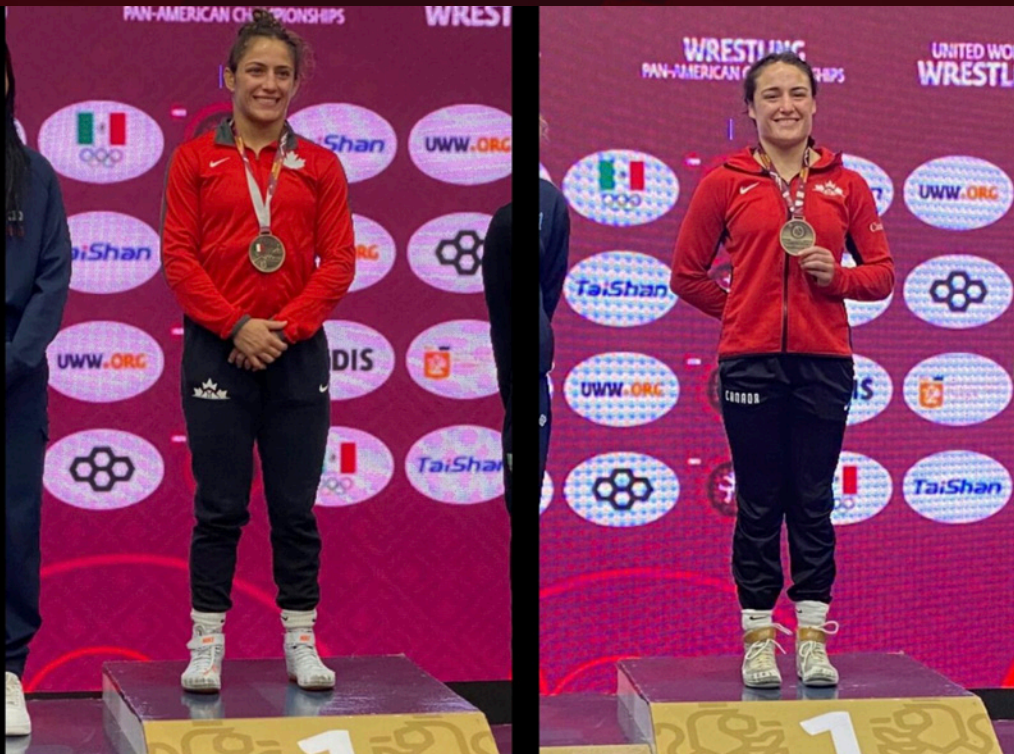
Women's Wrestling Team Silver

- 1 gold: Lene-Marie McCrackin (72 kg)
- 4 silver: Serena Di Benedetto (53 kg), Olivia Lichti (59 kg), Gabriela Cross (57 kg), Angelina Ellis-Toddington (65 kg)
- 2 bronze: Sophia Bechard (55 kg), Vianne Rouleau (76 kg)

PODIUM PERFORMANCE



Performance Milestones & Highlights:



2025 Senior Pan Am Championships

Women's Wrestling Team Silver

- 3 gold: Karla Godinez Gonzalez (55 kg), Laurence Beauregard (59 kg), Ana Godinez Gonzalez (62 kg)
- 3 silver: Madison Parks (50 kg), Miki Rowbottom (65 kg), Nyla Burgess (72 kg).
- Ana Godinez Gonzalez was also named the winner of the Golden Boot as the tournament's Most Outstanding Wrestler.

From L to R: A.Godinez Gonzalez, K.Godinez Gonzalez

PODIUM PERFORMANCE



Performance Milestones & Highlights:



2025 Senior Pan Am Championships

Men's Freestyle Team Silver

- 2 silver: Andrew Johnson (92 kg), Richard DesChatelets (125 kg).
- 4 bronze: Peiman Biabani (65 kg), Jacob Alexander Torres (70 kg), Jasmit Phulka (79 kg), Nishan Randhawa (97 kg).

From L to R: A.Johnson, R.DesChatelets

PODIUM PERFORMANCE



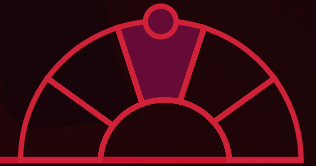
Performance Milestones
& Highlights:



International Training & Competition:

France, Croatia, Albania, Spain, Sweden, Hungary, Japan, USA, Mexico, Brazil, Greece, Poland, Bulgaria, Paraguay & Serbia

PODIUM PERFORMANCE



Performance Milestones & Highlights:



RBC Training Ground

- Garette Saunders announced as one of RBC Training Ground's Top 35 for 2025.
[READ MORE](#)
- WCL to participate in a new season of RBC Training Ground. Please more about the program.
[READ MORE](#)



RETURN TO SPORT THROUGH DEVELOPMENT



Renewing and supporting the reconstruction of wrestling's grassroots systems and clubs, as we return to sport in Canada.



RETURN TO SPORT THROUGH DEVELOPMENT



INUIT WRESTLING

- Inuit Wrestling is an introductory program to Inuit wrestling and Olympic-style wrestling for Inuit communities. The program is specifically adapted to meet the learning needs of the culture and aims to provide support for communities running workshops by helping to provide coaching resources and equipment.
- Northwest Territories hosted a clinic & tournament in Ulukhaktok.
- Nunavut hosted 1 clinic for 11 coaches in Iqaluit
- To learn more about Inuit Wrestling, [CLICK HERE](#)



Photos: Monique Smith/Eye:58 Photography

RETURN TO SPORT THROUGH DEVELOPMENT



BEACH WRESTLING

- Building on 2024's momentum, beach wrestling expanded across the country in 2025, with events hosted in British Columbia, Alberta, Saskatchewan, Ontario, Nova Scotia and Prince Edward Island - a clear sign of growing interest in this emerging style.
- To learn more about Beach Wrestling, [CLICK HERE](#)

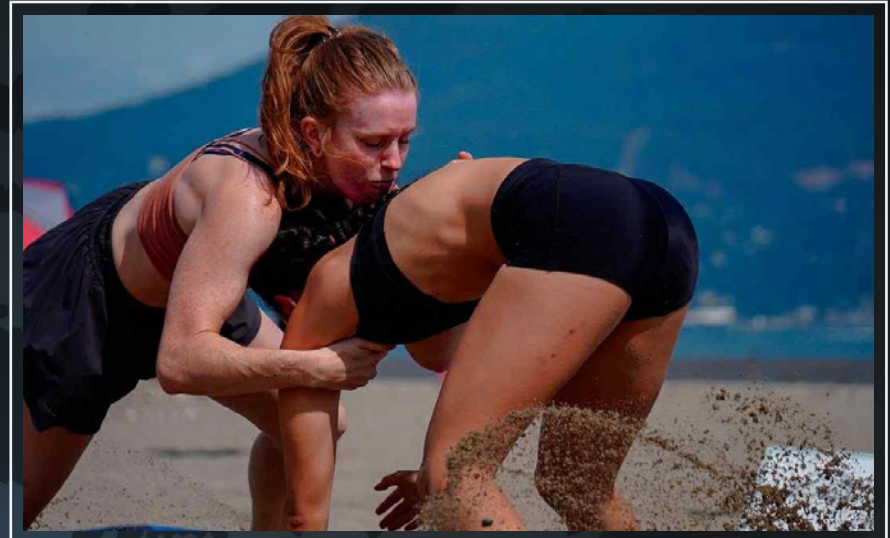
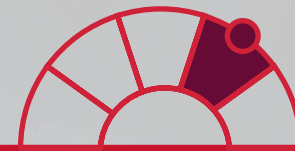


Photo: Courtesy of BCWA

RETURN TO SPORT THROUGH DEVELOPMENT



UWW DEVELOPMENT GRANT

• Overview

- WCL received a UWW Sport Development Grant to deliver various sport development activities in Canada.
- UWW contribution: 10,000 CHF
- WCL contribution: 16,000 CAD

• Focus

- Try Wrestling events to introduce the sport to novices.
- Coach education support.

• Participants (2,134 in total)

- 55% male/45% female
- Coaches and coach educators: 92
- Officials: 2
- Athletes: 2040

• Ages:

- Try Wrestling: 6 to 19
- Coach Education: 14 to 65

• Regions:

- 12 provinces/territories
- Clubs: 30
- Schools: 20



UNITED WORLD
WRESTLING

*TRY WRESTLING
ESSAIE LA LUTTE*

Canada



RETURN TO SPORT THROUGH DEVELOPMENT



NCCP: COMMUNITY SPORT

- **9 workshops conducted** Alberta (4), British Columbia (2), Ontario (2) and Saskatchewan (1)

NCCP: COMPETITION- INTRODUCTION

- **14 workshops conducted** Alberta (1), British Columbia (3), Manitoba (1), New Brunswick (1), Nova Scotia (1), Ontario (4), Quebec (1), Saskatchewan (2)
- **21 evaluations** (joint portfolio & practice) conducted
- **93 exemption requests for Canadian Championships received** 49 approved, 30 conditionally approved, 14 rejected

NCCP: COMPETITION- DEVELOPMENT

- **Analyze Performance & Motor Learning Training conducted** (8 events with 43 participants), Performance Planning Training conducted (6 events with 18 participants)
- **Completed evaluations** Portfolio (5), Practice (6), Tournament (4)
- **44 exemption requests for Canadian Championships received** 33 approved, 4 conditionally approved, 7 rejected

NCCP: COMPETITION- HIGH PERFORMANCE

- WCL successfully tested content on a Performance Analysis module that will be included in the new Comp-HP program.
- WCL will use the Advanced Coaching Diploma (ACD) as the core content for this program. This is already developed and is being delivered by the Canadian Sport Institutes.

RETURN TO SPORT THROUGH DEVELOPMENT



COACH DEVELOPER WORKFORCE

High quality coach developers are the foundation of a strong coach education system!

NATIONAL COACH DEVELOPER WORKFORCE:

There are currently 35 individuals who fill the following roles:

- Evaluator
- Learning Facilitator
- Master Coach Developer

MASTER COACH DEVELOPERS (MCDs):

- 5 new individuals were recruited:
April Martinig, Heather Sweezey, Ken Burgess, Ron Gonzales, and Stan Tzogas
 - WCL now has 10 MCDs
- MCDs observed or co-delivered at 11 Comp-Int events

TOTALS:

4 coach developer training events were held for 43 participants:

- Community Sport (2)
- Competition - Introduction (2)

SPORT PROMOTION

Fostering sport promotion through excellence in event hosting, strategic communication and marketing efforts, as well as alumni engagement and support.



WEBSITE AND NEWSLETTER KEY STATISTICS



PAGE VISITS

460K

(UP FROM 406K)

NEW VISITORS

129K

(UP FROM 114K)



NEWSLETTER LIST
SUBSCRIBERS

1,217

(DOWN FROM 1,500)

COMMUNICATIONS
SENT

11

EVENT COUNT
(CLICKS)

1.2 MILLION

(UP FROM 1.1 MILLION)

AVERAGE SESSION
DURATION

0:50

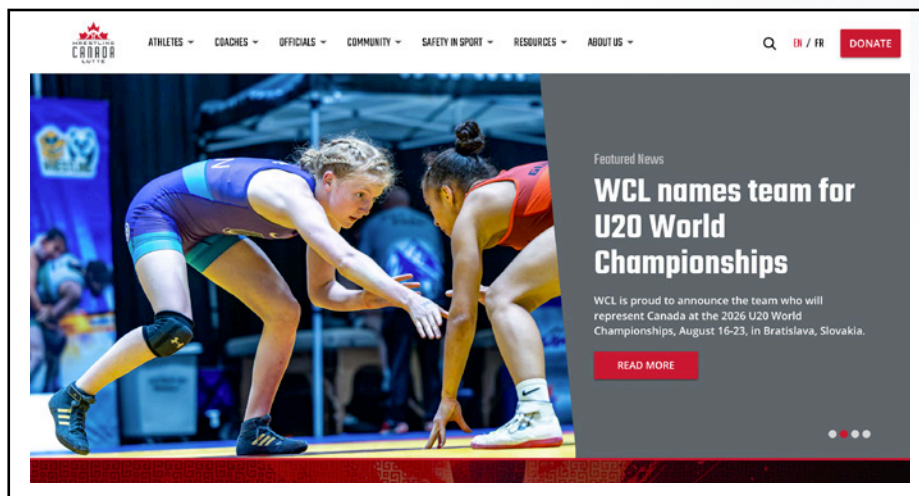
(DOWN 2:18. ATTRIBUTED TO EASIER
NAVIGATION ON WEBSITE)

OPEN RATE

26%

CLICK RATE

6.2%



SPORT PROMOTION



SOCIAL STATS



FOLLOWERS
20,093
(DOWN FROM 22,200)



FOLLOWERS
10,000
(UP FROM 9,800)

POSTS
215
(UP FROM 194)

CONTENT VIEWS
740K
(DOWN FROM 1.2M)

ENGAGEMENT
74,800



FOLLOWERS
13,300
(UP FROM 10,998)

TOTAL POSTS / STORIES
436

VIEWS
2.9 MILLION
(LAST 90 DAYS)

CONTENT INTERACTIONS
89,000
(LAST 90 DAYS)



STREAMING STATS

Wrestling Canada Lutte’s partnership with FloSports (FloWrestling) officially began in May 2023. All events during the above period were streamed using FloSports.

EVENT	DATE	TOTAL UNIQUE VIEWERS	LIVE MINUTES
Canadian Wrestling Championships (U19, U17, U15)	April 25-27, 2025	12,175	146,905
Canadian Wrestling Championships (Sr. Jr. Cadet)	May 29-31, 2025	4,048	124,576
Canadian U23 Championships & Sr World Team Trials	June 27-28, 2025	763	29,557



SPORT PROMOTION



HALL OF FAME, CLASS OF 2025



CAROL HUYNH

[READ MORE](#)



LAWRENCE HOLMES

[READ MORE](#)

INDIGENOUS AWARDS



KAURA COLES

Named a 2025 Team Canada Indigenous Athlete Award Recipient. [READ MORE](#)

Also a recipient of the 2025 Regional Tom Longboat Award (Manitoba)

SPORT PROMOTION

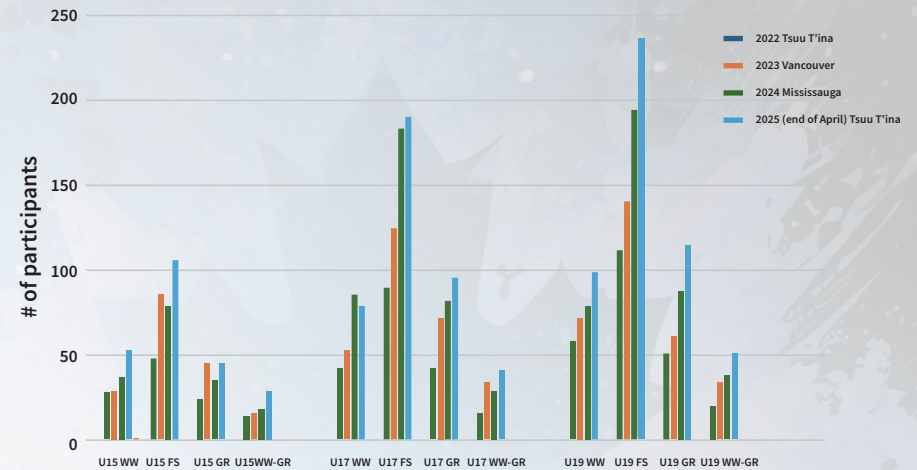


EVENT HOSTING HIGHLIGHTS

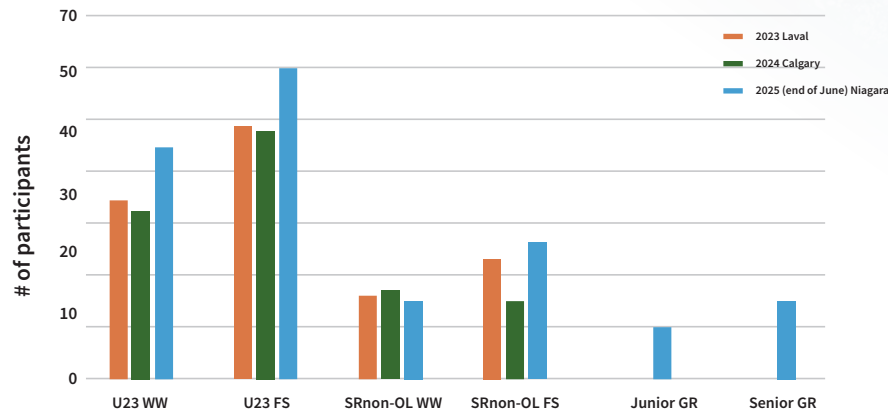
• Canadian Championships:

- 2025 Championships (U19, U17, U15) - Tsuu T'ina Nation, AB
- 2025 Championships (Senior, U20-Junior, U17-Cadet) - Edmonton, AB
- 2025 U23 Canadian Wrestling Championships & Non-Olympic Weight Class World Team Trials - St. Catharines, ON

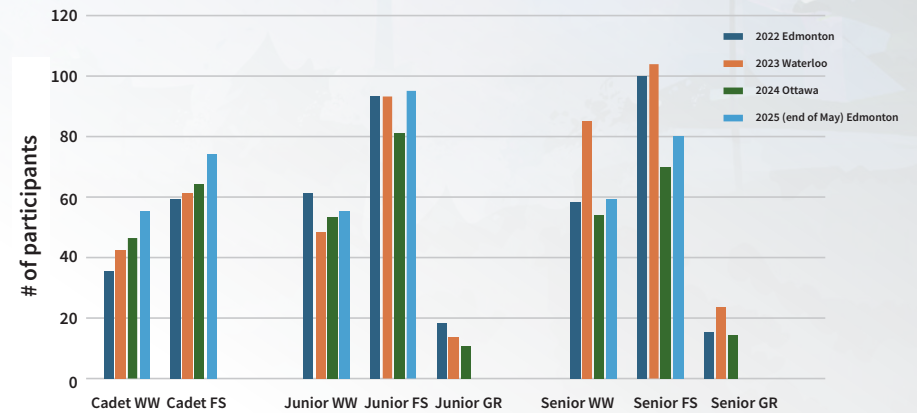
Canadian Wrestling Championships (U19, U17, U15)



U23, NOW and U20/Sr. GR Event Participation



Canadian Wrestling Championships (Senior, U20-Junior, U17-Cadet)



SPORT PROMOTION



U SPORTS CHAMPIONSHIPS:

- Second year under the P2 Championship model
- Hosted by Lakehead University (February 27-28, 2026)
- Congratulations to University of Alberta for winning the women's title and Brock University for winning the men's title!
- [READ MORE](#) about the U SPORTS Championships



SPORT PROMOTION



CANADA GAMES:

- Hosted by St. John's, Newfoundland (August 21-23, 2025)
- Women coaches represented on ALL provincial teams!
- Congratulations to Team BC (Women) and Team Ontario (Men) for winning overall team titles!
- [READ MORE](#) about the Canada Games team competition, and [READ MORE](#) about the individual competition.



BOARD OF DIRECTORS

BOARD OF DIRECTORS

Chair: Brittane Laverdure

Director: David Bush

Director: Indhyra Helfrich-Linares

Director: Kim Ma

Director: Michael Joko

Director: Theresa Vladicka

EXECUTIVE COMMITTEE

President: Brittane Laverdure

Director: Theresa Vladicka

Director: David Bush

OFFICERS

Chair: Brittane Laverdure

Treasurer: Indhyra Helfrich-Linares

Secretary: Michael Joko

PROVINCIAL AND TERRITORIAL SPORT ORGANIZATIONS (PTSOS)



PARTNERS, SPONSORS AND SUPPLIERS

PARTNERS IN EXCELLENCE



SPORT PARTNER



SPORT PARTNERS



PARTNERS, SPONSORS AND SUPPLIERS



APS (Nike Wrestling)
Nike continues to be the official supplier of
WCL National Teams.



Gadar Promotions
Gadar Promotions continues to be the
official merchandise provider to WCL and
WCL's online shop operator.



OPRO
OPRO continues to be the official
mouthguard of WCL.



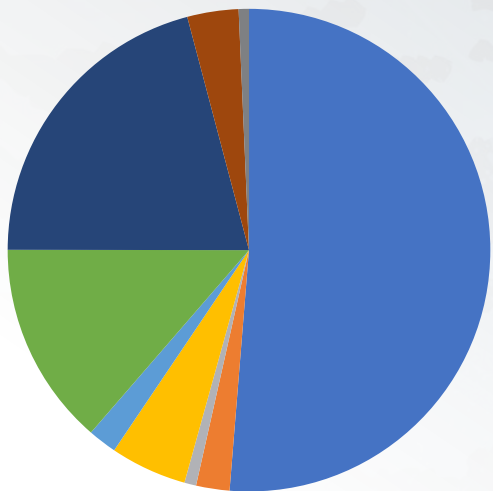
Hatashita International
WCL's Preferred Mat Supplier
since August 2025.



FloSports
FloWrestling continues to be the
streaming partner of WCL.

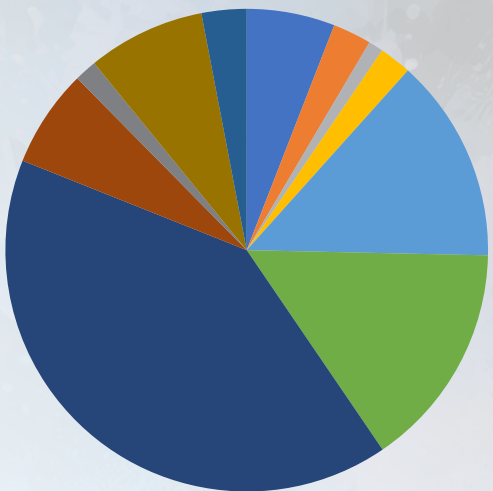
FINANCIALS AND FUNDRAISING

REVENUE
(2025-2026)



Government Support	\$1,401,000
Other Agency Support	\$61,131
Donations	\$21,558
Member Fees	\$139,999
Safe Sport Participant Fees	\$52,693
Event and Sanction Fees	\$373,076
Program Fees	\$569,804
Sales & Marketing Revenue	\$93,741
Miscellaneous Revenue + Interest	\$18,779
TOTAL INCOME	\$2,731,781

EXPENSE
(2025-2026)



General Administration	\$172,866
Safe Sport & Culture	\$75,532
Meeting & Governance	\$28,905
Promotion & Communication	\$63,298
Staff Salaries & Travel	\$400,975
Coaching & Technical Leadership	\$442,982
National Team Programs	\$1,186,806
Sport Science & Medicine	\$192,194
Equipment & Uniforms	\$43,722
Events	\$230,538
Development & Partnerships	\$88,187
TOTAL EXPENSES	\$2,733,811

FINANCIALS AND FUNDRAISING



FUNDRAISING

WCL entered into a donation partnership with Onni Group, through Canada Gives that directly supports U17 and U20 Athletes with \$10k annually for 2 years.





www.wrestling.ca

